



ALLERGENS & INGREDIENTS LIST

Correct as of

SEPTEMBER 2022

We take reasonable steps to prepare your food and drinks safely. However, we cannot guarantee a completely allergen free environment or product due to the nature of the foods prepared in our kitchens.

Please alert a member of staff prior to ordering



COOKIE CUPS

	CEREALS CONTAIN GLUTEN W=Wheat, R = Rye, B = Barley, O = Oats	Wheat	Eggs	Nuts	Milk	Soya	Sulphites	Fish	Crustaceans	Vegetarian	Halal	Ingredients list
KINDER COOKIE CUP	W	✓	✓	✓	✓	✓	✓			✓		Hazelnut Spread (Sugar, vegetable fat, (palm), vegetable oil (sunflower), skimmed milk powder, hazelnut, whey milk powder, lactose, emulsifiers (soya, lecithin, E-492, E-471), flavour and antioxidants (E-304i, E-306)), Self-Raising Wheat Flour (Calcium, Iron, Niacin, Thiamine), Raising Agents (E341, E500)), Milk Chocolate (Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Mass, Emulsifier (Soya Lecithin), Natural Vanilla Flavouring), Salted Butter (from Milk), Brown Sugar (Sugar Beet, Cane Molasses), Sugar, Egg (Egg, Acidifier E330, Preservative E202), Kinder Bueno (Milk Chocolate 31% (Sugar, Cocoa Butter, Cocoa Mass, Skimmed Milk Powder, Concentrated Butter, Emulsifier, Soya Lecithin, Vanilla) Sugar, Palm Oil, Wheat Flour, Hazelnuts (10.5%), Skimmed Milk Powder, Whole Milk Powder, Chocolate (Sugar, Cocoa Mass, Cocoa Butter, Soya Lecithin, Vanilla) Fat Reduced Cocoa, Emulsifier, Soya Lecithin, Raising Agent (Sodium and Ammonium Bicarbonate), Salt, Vanilla). For allergens see ingredients in BOLD. May also contain traces of nuts.
LOTUS BISCOFF COOKIE CUP	W	✓	✓		✓	✓				✓		Lotus Biscoff Spread Lotus Biscuits 58%(Wheat) Flour (with added Calcium, Iron, Niacin, Thiamine) Sugar Vegetable Oil (Palm & Rape Seed) Candy Sugar Syrup, Raising Agent E500ii) Soya Flour, Salt, Cinnamon), Rape Seed Oil, Sugar, Emulsifier (Soya Lecithin) Citric Acid, Self-Raising Wheat Flour (Calcium, Iron, Niacin, Thiamine), Raising Agents (E341, E500)), Milk Chocolate (Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Mass, Emulsifier (Soya Lecithin), Natural Vanilla Flavouring), Salted Butter (from Milk), Brown Sugar (Sugar Beet, Cane Molasses), Sugar, Egg (Egg, Acidifier E330, Preservative E202), Lotus Biscoff Crumb Wheat Flour (with added Calcium, Iron, Niacin, Thiamine) Sugar, Vegetable Oil (Palm & Rape Seed), Candy Sugar Syrup, Raising Agent (E500ii) Soya Flour, Salt Cinnamon.
TERRY'S COOKIE CUP	W	✓	✓		✓	✓				✓		Milk Chocolate Spread (Sugar, vegetable oil (Sunflower oil), Milk chocolate 22% (Sugar, whole milk powder, cocoa butter, butter and cocoa mass), lactose, fat reduced cocoa powder, skimmed milk powder, emulsifier (soya lecithin)), Self-Raising Wheat Flour (Calcium, Iron, Niacin, Thiamine), Raising Agents (E341, E500)), Milk Chocolate (Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Mass, Emulsifier (Soya Lecithin), Natural Vanilla Flavouring), Salted Butter (from Milk), Brown Sugar (Sugar Beet, Cane Molasses), Sugar, Egg (Egg, Acidifier E330, Preservative E202), Terry's Chocolate Orange Sugar, Cocoa Mass, Cocoa Butter, Dried Skimmed Milk, Dried Whey (From Milk), Vegetable Fats (Palm Shea), Milk Fat, Emulsifiers (Soya Lecithins E476) Orange Oil, Flavourings.
