

MINI VEGAN MAILER – NUTRITIONAL SHEET

PLEASE BE AWARE THAT IN THE EVENT THAT A SUBSTITUTION IS MADE, THIS NUTRITIONAL AND ALLERGEN SUMMARY MAY NOT REFLECT THE TRUE CONTENTS OF THE GIFT. PLEASE REFER TO THE PRODUCT PACKAGING FOR BEFORE CONSUMPTION.

Name of product	Gnaw - Dark Chocolate & Cranberry Slab
Manufacturer's Name and Address	Gnaw Chocolate Ltd. · All Rights Reserved · Registered Office: Norwich Livestock Market, Hall Road, Norwich, NR4 6EQ
Supplier Name and Address	Gnaw Chocolate Ltd. · All Rights Reserved · Registered Office: Norwich Livestock Market, Hall Road, Norwich, NR4 6EQ
Ingredients	Cocoa mass, sugar, cocoa butter, cranberries (8.75%) (sugar, cranberries, sunflower oil), almonds (6.25%), emulsifier (soya lecithin), flavouring (natural vanilla). Dark chocolate contains cocoa solids 70% min.

Celery	Eggs	Milk	Tree Nuts	Soybeans	Cereals contain	Fish	Molluscs	Peanuts	Sulphates/Sulphites	Crustaceans	Lupin	Mustard	Sesame
NO	NO	TRACE	TRACE	YES	NO	NO	NO	TRACE	TRACE	NO	NO	NO	NO

May Contain	Country of Origin	Storage Instructions	Alcoholic Strength
Contains soya. May contain traces of milk, gluten, peanuts and sulphites. The Gnaw HQ sometimes handles gluten, nuts, peanuts, milk, soya and sulphites.	UK	Store in a cool/dry place.	N/A

PER 100g

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Energy (kj)	Energy (kcal)	Fat	of which saturates	Carbohydrate	of which sugars	Fibre	Protein	Salt
2287	551	39.3	22.6	35.4	29.6	-	8.3	0.1

Gluten free	Vegetarian	Dairy Free	Vegan	Contains Nuts
NO	YES	NO	YES	YES

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Name of product	Buttermilk - Salted Caramel Cups
Manufacturer's Name and Address	Buttermilk Confections Ltd, The Buttermilk Kitchen, Cooksland, Bodmin, England, PL31 2QB.
Supplier Name and Address	Buttermilk Confections Ltd, The Buttermilk Kitchen, Cooksland, Bodmin, England, PL31 2QB.
Ingredients	Sugar, Glucose Syrup, Cocoa Butter, Rice Powder (Dried Rice Syrup, Rice Starch, Rice Flour), Cocoa Mass, Water, Coconut Oil, Coconut Milk Powder, Emulsifier: Sunflower Lecithin, Sea Salt (0.3%), Thickener: Corn Starch, Pectin, Natural Flavouring, Choccy contains minimum 45% Cocoa Solids

Celery	Eggs	Milk	Tree Nuts	Soybeans	Cereals containing	Fish	Molluscs	Peanuts	Sulphates/Sulphates	Crustaceans	Lupin	Mustard	Sesame
NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO

May Contain	Country of Origin	Storage Instructions	Alcoholic Strength
Free From Milk, May Contain Nuts, May Contain Peanuts	UK	Store in a cool/dry place.	N/A

PER 100g								
Energy (kj)	Energy (kcal)	Fat	of which saturates	Carbohydrate	of which sugars	Fibre	Protein	Salt
1926	462	27.5	17.9	50.7	35.6	-	2	0.26

Gluten free	Vegetarian	Dairy Free	Vegan	Contains Nuts
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YES	YES	YES	YES	Made in a factory that uses Peanuts and Tree Nuts as ingredients.
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Name of product	Popcorn Shed Butterscotch Gourmet Popcorn
Manufacturer's Name and Address	Popcorn Shed Ltd, 30 City Road, London EC1Y 2AB, UK
Supplier Name and Address	Popcorn Shed Ltd, 30 City Road, London EC1Y 2AB, UK
Ingredients	Popped Corn (31%), Sugar, Glucose syrup, Golden syrup, Coconut Oil, Rapeseed Oil, Salt, Raising agent: Bicarbonate of Soda, Natural Flavouring (0.3%), Emulsifier: Soya Lecithin.

Celery	Eggs	Milk	Tree Nuts	Soybeans	Cereals containing	Fish	Molluscs	Peanuts	Sulphates/Sulphur	Crustaceans	Lupin	Mustard	Sesame
NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO	NO

May Contain	Country of Origin	Storage Instructions	Alcoholic Strength
May contain the occasional unpopped kernel. Made in a facility that handles nuts, peanuts, milk, soya and gluten.	UK	Store in a cool/dry place.	N/A

PER 100g								
Energy (kJ)	Energy (kcal)	Fat	of which saturates	Carbohydrate	of which sugars	Fibre	Protein	Salt
1837	435	11.5	8.1	80.6	50.7	0	4.1	1.6

Gluten free	Vegetarian	Dairy Free	Vegan	Contains Nuts
YES	YES	YES	YES	Made in a facility that handles

