ETON HAMPER WITH CHAMPAGNE CONTENTS INGREDIENTS

Paul Langlet, Brut Champagne, 75cl

Alcohol Units

9.4

ABV

12.5% vol

Allergy Advice: Contains: Sulphur Dioxide/Sulphites

Bottlegreen, Pomegranate & Elderflower Sparkling Pressé, 275ml

Carbonated Cotswold spring water, pomegranate juice from concentrate (3%), sugar, elderflowers, citric acid, natural flavourings, natural colours (plain caramel, anthocyanins). Free from artificial flavours, colours & preservatives. Suitable for vegetarians & vegans.

	per 100ml
Energy	131kJ/31kcal
Fat	0
of which saturates	0
Carbohydrate	7.5g
of which sugars	7.5g
Protein	0
Salt	0.04g

Wainwright's Choice, Mustard Cheddar Waxed Truckle, 150g

Suitable for vegetarians

Ingredients: Cheddar, **(Milk)** Salt, Rennet.

Allergy advice: For allergens including cereals see ingredients in **bold**

Nutritional Information per (100g):

Energy kJ	1700	Carbohydrate	0.1
Energy kcal	410	of which are Sugars	0.1
Fat	34.4	Salt estimated from sodium	1.8
of which are Saturates	21.7		
Protein	25.0		

Store Below 6C

Wainwright's Choice, Vintage Mature Cheddar Waxed Truckle, 150g

Suitable for vegetarians

Ingredients: Cheddar, **(Milk)** Salt, Rennet.

Allergy advice: For allergens including cereals see ingredients in **bold**

Nutritional Information per (100g):

Energy kJ	1700	Carbohydrate	0.1
Energy kcal	410	of which are Sugars	0.1
Fat	34.4	Salt estimated from sodium	1.8
of which are Saturates	21.7		
Protein	25.0		

Store Below 6C

Simon Weaver, Organic Cotswold Brie, 100g

Simon Weaver
Cotswold Brie

A smooth and creamy brie style cheese with a gentle rounded flavour.
SUITABLE FOR VEGETARIANS
ALLERGY ADVICE: Contains Cows' Milk.
STORAGE: Keep Refrigerated and consume within 5 days of opening.
Simon Weaver, Kirkham Farm, Gloucestershire, GL54 2JS
GB-ORG-05 Made with Organic Milk

SOIL ASSOCIATION ORGANIC

Cottage Delight, Caramelised Onion Chutney, 105g

Ingredients Onion (51%), Sugar, Balsamic vinegar (Wine vinegar, Grape must, Colour: SULPHITE ammonia caramel, Preservative: SULPHUR DIOXIDE), Muscovado sugar, Sunflower oil, Spices, Concentrated lemon juice, Garlic powder, Acidity regulator: Citric acid, Salt.
Pop in the fridge after opening.
Suitable for vegetarians Suitable for vegans
Gluten Free

Nutrition

Typical values	per 100g
Energy	1122kJ/264kcal
Fat	1.4g
of which saturates	0.2g
Carbohydrate	60.9g
of which sugars	58.4g
Protein	1.2g
Salt	0.3g

Stocker's, Orkney Oatcakes, 100g

INGREDIENTS
Wholegrain Oats (76%), Vegetable Oil (Sustainable Palm,Rapeseed), Fortified Wheat Flour (Wheat, Calcium Carbonate, Iron, Niacin, Thiamin), Salt, Raising agents (Potassium Bicarbonate, Disodium Diphosphate). For allergens including cereals containing gluten see ingredients in bold. May contain milk nuts and sesame. Suitable for vegetarians.
Nutritional Information Typical values per 100g
Energy 2105kJ/501Kcal, Fat 22.0g of which saturates 8.4g, Carbohydrates 62.4g of which sugars 1.5g, Fibre 8.0g, Protein 10.4g, Salt 1.5g

Arden's, Cheddar Cheese Twists, 125g

Nutritional Info	Per 100g	Per Twist (Approx 8g)
Energy	2126kJ 509kcal	170kJ 41kcal
Fat of which saturates	27.5g 17.5g	2.2g 1.4g
Carbohydrate of which sugars	50.8g 3.3g	4.1g 0.3g
Fibre	3.2g	0.3g
Protein	13.0g	1.0g
Salt	1.63g	0.13g

Wheat Flour, BUTTER (**Milk**) (28%), CHEDDAR CHEESE (**Milk**) (10%); **Milk**, Salt; Skimmed **Milk** Powder, Salt, Yeast, **Barley** Malt Flour, Sugar.

Allergy Advice For allergens, including cereals containing gluten, see ingredients in **bold**.

Filbert's, Chilli & Lime Peanuts, 40g

Ingredients
Roasted **Peanuts** 92%, sugar, lemon zest 1.5%, salt, ginger, chilli 0.7%, cumin, rapeseed oil, acidity regulator: citric acid, lime oil 0.2%.

