

WHEAT Flour (**WHEAT** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Wholemeal Flour (**WHEAT**), Butter (**MILK**, Salt), Water, Organic Agave Syrup, **EGGS**, Sweet Potato Powder, **OAT** Drink (Water, **OAT**, Dietary Fibre (Inulin), Vegetable Oil (Sunflower), Calcium (Tri-calcium Phosphate), Maltodextrin, Sea Salt, Stabiliser (Gellan Gum), Vitamins (B2 (Riboflavin), B12, D2)).

Allergy advice: For allergens, including cereals containing gluten, see ingredients in **BOLD CAPITALS**.

Produced in a kitchen which handles nuts, peanuts, soya and sesame. Store in a cool, dry place. Do not refrigerate.

Weight: 100g

Analytical Constituents per 100g:

Energy 430 Kcal/1808 KJ

Moisture 6.5%

Protein 10 g

Total Fat 14.3 g

Ash 1.2 g

Total Carbohydrate 68 g

Total Dietary Fibre 5.2 g

Total Sugar 8.4 g

Starch 54.4 g

Sodium 25.1 mg

Saturated Fatty Acid 8.39 g