



Rest & Relaxation Care Pack

Sleepy Tea - Chamomile flowers (80%), Rose petals, Lavender flowers (*Lavandula angustifolia*) (6%) & Kentish hop petals (1%)

Lavender & Bergamot Hand & Body Lotion - Aqua, *Prunus Amygdalus Dulcis* (Sweet Almond) Oil, *Butyrospermum Parkii* (Shea) Butter, Cetearyl Alcohol, Arachidyl Alcohol, Behenyl Alcohol, Gluconolactone, Coco Glucoside, Arachidyl Glucoside, Xanthan Gum, Coconut Alcohol, Sodium Benzoate, Parfum, *Helianthus Annuus* (Sunflower) Seed Oil, Sodium Gluconate, Maltodextrin, Glycerin, Tocopherol, Citric Acid, *Ocimum Sanctum* (Holy Basil) Herb Extract, Biosaccharide Gum-1, *Punus Cerasus*, (Sour Cherry) Fruit Extract, Calcium Gluconate, Lavandula Oil/Extract, *Citrus Aurantium Bergamia* Peel Oil, Linalool, Limonene, Linalyl Acetate, Pinene Eugenol.

Allergens: Citronellol, Linalool, Geraniol, Citral, Limonene

Sleepy Balm - *Olea europea* fruit oil, Cera alba, Parfum, *Theobroma cacao* seed butter, Alcohol denat, *Elaeis guineensis* oil, *Lavandula angustifolia* herb oil.

Allergens: Linalool, Limonene, Citronellol, Geraniol, Citral