As Craig David once asked
"WHAT'S YOUR FLAVA?"
Please check front of box for your answer.

NUTRITIONAL INFORMATION

For allergens, see ingredients in **bold**.

PERFECTLY SALTED
Flavoured Pork Crackling
Ingredients: Pork Rind (75%), Pork Fat,
Sunflower Oil, Antioxidant (Tertiary-Butyl
Hydroquinone, Citric Acid), Salt,
Hydrolysed Vegetable Protein,
Dextrose, Yeast Extract.

TYPICAL ANALYSIS	PER 100G
Energy	2613 KJ (629 kcal)
Fat	48.4g
of which saturates	18.4g
Carbohydrate	0.5g
of which sugars	0.5g
Protein	47.8ğ
Salt	1.10 g

MIGHTY MUSTARD •

Flavoured Pork Crackling
Ingredients: Pork Rind (75%), Pork Fat,
Sunflower Oil, Antioxidant (Tertiary-Butyl
Hydroquinone, Citric Acid), Salt, **Mustard**Flour, Rice Flour, Yeast Extract, Sugar,
Natural Flavouring, Dried Spirit Vinegar,
Dill, Turmeric Extract, Paprika Extract.

TYPICAL ANALYSIS Energy Fat of which saturates Carbohydrate of which sugars Protein Salt	PER 100G 2563 KJ (617 kcal) 47g 16.3g 3.7g 1.1g 44.3g
Salt	2.3g

LOW & SLOW BARBECUE ■
Flavoured Pork Crackling
Ingredients: Pork Rind (75%), Pork Fat,
Sunflower Oil, Antioxidant (Tertiary-Butyl
Hydroquinone, Citric Acid), Salt, Flavour
Enhancer (Monosodium Glutamate,
Disodium 5'-ribonucleotide), Tomato
Powder, Spices (paprika, cumin,
coriander, cayenne), Dextrose, Acidity
Regulator (Sodium Diacetate),
Hydrolysed Vegetable Protein, Onion
Powder, Garlic Powder, Natural
Flavouring, Paprika Extract, Spice Extract.

TYPICAL ANALYSIS Energy Fat of which saturates	PER 1000 2581 KJ (621 kcal) 47.5g 16.8g
Carbohydrate	4.30
of which sugars	0.30
Protein	43.90
Salt	1.24g

SEA SALT & BLACK PEPPER Flavoured Pork Crackling Ingredients: Pork Rind (75%), Pork Fat, Sunflower Oil, Antioxidant (Tertiary-Butyl Hydroquinone, Citric Acid), Sea Salt, Rusk (wheat flour (calcium carbonate, iron niacin, thiamine) salt), Yeast Extract, Flavour Enhancer (Monosodium Glutamate), Spice (black pepper), Dextrose, Paprika Extract, Barley Malt Extract.

TYPICAL ANALYSIS Energy Fat of which saturates Carbohydrate of which sugars Protein	PER 1006 2521 KJ (607 kcal) 46.5g 16.6g 1.9g 0.3g 44.5g
Salt	3.9g

SALT 'N' VINEGAR

Flavoured Pork Crackling
Ingredients: Pork Rind (75%), Pork Fat,
Sunflower Oil, Antioxidant (Tertiary-Butyl
Hydroquinone, Citric Acid), Rice Flour,
Acidity Regulator (Sodium Diacetate),
Potassium Chloride, Acid (Citric Acid),
Salt.

TYPICAL ANALYSIS Energy	PER 1006 2546 KJ (613 kcal)
Fat	46.3g
of which saturates	15.6g
Carbohydrate	5g
of which sugars	<0.1g
Protein	44g
Salt	1.8g

MARVELLOUS MAPLE

Flavoured Pork Crackling
Ingredients: Pork Rind (75%), Pork Fat,
Sunflower Oil, Antioxidant (Tertiary-Butyl
Hydroquinone, Citric Acid), Salt, Sugar,
Flavour Enhancer (Monosodium
Glutamate), Dextrose, Rusk (wheat flour
(calcium carbonate, iron niacin,
thiamine) salt), Molasses Extract Powder,
Onion Powder, Natural Flavouring, Garlic
Powder, Flavouring (soya), Spice Extracts,
Paprika Extract.

TYPICAL ANALYSIS Energy	PER 100G 2579 KJ (620 kcal)
Fat of which saturates	45.6g 16.5g
Carbohydrate of which sugars	0.5g 0.5g 0.5g
Protein	51.9ğ
Protein Salt	51.9g 1.8g

Flavoured Pork Crackling
Ingredients: Pork Rind (75%), Pork Fat,
Sunflower Oil, Antioxidant (Tertiary-Butyl
Hydroquinone, Citric Acid), Salt, Chilli
Powder (contains: spices, salt, garlic,
herbs), Dextrose, Yeast Extract,
Habanero Chilli Powder, Red Pepper,
Spice (cumin), Hydrolysed Vegetable
Protein, Acidity Regulator (Sodium
Diacetate), Spice Extracts, Paprika

TYPICAL ANALYSIS	PER 100G
Energy	2574 KJ (619 kcal)
Fat	46.5g
of which saturates	18.4 g
Carbohydrate	0.1 g
of which sugars	0.1 g
Protein	50.2ğ
Salt	2.23 ğ

STORAGE

Store in a dry, cool place, away from bright light and vegetarians.

WARNING

Not suitable for those with weak gnashers (may contain bones) and those of a health obsessed disposition.