OREO COOKIE CUP	W	✓	✓		✓	✓				✓		Cookies and Cream Spread (sugar, vegetable fat (palm), whole milk powder, skimmed milk powder, whey milk powder, cocoa crumble (wheat flour, sugar, vegetable oil (high oleic sunflower oil), cocoa powder, glucose-fructose syrup, raising agent (ammonium hydrogen carbonate, sodium hydrogen carbonate), salt, emulsifier (E-322), vanilla flavour), emulsifier (E-322 soya lecithin), cocoa butter, natural flavour (milk)), Self-Raising Wheat Flour (Calcium, Iron, Niacin, Thiamine), Raising Agents (E341, E500)), Milk Chocolate (Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Mass, Emulsifier (Soya Lecithin), Natural Vanilla Flavouring), Salted Butter (from Milk), Brown Sugar (Sugar Beet, Cane Molasses), Sugar, Egg (Egg, Acidifier E330, Preservative E202), Oreo Biscuits Wheat Flour, Sugar, Vegetable Oil (Palm), Fat Reduced Cocoa Powder, Wheat Starch, Glucose-Fructose Syrup, Salt, Raising Agents (E50ii, E500ii, E503ii), Emulsifiers (Soya Lecithin, Sunflower Lecithin), Flavouring (Vanillin)).
ROLO COOKIE CUP	W	✓	✓		✓	✓				✓		Self-Raising Wheat Flour (Calcium, Iron, Niacin, Thiamine), Raising Agents (E341, E500)), Milk Chocolate (Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Mass, Emulsifier (Soya Lecithin), Natural Vanilla Flavouring), Caramel (Sweetened Condensed Skimmed Milk, Glucose Syrup (contains Sulphites), Invert Sugar Syrup, Palm Oil, Butter (from Milk), Sugar, Emulsifier (E471), Satbiliser (E440), Salt, Natural Flavouring) (Gluten), Salted Butter (from Milk), Brown Sugar (Sugar Beet, Cane Molasses), Sugar, Rolo Chocolate Bar [Glucose Syrup, Sugar, Whole and Skimmed Milk Powder, Invert Sugar Syrup, Vegetable Fats (Palm, Shea, Illipe, Mango Kernel, Kokum Gurgi, Sal), Cocoa Mass, Cocoa Butter, Sweetened Condensed Skimmed Milk, Lactose and Proteins from Whey (from Milk), Whey Powder (from Milk), Butterfat (from Milk), Emulsifier (Sunflower Lecithin), Salt, Flavourings, Milk Chocolate (Milk Solids, Vegetable Fat, Cocoa Butter)], Egg (Egg, Acidifier E330, Preservative E202).
BIRTHDAY COOKIE CUP	W	✓	✓		✓	✓				✓		Self-Raising Wheat Flour (Calcium, Iron, Niacin, Thiamine), Raising Agents (E341, E500)), Milk Chocolate (Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Mass, Emulsifier (Soya Lecithin), Natural Vanilla Flavouring), White Chocolate Spread (sugar, vegetable oils and fats (oils (sunflower), fats (palm, palm kernel)), skimmed milk powder, whey powder, emulsifier: E22 (sunflower lecithin), flavourings) (Soya), Salted Butter (from Milk), Seeded Raspberry Jam Glucose Syrup, Sugar Syrup, Raspberry Puree (9%), Water, Acidity Regulators (E330, E331(iii)), Gelling Agents (E440 E440i), Colour (E163) Preservative, (E202), Natural Flavourings, Brown Sugar (Sugar Beet, Cane Molasses), Sugar, Egg (Egg, Acidifier E330, Preservative E202).

