

ALL INFORMATION INCLUDED BELOW IS CORRECT AS AT THE TIME THAT OUR BROCHURE WENT TO PRESS BUT PLEASE BE AWARE THAT IN THE EVENT THAT A SUBSTITUTION IS MADE, THIS NUTRITIONAL AND ALLERGEN SUMMARY MAY NOT REFLECT THE TRUE CONTENTS OF THE GIFT.

IF YOU HAVE ANY CONCERNS IN RELATION TO ALLERGENS OR ANY OTHER DIETARY REQUIREMENTS, PLEASE CONTACT US PRIOR TO PURCHASE.

Name of Product	Simpkins Sugar & Gluten Free Rhubarb & Custard 175g
Manufacturer's Name and Address	AL SIMPKIN AND CO LTD, HUNTER ROAD, SHEFFIELD, SOUTH YORKSIRE, UK, S6 4LD
Supplier Name and Address	AL Simpkin Co Ltd, HUNTER ROAD, SHEFFIELD, SOUTH YORKSHIRE, s6 4LD
Ingredients	SWEETENERS (ISOMALT,SUCRALOSE), CITRIC ACID, FLAVOURINGS, COLOURS BEETROOT RED, TUMERIC EXT.

**Containing Allergens**

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	UK
Storage Instructions	Cool dry place away from Direct sunlight
Instructions for use	contains sweeteners, excessive consumption can cause a laxative effect.
Alcoholic Strength	0

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	1000	Energy (kcal)	240	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	98	of which sugars	0		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Scott's JAM No Added Sugar Raspberry Jam 340g
Manufacturer's Name and Address	R&W Scott Ltd, 52 Clyde Street, Carluke, Lanarkshire, United Kingdom, ML8 5BD
Supplier Name and Address	R & W Scott, 52 Clyde Street, Carluke, Lanarkshire, United Kingdom, ML8 5BD
Ingredients	Sweetener: Sorbitol*, Raspberry Purée, Gelling Agent: Pectin, Acidity Regulators: Citric Acid, Sodium Citrates.

### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place. After opening keep in refrigerator and use within 4 weeks.
Instructions for use	Once opened, Replace lid securely, refrigerate and use within 4 weeks it is the responsibility of our customers to ensure the correct storage of the jam once purchased.
Alcoholic Strength	0

### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	658	Energy (kcal)	158	Salt	0.02
Fat	0.1	of which saturates	0		
Carbohydrate	62	of which sugars	2.3		
Fibre	1.5	Protein	0.6		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Free'ist No Added Sugar Oat Milk Chocolate with Raspberry 95g
Manufacturer's Name and Address	Free'ist, 9 Hillview Road, Belfast, County Antrim, Northern Ireland, BT14 7BT
Supplier Name and Address	Creme d'Or Ltd, Weel Road, Tickton, Beverley, East Yorkshire, HU17 9RY
Ingredients	Cocoa mass (43%), sweetener: erythritol, dried GLUTEN-free OAT powder (21%), dry rice powder (3%), lyophilized raspberry (2%), emulsifier: (sunflower lecithin), vanilla extract, sweetener: stevia. Cocoa Solids 40% minimum

### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Milk Tree Nuts Peanuts Soybeans
Country of Origin	Slovakia
Storage Instructions	Store in a cool dry place.
Instructions for use	N/A
Alcoholic Strength	0

### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1804	Energy (kcal)	431	Salt	0.04
Fat	34.7	of which saturates	20.1		
Carbohydrate	55.4	of which sugars	8		
Fibre	0	Protein	3.9		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers/coeliac	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Farmhouse Biscuits Sugar Free Oat Crunch Biscuits 150g
Manufacturer's Name and Address	Farmhouse Biscuits Ltd., The Bakery, Brook Street, Nelson, Lancashire, United Kingdom, BB99PX
Supplier Name and Address	Farmhouse Biscuits Ltd, The Bakery, Brook Street, Nelson, Lancashire, United Kingdom, BB99PX
Ingredients	Sweetener: Maltitol Powder (22%), Vegetable Oils (Sustainable Palm, Rapeseed), Rolled <b>OATS</b> (19%), Flour ( <b>WHEAT</b> Flour, Calcium, Niacin, Iron, Thiamin), Cornflour, Rice Flour, Water, Raising Agent: Sodium Hydrogen Carbonate; Skimmed <b>MILK</b> Powder. <b>WARNING:</b> Excessive consumption may produce laxative effects.

### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs Tree Nuts Soybeans
Country of Origin	Made in UK with UK and non-UK ingredients
Storage Instructions	Store in a cool, dry place away from direct sunlight. Once opened, store in an airtight container and consume within two weeks.
Instructions for use	N/A
Alcoholic Strength	0

### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1931	Energy (kcal)	463	Salt	0.84
Fat	23.7	of which saturates	7.5		
Carbohydrate	66.2	of which sugars	0.4		
Fibre	0	Protein	4.6		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers/coeliac	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Breckland Orchard Zero Sugar Posh Pop Raspberry Lemonade 275ml
Manufacturer's Name and Address	Breckland Orchard, Middle Court, Copley Hill Farm Estate, Cambridge Rd, Babraham, Cambridge, UK, CB22 3AF
Supplier Name and Address	Holleys Fine Foods Ltd, Unit F, Boscombe Business Park, Severn Road Hallen, Bristol, Bristol, United Kingdom, BS10 7SB
Ingredients	Water, Lemon Juice from Concentrate, Whole Lemon Fruit from Concentrate, Acid (Citric Acid), Natural Flavourings, Colour (Anthocyanin), Preservative [Potassium Sorbate], Aceulfame K, Sucralose, Antioxidant: Ascorbic Acid.

**Containing Allergens**

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Cool Dry Place
Instructions for use	N/A
Alcoholic Strength	0

**Nutrition Labelling - Typical value Per 100g / 100ml**

Energy (kj)	30	Energy (kcal)	6	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	1.4	of which sugars	1.4		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers/coeliac	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Furniss Black Pepper Savoury Biscuits 180g
Manufacturer's Name and Address	Furniss of Cornwall Ltd, Druids Road, Redruth, Cornwall, United Kingdom, TR15 3RH
Supplier Name and Address	Furniss of Cornwall Ltd, Druids Road, Redruth, Cornwall, United Kingdom, TR15 3RH
Ingredients	<b>WHEAT</b> Flour ( <b>WHEAT</b> Flour, Calcium, Iron, Niacin, Thiamin), <b>OATS</b> (29%), Vegetable Fat (Vegetable Oils And Fats (Palm, Rapeseed), Water, Salt, Emulsifier (Polyglycerol Esters Of Fatty Acids), Natural Flavour, Citric Acid, Colour (Carotenes)), Sweetener (23%)(Maltitol), Raising Agents (Sodium Acid Pyrophosphate, Sodium Hydrogen Carbonate), Black Pepper (1%), Salt

### Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Milk Tree Nuts Soybeans
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place and once opened in an airtight container
Instructions for use	N/A
Alcoholic Strength	0

### Nutrition Labelling - Typical value Per 100g / 100ml

Energy (kj)	1998	Energy (kcal)	477	Salt	1.24
Fat	20.7	of which saturates	7		
Carbohydrate	63	of which sugars	0.3		
Fibre	4.8	Protein	7.2		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers/coeliac	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		