

Thank you for your interest in our Lottie Shaw's hamper. Please find listed below the nutritional and allergen information for all of the treats in our hamper. All of our products are individually packaged and the information is also clearly printed on the back of every product.

If you require any information in relation to allergens or other dietary requirements, please contact us prior to purchase

Best wishes, Lottie x

Name of Product	Triple Chocolate Biscuits
Ingredients	<p>Wheat Flour (Wheat fortified with Calcium carbonate, Iron, Niacin and Thiamine), White Chocolate Chunks, (Sugar (53.0%), Whole Milk Powder (24%) (Contains Milk), Cocoa Butter (21.0%), Skimmed Milk Powder (1.5%) (contains Milk), Emulsifier; Soya lecithin (1%) (Soya), Natural Vanilla Flavouring. (Dark Chocolate Couverture (Sugar (44.77%), Cocoa Mass (42.78%), Cocoa Butter (11.94%), Soya Lecithin (0.50%) (Soya), Natural Vanilla Flavouring (0.01%). Margarine (Vegetable Oil (palm and rapeseed in various proportions (RSPO SOURCED), Water, Salt, Emulsifier (Polyglycerol esters of fatty acids), Colours (Curcumin, Annatto), Flavouring. Demerara Sugar, Free Range Pasteurised Egg, Butter (contains Milk), Cocoa Powder (cocoa powder, Potassium Carbonate), Raising Agent; Sodium Bicarbonate, Salt.</p> <p>Allergens shown in BOLD</p>

Nutrition Labelling - Typical value Per 100g/100ml

Energy (kj)	2135kj	Energy (kcal)	511kcal	Salt	1.4g
Fat	33g	of which saturates	17g		
Carbohydrate	47g	of which sugars	25g		
Fibre		Protein	7.3g		

Name of Product	Traditional Oat Flap jack
Ingredients	<p>Rolled Oats (43.4%) Partially Inverted Syrup, Margarine (Vegetable Oil (palm and rapeseed in various proportions (RSPO SOURCED), Water, Salt, Emulsifier (Polyglycerol esters of fatty acids), Colours (Curcumin, Annatto), Flavouring, Demerara sugar, Butter flavour, (Preservative, Sulphur dioxide, Sulphites).</p> <p>Allergens shown in BOLD</p>

Nutrition Labelling - Typical value Per 100g/100ml

Energy (kj)	1842kj	Energy (kcal)	439kcal	Salt	0.4g
Fat	20.2g	of which saturates	6.5g		
Carbohydrate	61.1g	of which sugars	34.2g		
Fibre		Protein	5.2g		

Name of Product	Millionaire Flap jack
Ingredients	<p>Flapjack Base Rolled Oats (43.4%), Partially Inverted Syrup, Margarine Vegetable Oil (palm and rapeseed in various proportions,), Water, Salt, Emulsifier, E475 Colours, E100, E160b Demerara sugar, Butter flavour, (Preservative E220 Sulphites).</p> <p>Milk Chocolate Couverture, (Sugar, Cocoa Butter, Whole milk powder (milk), Cocoa Mass, Emulsifiers, Soya Lecithin, E322 Natural Vanilla, Cocoa solids, 35.1%, Milk Solids 21.8%.) Caramel, Sugar, Glucose syrup, Sweetened Condensed Milk, Water, Unsalted Butter (contains milk), partially inverted syrup, Vegetable Oil (palm and rapeseed in various proportions RSPO Sourced), Salt, Emulsifiers, Soya Lecithin, E322, Natural vanilla, Cocoa solids 35.1% milk solids 21.8%</p> <p>Allergens shown in BOLD</p>

Nutrition Labelling - Typical value Per 100g/100ml

Energy (kj)	2061kj	Energy (kcal)	492kcal	Salt	0.4g
Fat	23g	of which saturates	13g		
Carbohydrate	67g	of which sugars	48g		
Fibre	4g	Protein	8g		

Name of Product	Cherry & Almond Flapjack
Ingredients	<p>Rolled Oats (41%), Partially Inverted Syrup, Margarine (Vegetable Oil (palm and rapeseed in various proportions, RSPO SOURCED), water, salt, Emulsifiers Polyglycerol esters of fatty acids, colours, (Curcumin, Annatto), Flavourings), Demerara sugar, Glazed Cherries (7.5%) (Glucose syrup, Sugar, Acidity regulator, (Citric Acid), Preservative (Potassium Sorbate, Sulphur Dioxide), Colour (Erythrosine), Almond Flavouring, (Sunflower oil, firming agent, (Xanthan Gum), Acidity regulator; (Citric Acid), Preservative (Potassium Sorbate). May contain Wheat and traces of Nuts</p> <p>Allergens shown in BOLD</p>

Nutrition Labelling - Typical value Per 100g/100ml

Energy (kj)	1815kj	Energy (kcal)	433kcal	Salt	0.6g
Fat	19.6g	of which saturates	6.4g		
Carbohydrate	61.6g	of which sugars	39.4g		
Fibre		Protein	4.4g		

Name of Product	Shortbread Biscuits
Ingredients	Wheat flour (fortified with Calcium Carbonate, Iron, Niacin and Thiamine), (48%) Unsalted Butter (27.3%) (contains Milk) Sugar, Ground Rice
	Allergens shown in BOLD

Nutrition Labelling - Typical value Per 100g/100ml

Energy (kj)	1985kj	Energy (kcal)	475kcal
Fat	26.0g	of which saturates	16.1g
Carbohydrate	59.0g	of which sugars	18.2g
Fibre		Protein	5.1g

Salt	0.5g
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Name of Product	Ginger Parkin & Chocolate Biscuits
Ingredients	<p>Wheat Flour (Wheat), fortified with Calcium Carbonate, Iron, Niacin, and Thiamine), Demerara Sugar, Margarine (Vegetable oils, (rapeseed and palm oil in various proportions, RSPO Sourced) Oatmeal (Oats, Gluten), Partially inverted syrup, Belgian Dark Chocolate Chips, (Sugar 58.5%, Cocoa Mass 33.0%, Cocoa Butter 8.0%, Emulsifier; Soya Lecithin (Soya) <1%, Natural Vanilla Flavouring<1%), Egg, Treacle, Raising agent; Sodium Bicarbonate, Ground Ginger 1.45%</p> <p>Allergens shown in BOLD</p>

Nutrition Labelling - Typical value Per 100g/100ml

Energy (kj)	1846kj	Energy (kcal)	439kcal		
Fat	17g	of which saturates	6.5g		
Carbohydrate	68g	of which sugars	38g		
Fibre		Protein	5.0g	Salt	1.6g

Name of Product	Chocolate Hearts
Ingredients	Milk Chocolate: Sugar, cocoa butter, whole milk powder, cocoa mass, emulsifier: soya lecithin, natural vanilla flavouring (milk solids 20.8% min; cocoa solids 33.6% min). Allergens shown in BOLD

Nutrition Labelling - Typical value Per 100g/100ml

Energy (kj)	2357kj	Energy (kcal)	563kcal		
Fat	36.2g	of which saturates	21.8g		
Carbohydrate	50.9g	of which sugars	49.9g		
Fibre		Protein	7.0g	Salt	0.21g