

Allergen Disclaimer for Seriously Good large Hamper HAM005

Name of Product	Yorkshire Parkin
Ingredients	Oatmeal, (21%) , Brown sugar, Partially Inverted syrup, Milk, Wheat flour (Wheat Flour, fortified with Calcium Carbonate, Iron, Niacin Thiamine) , margarine (Vegetable Oils, (Rapeseed Oil, Palm Oil in various proportions, RSPO SOURCED) water, salt, Emulsifier Polyglycerol esters of fatty acids, colours Curcumin, Annatto, Flavourings.) Black treacle, (2%), Ginger, Raising Agent Sodium Bicarbonate. Allergens shown in BOLD

Nutrition Labelling - Typical value Per 100g/100ml

Energy (kj)	1563kj	Energy (kcal)	371kcal	Salt	0.2g
Fat	9.9g	of which saturates	4.2g		
Carbohydrate	65.6g	of which sugars	43.7g		
Fibre		Protein	4.7g		

Name of Product	Yorkshire Parkin Biscuits
Ingredients	Wheat flour (Wheat flour fortified with Calcium Carbonate, Iron, Niacin and Thiamine), (27%) Demerara sugar (27%), Oatmeal (12.4%) , Margarine, (vegetable oils (rapeseed and palm oil in various proportions (RSPO SOURCED), Water (1%), salt, Emulsifiers Polyglycerol Esters of Fatty Acids Colours E100. E160b, Flavourings, 14%) partially inverted syrup (11%), Free Range Egg (3%) , Black Treacle (3%), Ginger (1.5%), Raising Agents; Sodium Bicarbonate (1.5%). Allergens shown in BOLD

Nutrition Labelling - Typical value Per 100g/100ml

Energy (kj)	1879kj	Energy (kcal)	447kcal	Salt	0.4g
Fat	13.9g	of which saturates	5.1g		
Carbohydrate	74.6g	of which sugars	40.7g		
Fibre	2.1g	Protein	6.9g		

Name of Product	Ginger Parkin Flapjack
Ingredients	<p>INGREDIENTS: Oatmeal (6.23%), Rolled Oats 37.4%), Partially Inverted Syrup, Black treacle (1.87%), Ginger (0.75%), Brown Sugar, Margarine (vegetable oil, (Palm and rapeseed oil in various proportions RSPO SOURCED), Water, Salt Emulsifier (Polyglycerol esters of fatty acids), Colours (Curcumin), (Annatto), Flavourings), Demerara sugar.</p> <p>Allergens shown in BOLD</p>

Nutrition Labelling- Typical value Per 100g/100ml

Energy (kj)	1853kj	Energy (kcal)	441kcal	Salt	0.6g
Fat	20.2g	of which saturates	6.4g		
Carbohydrate	62.0g	of which sugars	33.7g		
Fibre		Protein	5.4g		

Name of Product	Chocolate Ginger Tiffin
Ingredients	<p>Parkin Biscuit:(24.7%) Wheat flour, Demerara sugar, Oatmeal, Margarine, (vegetable oils, Water, salt, emulsifiers E475, Colours E100 E160b Flavourings), Partially inverted syrup, Egg, Black Treacle, Ginger, Raising Agents; Sodium Bicarbonate, Shortbread Biscuit. (11.4%) Wheat Flour Butter (contains milk), Sugar, Ground Rice White Chocolate Chunks (sugar, Whole Milk Powder (contains MILK), cocoa butter, SKIMMED MILK POWDER (contains MILK), emulsifier: SOYA LECITHIN (SOYA) natural vanilla flavouring) . Milk Chocolate Couverture, (17%) (Contains milk solids 21%, cocoa solids 35.1%, Sugar, Cocoa Butter, Whole milk powder, Cocoa Mass, Emulsifiers, E322, Natural Vanilla. Digestive Biscuits. (10.1%) Wheat Flour, Vegetable Oil, sugar, Whole meal Wheat flour, partially inverted syrup, Raising agents, sodium Bicarbonate, salt. Butter (contains milk)_ (15.2%), Partially inverted syrup (8.5%), Raisins (6.6%) Drinking Chocolate, (5.7%) sugar, why powder, (contains milk), Fat reduced cocoa powder, Hydrogenated vegetable fat, glucose syrup, salt, stabilisers, E340, E452, Milk Protein, Emulsifiers, E481, flavouring, Cocoa Powder (0.7%)</p> <p>Allergens shown in BOLD</p>

Nutrition Labelling- Typical value Per 100g/100ml

Energy (kj)	2165kj	Energy (kcal)	517kcal	Salt	0.4g
Fat	30.8g	of which saturates	16.9g		
Carbohydrate	58.6g	of which sugars	37.6g		
Fibre	1g	Protein	4.5g		

Name of Product	Millionaire Shortbread
Ingredients	<p>All Butter Shortbread Wheat Flour (11.4%), Butter 17% (contains milk), Sugar, Ground Rice Milk Chocolate Couverture (17%) (Contains milk solids 21% (35.1%), Cocoa solids 35.1%, sugar, cocoa butter, whole milk powder, cocoa mass, emulsifiers, soya lecithin, E322, Natural Vanilla. Caramel (33.3%) Sugar, Glucose syrup, Sweetened Condensed Milk, Water, Unsalted Butter (contains milk), partially inverted syrup, Vegetable Oil, Salt, Emulsifiers, Soya Lecithin, E322, E473</p> <p>Allergens shown in BOLD</p>

