

Ingredients Sheet

Lichfield Caramelised Biscuits

Suitable for Vegetarians and Vegans.

Allergy Advice

- May Contain Milk
- Contains Wheat

Ingredients

Wheat Flour, Sugar, Palm Oil, Partially Inverted Sugar Syrup, Rapeseed Oil, Raising Agent (Sodium Bicarbonate), Salt, Cinnamon

Nutrition

	per 100g:
Energy	2045kJ/487kcal
Fat	18g
of which saturates	8.6g
Carbohydrate	74g
of which sugars	34g
Fibre	1.4g
Protein	5.7g
Salt	0.83g

Galaxy Milk Chocolate Bar 100G

Ingredients

Sugar, Skimmed MILK Powder, Cocoa Butter, Cocoa Mass, MILK Fat, Whey Permeate (MILK), Palm Fat, Emulsifier (SOYA Lecithin).MILK Chocolate Contains MILK Solids 14% Minimum And Cocoa Solids 25% Minimum.Suitable For Vegetarians.

Allergy Information

Contains: MILK , SOYA

Nutrition information

Typical Values
Energy (kJ)
Energy (kcal)
Fat (g)
of which saturates (g)
Carbohydrate (g)
of which sugars (g)
of which polyols (g)
Protein (g)
Salt (g)
Niacin (mg)
*Reference intake of an average adult (8400kJ/2000 kcal)