Spiced Rum Date & Caramel Fruit Cake X3

Ingredients: Sultanas (27%), Dates (20%) (Dates, Rice Flour), Caramel (12%) (Sugar, Glucose Syrup, Sweetened Condensed MILK (MILK, Sugar, Lactose (MILK)), Water, Unsalted Butter (MILK), Golden Syrup (Partially Inverted Refiners Syrup), Palm Oil, Salt, Emulsifiers (E322 Lecithin (Sunflower, Rapeseed, SOYA), E491 Sorbitan Monostearate), Natural Flavouring), Butter (MILK), EGG, Caramel Fudge Pieces (Sugar, Full Cream Condensed MILK, Fondant (Sugar, Glucose, Water), Glucose Syrup, Palm Oil, Water, Salt), WHEAT Flour (Contains Calcium, Iron, Niacin, Thiamin), Sugar, Rum (3%), Black Treacle, PECAN NUTS, ALMONDS (NUTS), Gold Star Sprinkles (Sugar, Potato Starch, Sunflower Oil, Rice Flour, Colour: E101, E172, Glazing Agent: Shellac), Emulsifier: Vegetable Glycerine (E422), Raising Agents: E500, E450 (WHEAT), Mixed Spice, Salt

NUTRITION INFORMATION

	per 100g
Energy	1751kJ/417kcal
Fat	15g
of which Saturates	7.3g
Carbohydrate	65g
of which Sugars	51g
Fibre	2.5g
Protein	4.2g
Salt	0.18g

Spiced Rum Caramel & Pecan Fruit Cake X3

Sultanas (28%), Caramel (13%) (Sugar, Glucose Syrup, Sweetened Condensed MILK (MILK, Sugar, Lactose (MILK)), Water, Unsalted Butter (MILK), Golden Syrup (Partially Inverted Refiners Syrup), Palm Oil, Salt, Emulsifiers (E322 Lecithin (Sunflower, Rapeseed, SOYA), E491 Sorbitan Monostearate), Natural Flavouring), Dates (12%) (Dates, Rice Flour), Butter (MILK), EGG, WHEAT Flour (Contains Calcium, Iron, Niacin, Thiamin), White Chocolate Flavoured Drizzle (Sugar, Cocoa Butter, Whole MILK Powder, Whey Powder (From MILK), Lactose (From MILK), Emulsifier (SOYA Lecithin), Vanilla Extract), Sugar, PECAN NUTS (5%), Caramel Fudge Pieces (4%) (Sugar, Full Cream Condensed MILK, Fondant (Sugar, Glucose, Water), Glucose Syrup, Palm Oil, Water, Salt), Rum (3%), Black Treacle, ALMONDS (NUTS), Emulsifier: Vegetable Glycerine (E422), Star Decoration (Sugar, Glucose Syrup, Vegetable Fat (Palm Kernel, Palm Oil), Invert Sugar Syrup, Thickeners: Xanthan Gum, Gum Arabic; Humectant: Glycerol; Emulsifier: Mono and Diglycerides of Fatty Acids; Glazing Agent: Shellac; Colours: Iron Oxides), Raising Agents: E500, E450 (WHEAT), Mixed Spice, Salt

NUTRITION INFORMATION

per 100g

Energy 1841kJ/439kcal

Fat 19g

of which Saturates 9.2g

Carbohydrate 61g

of which Sugars 50g

Fibre 2.5g

Protein 4.5g

Salt 0.22g

Spiced Rum Caramel Fruit Cake with Gold Star x 3

Ingredients: Sultanas (29%), Caramel (13%) (Sugar, Glucose Syrup, Sweetened Condensed MILK (MILK, Sugar, Lactose (MILK)), Water, Unsalted Butter (MILK), Golden Syrup (Partially Inverted Refiners Syrup), Palm Oil, Salt, Emulsifiers (E322 Lecithin (Sunflower, Rapeseed, SOYA), E491 Sorbitan Monostearate), Natural Flavouring), Dates (13%) (Dates , Rice Flour), Butter (MILK), EGG, WHEAT Flour (Contains Calcium, Iron, Niacin, Thiamin), Dark Chocolate Flavoured Drizzle (Sugar, Vegetable Oil, Cocoa Powder, Emulsifier: SOYA Lecithin (E322), Stabiliser (E492), Sugar, Caramel Fudge Pieces (Sugar, Full Cream Condensed MILK, Fondant (Sugar, Glucose, Water), Glucose Syrup, Palm Oil, Water, Salt), Rum, Black Treacle, PECAN NUTS, ALMONDS (NUTS), Emulsifier: Vegetable Glycerine (E422), Star Decoration (Sugar, Glucose Syrup, Vegetable Fat (Palm Kernel, Palm Oil), Invert Sugar Syrup, Thickeners: Xanthan Gum, Gum Arabic; Humectant: Glycerol; Emulsifier: Mono and Diglycerides of Fatty Acids; Glazing Agent: Shellac; Colours: Iron Oxides), Sugar Sprinkles (Sugar, Colours: E101, E172. Glazing Agent: Shellac), Raising Agents: E500, E450 (WHEAT), Mixed Spice, Salt

NUTRITION INFORMATION

per 100g

Energy 1788kJ/426kcal

Fat 17g

of which Saturates 9.3g

Carbohydrate 62g

of which Sugars 50g

Fibre 2.2g

Protein 4.3g

Salt 0.19g