BROOKIES

	CEREALS CONTAIN GLUTEN W=Wheat, R = Rye, B = Barley, O = Oats	Wheat	Eggs	Nuts	Milk	Soya	Sulphites	Fish	Crustaceans	Vegetarian	Halal	Ingredients list
KINDER BUENO BROOKIE	W	✓	✓	✓	✓	✓				✓		Hazelnut Spread (Sugar, vegetable fat, (palm), vegetable oil (sunflower), skimmed milk powder, hazelnut, whey milk powder, lactose, emulsifiers (soya, lecithin, E-402, E-471), flavour and antioxidants (E-304i, E-306)), Plain Wheat Flour (with added Calcium, Iron, Niacin, Thiamine), Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Mass, Natural Vanilla Flavouring, Salted Butter (from Milk), Sugar, Egg Sugar Beet, Cane Molasses), Dark Chocolate Cocoa Mass, Cocoa Butter, Sugar, Vegetable Fats (Palm, Shea), Skimmed Milk Powder (12.5%), Hazelnuts (12%), wheat Flour, Milk Powder, Whey Powder, Wheat Starch, Emulsifier (Soya Lecithin), Sunflower oil, R ((Tree) Nuts), Kinder Bueno (Milk Chocolate 31% (Sugar, Cocoa Butter, Cocoa Mass, Skimmed Milk Powder, Concentrated Butter, Emulsifier, Soya Lecithin, Vanilla) Sugar, Palm Oil, Wheat Flour, Fat Reduced Cocoa, Sugar, Palm Oil, Hazelnuts (13%) Fat Reduced Cocoa, (7.4%) Skimmed Milk Powder, Whey Powder (Milk) Kinder Bueno White Chocolate Bars (white chocolate 28% (cocoa butter, sugar, skimmed milk powder, concentrated butter, sugar, palm oil, wheat flour, skimmed milk powder, milk powder, hazelnuts (5%), whey powder (milk), wheat starch, fat-reduced cocoa, sunflower oil, whey proteins milk), raising agents (ammonium bicarbonate, sodium bicarbonate), flavourings, salt), Cocoa Powder (Cocoa Beans, Acidity Regulator (E501)), Kinder Bar Chocolate (Fine milk chocolate 40% (sugar, milk powder, cocoa butter, cocoa mass, skimmed milk powder, palm oil, concentrated butter, Cornflour, Sodium Bicarbonate, Invert Sugar, Vanilla
LOTUS BISCOFF BROOKIE	W	✓	✓		✓	✓				✓		Plain Wheat Flour (with added Calcium, Iron, Niacin, Thiamine), Salted Butter (from Milk), Brown Sugar (Sugar Beet, Cane Molasses), Milk Chocolate (Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Mass, Emulsifier (Soya Lecithin), Natural Vanilla Flavouring), Egg (Egg, Acidifier E330, Preservative E202), Lotus Biscoff Spread Lotus Biscuits 58% (Wheat Flour (with added Calcium, Iron, Niacin, Thiamine) Sugar Vegetable Oil (Palm & Rape Seed) Candy Sugar Syrup, Raising Agent (E500i) Soya Flour, Salt, Cinnamon), Rape Seed Oil, Sugar, Emulsifier (Soya Lecithin) Citric Acid, White Chocolate (Sugar, Cocoa Butter, Whole Milk Powder, Emulsifier (Soya Lecithin), Natural Vanilla Flavouring), Lotus Biscuits Wheat Flour (Gluten) Sugar, Vegetable Oils (Sustainable Palm Oil & Rapeseed Oil) Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon, Sugar, Cornflour, White Chocolate (Sugar, Full Cream Milk Powder, Cocoa Butter, Natural Vanilla, Emulsifier (Soya Lecithin)), Vanilla Flavouring (Invert Sugar, Vanilla), Baking Soda (Sodium Bicarbonate)
