

Mood boost Gift set

Rise - Awaken your senses with this uplifting salt soak, infused with zesty citrus oils, warming ginger, skin-nourishing avocado oil and soothing calendula petals. A revitalising treat to recharge body and spirit. Naturally rich in 84 trace minerals, Himalayan salt helps soothe and repair the skin while promoting cell renewal.

Ingredients: Sodium Chloride, Persea Gratissima Oil, Calendula Officinalis Flowers, Citrus Limon Oil, Citrus Sinensis Oil, Zingiber Officinale, *Limonene, Geraniol*. *Naturally occurring in essential oils.
Directions: Add a generous amount to warm running water. Swirl to dissolve and soak for at least 20 minutes. For external use only. Avoid contact with eyes.

Calm Pulse Point -

INGREDIENTS: Vitis Vinifera (Grape) Seed Oil, Triticum Vulgare (Wheat) Germ Oil, Parfum (Contains: Citral*, Farnesol* Geraniol*, Limonene*, Linalool* ***Naturally occurring in essential oils**

INSTRUCTIONS: Gently roll on your pulse points and inhale the aroma, for a tailored wellbeing boost at any time of the day or night.