Allergy Advice
Produced in a factory that also handles other tree **nuts**, **soya**, **celery** and **gluten**.
For allergens please see ingredients in **bold**.

Four Anjels, Cotswold Luxury Shortbread, 100g

Ingredients: Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Salted Butter (Milk(31%)), Caster Sugar, Rice Flour, Corn flour (Maize Starch).
Allergy Advice: Allergens see ingredients in bold. Produced in a factory that handles Nuts, Egg, Sesame and Soya.
Storage
Store in a cool dry place out of direct sunlight. Consume immediately after opening.

NUTRITIONAL	Typical value per 100g
Energy kJ/kcal	1990/476
Fat (g)	25.6
Of which saturates (g)	16.8
Carbohydrate (g)	57.7
Of which Sugars (g)	17.9
Protein (g)	5.1
Salt (g)	0.5

Cottage Delight, Strawberry Extra Jam, 113g

INGREDIENTS: Strawberries, Sugar, Gelling agent: Fruit pectin, Acidity regulator: Citric acid, Concentrated lemon juice.
Prepared with 56g of fruit per 100g. Total sugar content 65g per 100g.

Nutrition Typical values Per 100g Energy 1040kJ /245kcal Fat 0.1g of which saturates 0.0g Carbohydrates 60.5g of which sugars 60.5g Protein 0.5g Salt 0.0g

The Cotswold Gourmet, Steamed Lemon Pudding, 350g

280g
Steamed Lemon Pudding

INGREDIENTS: Fortified wheat flour (**WHEAT**, calcium carbonate, iron, niacin, thiamine), sugar, liquid whole **EGG**, rapeseed oil, water, lemon curd (9%) (sugar, water, glucose syrup, concentrated lemon juice, margarine (fat blend (palm, palm stearine, coconut oil, rapeseed oil), water, lemon juice), **EGG** powder, **WHEAT** starch, modified **WHEAT** starch, gelling agent (pectin), sicilian lemon oil, acidity regulators (citric acid, trisodium citrate), colours (lutein, curcumin)), humectant (vegetable glycerine), maize starch, **WHEY** powder (**MILK**), lemon flavouring (<1%), preservative (potassium sorbate), raising agents (diphosphates, sodium bicarbonate), **WHEAT** gluten, salt, emulsifiers (propylene glycol esters of fatty acids, mono- and diglycerides of fatty acids, polyglycerol esters of fatty acids).
ALLERGEN INFORMATION: For allergens, including cereals containing gluten, see ingredients in CAPITAL. May also contain SOYA and NUTS
NUTRITIONAL INFORMATION PER 100g ENERGY 1723kJ/412kcal FAT 7.9g SATURATES 1.6g CARBOHYDRATE 54.4g SUGARS 42.5g PROTEIN 4.1g SALT 0.42g
PREPARATION GUIDELINES: Remove foil and label. Loosen lid.
TO MICROWAVE: Cook on full power for 90 seconds (time based on a 800W output. If different refer to manufacturers handbook).
TO STEAM: Place in a steamer or boil in a saucepan filled to half depth of the pudding with water. Cook for 20 minutes. Do not boil dry.
SERVING: Once cooked invert basin onto a plate and allow to stand for 30 seconds.
CAUTION: Pudding may be hot. Store in a cool, dry place.

BATCH: 31520

Lindt, Swiss Luxury Chocolate Selection, 145g

Nutrition Facts:

Nutritional Information Per 100g	
Energy (k.J)	2294
Energy (Kcal)	575
Fat(g)	37
- of which saturates(g)	21
Carbohydrate(g)	52
- of which sugars(g)	48
Protein(g)	6.5
Salt(g)	0.15

Ingredients: Sugar, cocoa mass, cocoa butter, whole MILK powder, ALMONDS, vegetable fat (palm, coconut, palm kernel, shea), anhydrous MILK fat, skim MILK powder, LACTOSE, sweetened condensed MILK, HAZELNUTS, glucose syrup, BUTTER, CREAM, emulsifier (soya lecithin), WHEAT flour, whey powder, MILK fat, cocoa butter, cocoa liquor, rice flour, orange peel, coffee, BARLEY malt extract, flavourings, orange juice concentrate, fat reduced cocoa powder, EGG white, WHEAT gluten, dextrose, puffed rice, colours (curcumin, annatto, paprika extract, titanium dioxide), WHEAT malt, salt, stabilizer (sodium triphosphate), MILK proteins, acid (citric acid), WHEAT starch, raising agent (sodium bicarbonate), BARLEY malt, glazing agent (shellac), gelling agent (gum arabic).

Allergens: May contain other NUTS

Cocoa Solids % Milk chocolate contains: Cocoa solids: 31% min. Milk solids: 18% min. Dark chocolate contains: Cocoa solids: 47% min.