ROLO BROOKIE	W	✓	✓		✓	✓	✓			✓		Caramel (Sweetened Condensed Skimmed Milk, Glucose Syrup (contains Sulphites), Invert Sugar Syrup, Palm Oil, Butter (from Milk), Sugar, Emulsifier (E471), Stabiliser (E440), Salt, Natural Flavouring) (Gluten), Plain Wheat Flour (with added Calcium, Iron, Niacin, Thiamine), Milk Chocolate (Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Mass, Emulsifier (Soya Lecithin), Natural Vanilla Flavouring), Salted Butter (from Milk), Sugar, Egg (Egg, Acidifier E330, Preservative E202), Brown Sugar (Sugar Beet, Cane Molasses), Dark Chocolate Cocoa Mass, Sugar, Cocoa Butter Emulsifier (Soy Lecithin E322), Natural Vanilla Flavouring, Rolo Chocolate Bar (Glucose Syrup, Sugar, Whole and Skimmed Milk Powder, Invert Sugar Syrup, Vegetable Fats (Palm, Shea, Illipe, Mango Kernel, Kokum Gurgi, Sal), Cocoa Mass, Cocoa Butter, Sweetened Condensed Skimmed Milk, Lactose and Proteins from Whey (from Milk), Whey Powder (from Milk), Butterfat (from Milk), Emulsifier (Sunflower Lecithin), Salt, Flavourings, Milk Chocolate (Milk Solids, Vegetable Fat, Cocoa Butter)), Cocoa Powder (Cocoa Beans, Acidity Regulator (E501)), Cornflour, Chocolate Shavings (Sugar, Cocoa Mass, Milk Fat, Cocoa Butter, Emulsifier (Soya Lecithin), Flavouring (Natural Vanilla)), Baking Soda (Sodium Bicarbonate), Vanilla Flavouring (Invert Sugar, Vanilla)
JAMMY DODGER BROOKIE	W	✓	✓		✓	✓	✓			✓		Plain Wheat Flour (with added Calcium, Iron, Niacin, Thiamine), Salted Butter (from Milk), Brown Sugar (Sugar Beet, Cane Molasses), Sugar Syrup, Raspberry Puree (9%), Water, Acidity Regulators (E330, E331(iii), E440 E440i Colour (E163) Preservative, (E202), Natural Flavourings, Egg, Sugar, Cocoa Butter, Whole Milk Powder, Cocoa Mass, Natural Vanilla Flavouring), Wheat Flour (Gluten) Calcium Carbonate, Iron, Niacin, Thiamin, (Glucose-fructose syrup, (Apple, Preservative, ((Sodium Metabisulphite)), Sugar, Humectant (Glycerol), Acid (Citric Acid) Acidity Regulator (Sodium Citrate) Flavourings, Colours (Anthocyanins, Annatto Norbixin) Gelling Agent (Pectin) Vegetable Oils (Sustainable Palm, Rapeseed) Sugar, Partially Inverted Sugar Syrup, Raising Agents (Ammonium Bicarbonate, Sodium Bicarbonate) Salt, Flavourings, Sugar, Mini Jammie Dodgers Wheat Flour (Wheat Flour (Gluten) Calcium Carbonate, Iron, Niacin, Thiamin), (Glucose-fructose syrup, (Apple, Preservative, ((Sodium Metabisulphite)), Humectant (Glycerol), Acid (Citric Acid) Acidity Regulator (Sodium Citrate) Flavourings, Colours (Anthocyanins, Annatto Norbixin) Gelling Agent (Pectin) Vegetable Oils (Sustainable Palm, Rapeseed) Sugar, Partially Inverted Sugar Syrup, Salt, Cornflour, Vanilla Flavouring (Invert Sugar, Vanilla), Sodium Bicarbonate.