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				nuts, peanuts, milk, soya and gluten.
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Name of product	Bites We Love - Crunchy Peas
Manufacturer's Name and Address	BitesWeLove BV, Hemonystraat 54HS, 1074 BS Amsterdam, The Netherlands
Supplier Name and Address	BitesWeLove BV, Hemonystraat 54HS, 1074 BS Amsterdam, The Netherlands
Ingredients	62% Peas, Sunflower Oil, Modified Corn Starch, Wheat Flour, Sugar, Smoked Paprika Seasoning (Salt, 0.2% Paprika, 0.2% Smoked Paprika, Onion, Mushroom, Sunflower Oil, Garlic Powder, Food Acid (Citric Acid))

Celery	Eggs	Milk	Tree Nuts	Soybeans	Cereals contain	Fish	Molluscs	Peanuts	Sulphates/Sulphur	Crustaceans	Lupin	Mustard	Sesame
NO	NO	NO	YES	NO	YES	NO	NO	YES	NO	NO	NO	NO	YES

May Contain	Country of Origin	Storage Instructions	Alcoholic Strength
May contain Nuts, Peanuts and Sesame.	Netherlands	Store in a cool, dry place away from sunlight.	N/A

PER 100g								
Energy (kj)	Energy (kcal)	Fat	of which saturates	Carbohydrate	of which sugars	Fibre	Protein	Salt
1744	416	12.6	1.2	55.9	8.9	11	14.4	1.1

Gluten free	Vegetarian	Dairy Free	Vegan	Contains Nuts
NO	YES	YES	YES	May contain Nuts, Peanuts and Sesame.

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Name of product	Indie Bay - Lightly Salted - 24g Bags
Manufacturer's Name and Address	c/o Bonas Pelikaanstraat 62 2018 Antwerp, Belgium
Supplier Name and Address	Indie Bay Snacks, 242 Acklam Road, Studio 1, London, W10 5JJ
Ingredients	Spelt flour (55%), Wheat Flour (37%), Sunflower Oil, Salt, Barley Malt Extract, Yeast, Raising Agent: Sodium Bicarbonate.

Celery	Eggs	Milk	Tree Nuts	Soybeans	Cereals containing	Fish	Molluscs	Peanuts	Sulphates/Sulphur	Crustaceans	Lupin	Mustard	Sesame
NO	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO	NO	NO	NO

May Contain	Country of Origin	Storage Instructions	Alcoholic Strength
Contains: Wheat, Cereals containing Gluten, Gluten, Barley	Belgium	Store in a cool/dry place.	N/A

PER 100g								
Energy (kJ)	Energy (kcal)	Fat	of which saturates	Carbohydrate	of which sugars	Fibre	Protein	Salt
1703	403	6.2	1.1	76.1	1.8	3	12.1	1.4

Gluten free	Vegetarian	Dairy Free	Vegan	Contains Nuts
NO	-	-	YES	May contain traces

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Name of product	Candy Kittens - Tropical Mango 54g
Manufacturer's Name and Address	CKHQ, 7 Lyric Square, London, W6 0ED.
Supplier Name and Address	CKHQ, 7 Lyric Square, London, W6 0ED.
Ingredients	Glucose Syrup, Sugar, Modified Starch, 10% Mango Juice from Concentrate, Dextrose, Acids (Malic Acid, Citric Acid, Lactic Acid), Potato Protein, Fruit and Plant Concentrates (Apple, Radish, Carrot, Lemon, Blackcurrant, Sweet Potato), Acidity Regulators: Sodium Malates and Calcium Carbonate, Natural Flavouring, Hydrolysed Pea Protein

Celery	Eggs	Milk	Tree Nuts	Soybeans	Cereals containing	Fish	Molluscs	Peanuts	Sulphates/Sulphates	Crustaceans	Lupin	Mustard	Sesame
NO	NO	YES	YES	NO	NO	NO	NO	YES	NO	NO	NO	NO	NO

May Contain	Country of Origin	Storage Instructions	Alcoholic Strength
Packed in a factory that handles Milk, Peanuts and Nuts.	UK	-	N/A

PER 100g								
Energy (kJ)	Energy (kcal)	Fat	of which saturates	Carbohydrate	of which sugars	Fibre	Protein	Salt
1450	341	0.1	0.1	83	59	-	0.8	0.17

Gluten free	Vegetarian	Dairy Free	Vegan	Contains Nuts
NO	-	-	YES	May contain traces

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Name of product	Candy Canes
Manufacturer's Name and Address	Unit A Hamilton Rd, Sutton-in-Ashfield NG17 5LD
Supplier Name and Address	Hancock Cash & Carry Ltd. 25 Jubilee Drive Loughborough Leicestershire LE11 5TX United Kingdom
Ingredients	Sugar, glucose syrup, water, flavouring, colours: E102, E129, E133, E171.

Celery	Eggs	Milk	Tree Nuts	Soybeans	Cereals containing	Fish	Molluscs	Peanuts	Sulphates/Sulphur	Crustaceans	Lupin	Mustard	Sesame
NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO	NO

May Contain	Country of Origin	Storage Instructions	Alcoholic Strength
Warning: E102, E129 may have an adverse effect on activity and attention in children.	UK	-	N/A

PER 100g								
Energy (kJ)	Energy (kcal)	Fat	of which saturates	Carbohydrate	of which sugars	Fibre	Protein	Salt
1668	399	0	0	100	80	0	0	0.07

Gluten free	Vegetarian	Dairy Free	Vegan	Contains Nuts
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YES	YES	YES	0	NO
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