

Allergen Disclaimer Yorkshire Specialist Basket HAM054

Name of Product	Yorkshire Parkin
Ingredients	<p>Oatmeal, (21%), Brown sugar, Partially Inverted syrup, Milk, Wheat flour (Wheat Flour, fortified with Calcium Carbonate, Iron, Niacin Thiamine), margarine (Vegetable Oils, (Rapeseed Oil, Palm Oil in various proportions, RSPO SOURCED) water, salt, Emulsifier Polyglycerol esters of fatty acids, colours Curcumin, Annatto, Flavourings.) Black treacle, (2%), Ginger, Raising Agent Sodium Bicarbonate.</p> <p>Allergens shown in BOLD</p>

Nutrition Labelling - Typical value Per 100g/100ml

Energy (kj)	1563kj	Energy (kcal)	371kcal	Salt	0.2g
Fat	9.9g	of which saturates	4.2g		
Carbohydrate	65.6g	of which sugars	43.7g		
Fibre	2.0g	Protein	4.7g		

Name of Product	Ginger Parkin & Chocolate Biscuits
Ingredients	<p>Wheat Flour (Wheat, fortified with Calcium Carbonate, Iron, Niacin, and Thiamine), Demerara Sugar, Margarine (Vegetable oils, (rapeseed and palm oil in various proportions, RSPO Sourced) Oatmeal (Oats), Partially inverted syrup, Belgian Dark Chocolate Chips, (Sugar 58.5%, Cocoa Mass 33.0%, Cocoa Butter 8.0%, Emulsifier; Soya Lecithin (Soya) <1%, Natural Vanilla Flavouring<1%), Free Range Egg, Treacle, Raising agent; Sodium Bicarbonate, Ground Ginger 1.45%</p> <p>Allergens shown in BOLD Please be aware we handle nuts in the bakery</p>

Nutrition Labelling - Typical value Per 100g/100ml

Energy (kj)	1922kj	Energy (kcal)	457kcal		
Fat	16.9g	of which saturates	6.5g		
Carbohydrate	72.2g	of which sugars	40.4g		
Fibre	3.2g	Protein	5.2g	Salt	1.75g

Name of Product	Ginger Parkin Flapjack
Ingredients	<p>Rolled Oats (37.4%)Oatmeal (6.23%),Partially Inverted Syrup, Black treacle (1.87%), Ginger (0.75%), Brown Sugar, Margarine (vegetable oil, (Palm and rapeseed oil in various proportions RSPO SOURCED), Water, Salt, Emulsifier (Polyglycerol esters of fatty acids), Colours (Curcumin), (Annatto), Flavourings), Demerara sugar.</p> <p>Allergens shown in BOLD Please be aware we handle nuts in the bakery</p>

Nutrition Labelling- Typical value Per 100g/100ml

Energy (kj)	1853kj	Energy (kcal)	441kcal		
Fat	20.2g	of which saturates	6.4g		
Carbohydrate	62.0g	of which sugars	33.7g		
Salt	0.6g	Protein	5.4g		

Name of Product	Chocolate Chip Flapjack
Ingredients	<p>Rolled Oats (43%), Partially Inverted Syrup, Margarine (Vegetable oil, (palm and rapeseed in various proportions (RSPO Sourced), Water, Salt, Emulsifier (Polyglycerol esters of fatty acids), Colours (Curcumin, Annatto), Flavourings), Demerara sugar, Chocolate chips (5.9%) (Sugar (58.5%), Cocoa Mass (33.0%), Cocoa Butter (8.0%), Milk, Emulsifier; Soya Lecithin (0.25%), Natural Vanilla Flavouring (0.25%)] Butter flavour, (Preservative Sulphur Dioxide, Sulphites).</p> <p>Allergens shown in BOLD Please be aware we handle nuts in the bakery</p>

Nutrition Labelling- Typical value Per 100g/100ml

Energy (kj)	1881kj	Energy (kcal)	448kcal
Fat	21.2g	of which saturates	8g
Carbohydrate	61.5g	of which sugars	35.9g
Salt	0.6g	Protein	5.1g

Name of Product	Traditional Fruit Cake
Ingredients	<p>Ingredients</p> <p>Currants,(22%) Sultans, (12%) Raisins (8.5%) (sunflower oil), Cherries (5%) (Glucose-fructose syrup, sugar, Citric acid, preservatives potassium sorbate, Sulphur dioxide, Colour Erythrosine), orange juice, Wheat flour (fortified with calcium carbonate, iron, niacin, Thiamine), salt, mixed spice (coriander, cinnamon, ginger, nutmeg, fennel, cloves, cardamom, Mixed peel (2.5%) (Glucose-fructose syrup, orange peel, inverted sugar, lemon peel, Acidity Regulator; citric acid, Preservative Sulphur Dioxide) Brown sugar, black treacle, Butter contains (milk), Free range Eggs, lemon juice.</p> <p>Allergens shown in BOLD</p>

