Letterbox elevenses ingredients:

All Butter Chocolate Chunk Shortbread Slice by Yorkshire Flapjack: WHEAT Flour 45%, Salted Butter 30% (MILK), salt, Fat 80% min) Milk Chocolate 15% (sugar 45.5%; whole MILK powder 19.5%; cocoa butter 14.5%; cocoa mass 10.5%; whey powder (milk) 5.0%; skimmed MILK powder 4.5%; emulsifier: soya lecithin, WHEAT Flour, Calcium Carbonate, Iron, Niacin (B3), Thiamin (B1), Ascorbic Acid), Sugar 10% For allergens see ingredients in CAPITALS

Mocha milk chocolate bar by Coco Chocolatier: Sugar, cocoa butter, cocoa mass, milk powder (14.5%), coffee (<1%), emulsifier: non-GMO soya lecithin, natural coffee flavour, natural vanilla flavour. Cocoa solids 40% minimum. Allergens: Contains soya, milk. May contain traces of peanuts, nuts, and gluten.