Nutrition Labelling - Typical value Per 100g/100ml

Energy (kj)	2049kj	Energy (kcal)	489kcal	Salt	0.4g
Fat	26.3g	of which saturates	16.5g		
Carbohydrate	60.9g	of which sugars	36.7g		
Fibre		Protein	3.7g		

Name of Product	Shortbread Biscuits
Ingredients	<p>Wheat flour (fortified with Calcium Carbonate, Iron, Niacin and Thiamine), (48%) Unsalted Butter (27.3%) (contains Milk) Sugar, Ground Rice</p> <p>Allergens shown in BOLD</p>

Nutrition Labelling - Typical value Per 100g/100ml

Energy (kj)	1985kj	Energy (kcal)	475kcal	Salt	0.5g
Fat	26.0g	of which saturates	16.1g		
Carbohydrate	59.0g	of which sugars	18.2g		
Fibre		Protein	5.1g		

Name of Product	Cherry & Almond Flapjack
Ingredients	<p>INGREDIENTS: Rolled Oats (41%), Partially Inverted Syrup, Margarine (Vegetable Oil (palm and rapeseed in various proportions, RSPO SOURCED), water, salt, Emulsifiers Polyglycerol esters of fatty acids, colours, (Curcumin, Annatto), Flavourings), Demerara sugar, Glazed Cherries (7.5%) (Glucose syrup, Sugar, Acidity regulator, (Citric Acid), Preservative (Potassium Sorbate, Sulphur Dioxide), Colour (Erythrosine), Almond Flavouring, (Sunflower oil, firming agent, (Xanthan Gum), Acidity regulator; (Citric Acid), Preservative (Potassium Sorbate). May contain Wheat and traces of Nuts</p> <p>Allergens shown in BOLD</p>

Nutrition Labelling - Typical value Per 100g/100ml

Energy (kj)	1815kj	Energy (kcal)	433kcal	Salt	0.6g
Fat	19.6g	of which saturates	6.4g		
Carbohydrate	61.6g	of which sugars	39.4g		
Fibre		Protein	4.4g		

Name of Product	Rich Traditional Fruit Cake
Ingredients	<p>Ingredients</p> <p>Currants,(22%) Sultans, (12%) Raisins (8.5%) (sunflower oil), Cherries (5%) (Glucose-fructose syrup, sugar, Citric acid, preservatives potassium sorbate, sulphur dioxide, Colour Erythrosine), orange juice, Wheat flour(fortified with calcium carbonate, iron, niacin, Thiamine), salt, mixed spice (coriander, cinnamon, ginger, nutmeg, fennel, cloves, cardamom, Mixed peel (2.5%) (Glucose-fructose syrup, orange peel, inverted sugar, lemon peel, Acidity Regulator; citric acid, Preservative Sulphur Dioxide) Brown sugar, black treacle, Butter contains (milk), Free range Eggs, lemon juice.</p> <p>Allergens shown in BOLD</p>

Nutrition Labelling - Typical value Per 100g/

Energy (kj)	1433.1kj	Energy (kcal)	340.5kcal	Salt	0.49g
Fat	13.6g	of which saturates	6.3g		
Carbohydrate	54.0g	of which sugars	44.6g		
Fibre		Protein	4.1g		

Product Name	Luxury All Butter Fudge
Ingredient Declaration	Sugar, Salted Butter (18%) (milk , salt). Sweetened Condensed Milk (milk , sugar), Glucose Syrup, Golden Syrup. Fondant (sugar, glucose)

Nutrition Labelling - Typical value Per 100g/100ml

Energy (kj)	1890kj	Energy (kcal)	449kcal
Fat	15.5g	of which saturates	10.4g
Carbohydrate	76.4g	of which sugars	72.7g
Salt	0.46g	Protein	1.0g

Product Name	Millionaire Flapjack
Ingredient Declaration	<p>INGREDIENTS: Flapjack Base Rolled Oats (43.4%), Partially Inverted Syrup, Margarine Vegetable Oil (palm and rapeseed in various proportions, RSPO sourced), Water, Salt, Emulsifier, (polyglycerol esters of fatty acids), colours(curcumin , annatto), flavouring, Demerara sugar, Butter flavour, (Preservative sulphur dioxide, Sulphites). Milk Chocolate Couverture, (Sugar, Cocoa Butter, Whole milk powder (milk), Cocoa Mass, Emulsifiers, Soya Lecithin, Natural Vanilla, Cocoa solids, 35.1%, Milk Solids 21.8%.) Caramel, Sugar, Glucose syrup, Sweetened Condensed Milk (Milk, sugar lactose)Water, Unsalted Butter (contains milk), partially inverted syrup, Vegetable Oil (palm and rapeseed in various proportions RSPO Sourced), Salt, Emulsifiers, Soya Lecithin, Sorbitan Monostearate,, Natural vanilla,</p>

Nutrition Labelling- Typical value Per 100g/100ml

Energy (kj)	2061kj	Energy (kcal)	492kcal
Fat	23g	of which saturates	13g
Carbohydrate	67g	of which sugars	48g
Fibre	4g	Protein	8g
Salt	0.37g		