BROWNIES

	CEREALS CONTAIN GLUTEN W=Wheat, R = Rye, B = Barley, O = Oats	Wheat	Eggs	Nuts	Milk	Soya	Sulphites	Fish	Crustaceans	Vegetarian	Halal	Ingredients list
Plain/original			✓	✓	✓	✓						Dark Soft Sugar (sugar & molasses), Unsalted Butter (Milk), Dark Chocolate 55% (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier, Soy Lecithin-E322, Flavouring, Natural Vanilla)), Ground Almonds, Eggs, Fat Reduced Cocoa Powder
Terrys			✓	✓	✓	✓						Dark Soft Sugar (sugar & molasses), Unsalted Butter (Milk), (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier, Soy Lecithin-E322, Flavouring, Natural Vanilla), Ground Almonds, Eggs, Fat Reduced Cocoa Powder, Terrys Orange (Sugar, Cocoa Mass, Cocoa Butter, Dried Skimmed Milk, Dried Whey (from Milk), Vegetable Fats (Palm, Shea), Milk Fat, Emulsifiers (Soya Lecithin, Sunflower Lecithin, E476), Orange Oil, Flavourings, Milk Solids 14, % minimum, Cocoa Solids 25 % minimum, Contains Vegetable Fats in addition to Cocoa Butter), [Ethanol, orange oil, flavouring
Cookie dough	w	✓	✓	✓	✓	✓						sugar & molasses, Unsalted Butter (Milk),Cocoa Mass, Sugar, Fat Reduced Cocoa Butter, Soy Lecithin-E322 Flavouring, Ground Almonds, Egg. WHEAT flour, Calcium carbonate, Iron, Niacin, Thiamin; Cocoa mass; Sugar; Fat reduced cocoa powder;(E 322); Vegetable fat: Palm; Vegetable oil: Rapeseed; Glucose syrup; Black treacle; BUTTERMILK Milk powder; Sodium carbonates (E 500), Diphosphates;],Whole milk powder , Skimmed milk powder, Cocoa mass, skimmed milk powder, milk proteins, Whey powder (milk), Lactose (milk).
Kinder bueno	w	✓	✓	✓	✓	✓						Dark Soft Sugar (sugar & molasses), Unsalted Butter (Milk), Dark Chocolate 55% (Cocoa Mass, Sugar, Cocoa Butter,, Soy Lecithin-E322, Flavouring, Natural Vanilla), Ground Almonds , Eggs, Fat Reduced Cocoa Powder, Kinder Bueno(Cocoa Butter, Sugar, Skimmed Milk Powder, Concentrated Butter, Palm Oil, Wheat Flour, Skimmed Milk Powder, Whole Milk Powder, Hazelnuts, Whey Powder (Milk), Wheat Starch, Fat-Reduced Cocoa, Sunflower Oil, Whey Proteins (Milk), Ammonium Bicarbonate, Sodium Bicarbonate, total Milk Constituents: 21.5%).
Raspberry & white chocolate			✓	✓	✓	✓						Dark Soft Sugar (sugar & molasses), Unsalted Butter (Milk), Dark Chocolate 55% (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier, Soy Lecithin-E322,Flavouring, Natural Vanilla), Ground Almonds, Eggs, Fat Reduced Cocoa Powder, Raspberry paste (Raspberry paste (sugar, water, glucose-fructose syrup, raspberries, acidity regulator; E330, colours; black carrot - E150a, flavouring, Thickenr, Pectin) White chocolate buttons (Sugar, Cocoa Butter, Whole Milk Powder, Emulsifier, Soy Lecithin-E322, Flavouring, Natural Vanilla)), 100% sliced raspberry.
Reece's Peanut Butter			✓	✓	✓	✓						Dark Soft Sugar (sugar & molasses), Unsalted Butter (Milk), Dark Chocolate 55%, (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier, Soy Lecithin-E322, Flavouring, Natural Vanilla)), Ground Almonds, Eggs, Fat Reduced Cocoa Powder, Peanut Butter (Peanut (95%), Brown Cane Sugar, Palm Oil, Sea Salt.; Milk Chocolate Flavour Coating (52%) : Cocoa Butter; Cocoa Mass; Skimmed Milk Powder; Milk Fat; Lactose (Milk); Emulsifiers, Soya Lecithin* (E322), Polyglycerol Polyricinoleate (E476)), Peanut Butter Crème Center (4,8%) *Peanuts; Sugar*; Dextrose; Salt; Acidity Regulator, Citric Acid (E330); Antioxidant, TBHQ (E319)). *Produced from genetically modified Sugar Beets and Soya Beans
