

Typical values	per 100g	per 73g serving
Energy	1368kJ 321kcal	999kJ 235kcal
Fat	1.1g	0.8g
of which saturates	0.3g	0.2g
Carbohydrate	72g	53g
of which sugars	26g	19g
Protein	6.3g	4.6g
Salt	1.6g	1.2g