Chilli Lovers Letter Box Hamper – ingredients and allergens.

Olly's Chilli Olives 50g. Ingredients: Green olives, sunflower oil, salt, garlic, extra virgin olive oil, chilli flakes, red chilli powder, rosemary, parsley.

Love Snacks Chilli Lime Cashews. 40g. Skin-On Cashew Nuts (87.6%), Onion, Lontar Nectar, Lime (1.5%), Ginger, Chilli (1%), Sea Salt, Lemongrass, Coriander, Turmeric

Cambrook Sweet Chilli Peanuts & Cashews 45g. Ingredients: Peanuts, Cashews, Sweet Chilli Seasoning, Sugar, Salt, Soy Sauce, Garlic, Onion, Chilli, Yeast Extract, Tomato, Red Bell Pepper, Paprika extract, spices, citric acid, rapeseed pol, natural flavouring, stabiliser, gum Arabic.

Serious Pig Snacking Spicy Salami 30g. Ingredients: British pork, salt, hot paprika, dextrose, cayenne paper, ginger, garlic, dried cranberries, sodium nitrate.

Lottie Shaws Ginger flapjack 100g. Ingedients: Rolled Oats, Oatmeal, Partially Inverted Syrup, Black Treacle, Ginger, Brown Sugar, Margarine vegetable oil, water, salt, emulsifier, colours {curcumin, annatto}, flavourings), Demerara Sugar

Allergens: Contains gluten, nuts. Not suitable for nut allergy sufferers.