Oreo	w	✓	✓	✓	✓	✓						Dark Soft Sugar (sugar & molasses), Unsalted Butter (Milk), Dark Chocolate 55% (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier, Soy Lecithin-E322, Flavouring, Natural Vanilla)), Ground Almonds, Eggs, Fat Reduced Cocoa Powder, Oreo (Wheat Flour, Sugar, Palm Oil, Rapeseed Oil, Fat-Reduced Cocoa Powder 4,5 %, Wheat Starch, Glucose-Fructose Syrup,Raising Agents (Potassium Carbonates, Ammonium Carbonates, Sodium Carbonates), Salt, Emulsifiers (Soya) Lecithin, Sunflower Lecithin), Flavouring)
Jammy Dodger	w	✓	✓	✓	✓	✓						Dark Soft Sugar (sugar & molasses), Unsalted Butter (Milk), Cocoa Butter, Whole Milk Powder, Ground Almonds, Eggs, Strawberry paste (sugar, water, glucose-fructose syrup, strawberries 10%, acidity regulator: E330,colours:black carrot extract - E150a - E160a, thickener: pectin (E440)), Wheat Flour (with Added Calcium Carbonate, Iron, Niacin, Thiamin), (Glucose-Fructose Syrup,(Apple, Preservative (Sodium Metabisulphite), Humectant (Glycerol), (Citric Acid), (Sodium Citrates), Flavourings, Colours (Anthocyanins, Annatto), Gelling Agent (Pectin)), Palm Oil, Sugar, Whey or Whey Derivatives (Milk), Partially Inverted Sugar Syrup,(Ammonium Bicarbonate, Sodium Bicarbonate).
Funfetti			✓	✓	✓	✓						Dark Soft Sugar (sugar & molasses), Unsalted Butter (Milk), White Chocolate (Sugar, Cocoa Butter, Whole Milk Powder, Emulsifier, Soy Lecithin-E322, Flavouring, Natural Vanilla), Ground Almonds, Eggs, White Chocolate buttons (Sugar, Cocoa Butter, Whole Milk Powder, Emulsifier, Soy Lecithin-E322, Flavouring, Natural Vanilla).
Nutella			✓	✓	✓	✓						Dark Soft Sugar (sugar & molasses), Unsalted Butter (Milk), Dark Chocolate 55% (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier, Soy Lecithin-E322, Flavouring, Natural Vanilla)), Ground Almonds, Eggs, Fat Reduced Cocoa Powder, Nutella (Sugar, Palm Oil, Hazelnuts (13%), Skimmed Milk Powder (8.7%), Fat-Reduced Cocoa (7.4%), Emulsifier: Lecithins (Soya), Vanillin.
Vegan Lotus Biscoff	w	✓		✓		✓						(Cocoa Mass, Sugar, Cocoa Butter, Emulsifier, Soy Lecithin-E322,Flavouring, Natural Vanilla), Dark Soft Sugar (Sugar & Molasses), Water, Gluten Free Plain Flour (Rice, Potato, Tapioca, Maize, Buckwheat), Vegetable Oil (Soya Bean Oil (produced from Genetically Modified Soya), Ground Almonds, Fat Reduced Cocoa Powder, Lotus Biscuit (Wheat Flour, Sugar, Vegetable Oils (Palm Oil from sustainable and certified plantations, Rapeseed Oil), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Lotus Biscoff Spread (Original Caramelised Biscuits 58% (Wheat Flour, Sugar, Vegetable Oils (Palm Oil from Sustainable and Certified Plantations, Rapeseed Oil), Candy Sugar Syrup, Raising Agent (Sodium Hydrogen Carbonate), Soya Flour, Salt, Cinnamon), Rapeseed Oil, Sugar, Emulsifier (Soya Lecithin), Acid (Citric Acid).

OH SO MUM!