Nutrition Labelling - Typical value Per 100g/100ml

Energy (kj)	1433.1kj	Energy (kcal)	340.5kcal	Salt	0.49g
Fat	13.6g	of which saturates	6.3g		
Carbohydrate	54.0g	of which sugars	44.6g		
Fibre		Protein	4.1g		

Name of Product	Cherry & Almond Flapjack
Ingredients	<p>INGREDIENTS: Rolled Oats (41%), Partially Inverted Syrup, Margarine (Vegetable Oil (palm and rapeseed in various proportions, RSPO SOURCED), water, salt, Emulsifiers Polyglycerol esters of fatty acids, colours, (Curcumin, Annatto), Flavourings), Demerara sugar, Glazed Cherries (7.5%) (Glucose syrup, Sugar, Acidity regulator, (Citric Acid), Preservative (Potassium Sorbate, Sulphur Dioxide), Colour (Erythrosine), Almond Flavouring, (Sunflower oil, firming agent, (Xanthan Gum), Acidity regulator; (Citric Acid), Preservative (Potassium Sorbate).</p> <p>May contain Wheat and traces of Nuts</p> <p>Allergens shown in BOLD</p>

Nutrition Labelling - Typical value Per 100g/100ml

Energy (kj)	1815kj	Energy (kcal)	433kcal	Salt	0.6g
Fat	19.6g	of which saturates	6.4g		
Carbohydrate	61.6g	of which sugars	39.4g		
Fibre		Protein	4.4g		

Name of Product	Shortbread Biscuits
Ingredients	Wheat flour (fortified with Calcium Carbonate, Iron, Niacin and Thiamine), (48%) Unsalted Butter (27.3%) (contains Milk) Sugar, Ground Rice Allergens shown in BOLD

Nutrition Labelling - Typical value Per 100g/100ml

Energy (kj)	1985kj	Energy (kcal)	475kcal		
Fat	26.0g	of which saturates	16.1g		
Carbohydrate	59.0g	of which sugars	18.2g		
Fibre		Protein	5.1g	Salt	0.5g

Name of Product	Caramel Sauce
Ingredients	Partially Inverted Syrup, Sugar, Full Cream Sweetened Condensed Milk (full cream milk, sugar) , Water, Butter (milk, water, salt) , Emulsifier Xanthan Gum Allergens Shown in BOLD

Nutrition Labelling - Typical value Per 100g/100ml

Energy (kj)	1624kj	Energy (kcal)	388kcal		
Fat	12g	of which saturates	7.9g		
Carbohydrate	67.1g	of which sugars	67.1g		
Fibre		Protein	2.2g	Salt	0.01g

Name of Product	All Butter Fudge
Ingredients	Sugar, Salted Butter (16%) (milk, salt). Sweetened Condensed Milk (milk, sugar) , Glucose Syrup, Golden Syrup. Fondant (sugar, glucose) Allergens shown in BOLD

Nutrition Labelling - Typical value Per 100g/100ml

Energy (kj)	1897kj	Energy (kcal)	451kcal	Salt	0.3g
Fat	15.5g	of which saturates	10.5g		
Carbohydrate	76.5g	of which sugars	67.7g		
Fibre	0.3g	Protein	1.2g		

Name of Product	Oatmeal and Raisin Biscuits
Ingredients	Caster sugar, Wheat Flour (Wheat flour fortified with Calcium Carbonate, Iron, Niacin and Thiamine), Shortening (Vegetable Oils, Palm Oil and Rapeseed Oil in various proportions RSPO Sourced), Oatmeal (Oats 11.9%) , Water, Raisins, (Sunflower Oil, 4.03%), Salt, Sodium Bicarbonate, Ground Cinnamon. Allergens shown in BOLD

Nutrition Labelling - Typical value Per 100g/100ml

Energy (kj)	1662kj	Energy (kcal)	364kcal	Salt	1.4g
Fat	13g	of which saturates	4.4g		
Carbohydrate	66g	of which sugars	35g		
Fibre		Protein	4.2g		

Name of Product	Coconut Oat Biscuits
Ingredients	Wheat Flour, Oatmeal (14.4%) , Desiccated Coconut (12.0%), Sugar, Margarine (vegetable oil, water, salt, emulsifier E475, colours E100, E160b, Flavourings), partially inverted syrup, Pasteurised Egg , Raising Agents (baking powder, bicarbonate of soda). Allergens shown in BOLD

Nutrition Labelling - Typical value Per 100g/100ml

Energy (kj)	1846kj	Energy (kcal)	439kcal	Salt	1.0g
Fat	19.8g	of which saturates	10.7g		
Carbohydrate	63.5g	of which sugars	35.1g		
Fibre		Protein	5.2g		