

**Ingredient and allergen information.**  
**(Allergen information table available at the**  
**bottom of the page)**

**Steak pasty**

Lard, salt,

Fats: vegetable oils, palm oil, rapeseed oil, water, salt, emulsifier: mono- and diglycerides of fatty acids, colours: annatto, curcumin, polyglycerol esters of fatty acids; distilled monoglyceride (E471)

Flour - WHEAT flour (WHEAT flour, calcium carbonate, iron, niacin (B3), thiamin (B1))

Steak, suede, potato, onion, pepper, salt and EGG

Dry white - preservative E223, 65% SULPHUR DIOXIDE (E220).

**Chicken pasty**

Flaky

Water, salt.

WHEAT flour, calcium, iron, vitamin B3, vitamin B1. May contain soya.

Fats: vegetable oil: Palm, rapeseed; water; salt; emulsifier: distilled monoglyceride (E471),

Mono- and diglycerides of fatty acids, colours: annatto, curcumin. Polyglycerol esters of fatty acids; flavouring; colour: annatto bixi n, curcumin.

Dry white - preservative E223, 65% SULPHUR DIOXIDE (E220).

Chicken, suede, potato, onion, butter, pepper, salt and EGG

Soup- potato starch, whey powder (MILK), maltodextrin, flavourings, salt, sunflower oil, glucose syrup, yeast extract, chicken fat (3%), rice flour, chicken (2.3%), sugar, onion powder, modified starch, turmeric, antioxidant(extracts of rosemary). May contain gluten, egg, celery, mustard and soya.

### **Steak and cheese Pasty**

Water, salt

WHEAT flour, calcium, iron, vitamin B3, vitamin B1. May contain soya.

Fats: vegetable oil: Palm, rapeseed; water; salt; emulsifier: distilled monoglyceride (E471), Mono- and diglycerides of fatty acids, colours: annatto, curcumin. Polyglycerol esters of fatty acids; flavouring; colour: annatto bixi n, curcumin.

Dry white - preservative E223, 65% SULPHUR DIOXIDE (E220).

Steak, cheddar cheese (MILK), suede, potato, onion, preservatives, salt, pepper and EGG.

### **Cheese pasty**

Water, salt

WHEAT flour, calcium, iron, vitamin B3, vitamin B1. May contain soya.

Fats: vegetable oil: Palm, rapeseed; water; salt; emulsifier: distilled monoglyceride (E471), Mono- and diglycerides of fatty acids, colours: annatto, curcumin. Polyglycerol esters of fatty acids; flavouring; colour: annatto bixi n, curcumin.

Dry white - preservative E223, 65% SULPHUR DIOXIDE (E220).

Cheddar cheese (MILK), potato, suede, onion, salt, pepper and EGG.

### **Mince beef pasty**

Water, salt

WHEAT flour, calcium, iron, vitamin B3, vitamin B1. May contain soya.

Fats: vegetable oil: Palm, rapeseed; water; salt; emulsifier: distilled monoglyceride (E471), Mono- and diglycerides of fatty acids, colours: annatto, curcumin. Polyglycerol esters of fatty acids; flavouring; colour: annatto bixi n, curcumin.

Dry white - preservative E223, 65% SULPHUR DIOXIDE (E220).

Mince beef, suede, potato, onion, salt, pepper and EGG.

### **Vegan pasty**

Water, salt

WHEAT flour, calcium, iron, vitamin B3, vitamin B1. May contain soya.

Fats: vegetable oil: Palm, rapeseed; water; salt; emulsifier: distilled monoglyceride (E471), Mono- and diglycerides of fatty acids, colours: annatto, curcumin. Polyglycerol esters of fatty acids; flavouring; colour: annatto bixi n, curcumin.

Dry white - preservative E223, 65% SULPHUR DIOXIDE (E220).

Suede, potato, onion and EGG. stalk- 75% vegetable fat spread. Vegetable oils in varying proportions (75%) (rapeseed, palm, sunflower), water, salt, (1.4%), emulsifier (mono and diglycerides of fatty acids), acid (citric acid), vitamin A and D, colour (carotenes), flavourings.

Glaze- maltodextrin, modified starch, dextrose, colour E150c, E160b), emulsifier (E466).

### **Christmas pasty**

Water, salt WHEAT flour, calcium, iron, vitamin B3, vitamin B1. May contain soya. Fats: vegetable oil: Palm, rapeseed; water; salt; emulsifier: distilled monoglyceride (E471), Mono- and diglycerides of fatty acids, colours: annatto, curcumin. Polyglycerol esters of fatty acids; flavouring; colour: annatto bixi n, curcumin. Dry white - preservative E223, 65% SULPHUR DIOXIDE (E220). Turkey, suede, potato, onion, salt and pepper. Stuffing - WHEAT flour (with added calcium, iron, niacin, thiamin), dried onion (15%), vegetable oils (palm, sunflower), salt, dried sage (1.5%), dried parsley, raising agents (ammonium carbonate, sodium hydrogen carbonate), BARLEY malt extract. Cranberry sauce - Cranberries(40%), glucose-fructose syrup, water, sugar, gelling agent (pectin), acid (citric acid), acidity regulator (trisodium citrate), preservative (potassium sorbate). Glaze - maltodextrin, modified starch, dextrose, colour E150c, E160b), emulsifier (E466). May contain celery and milk.

### **Christmas vegan pasty**

Water, salt WHEAT flour, calcium, iron, vitamin B3, vitamin B1. May contain soya. Fats: vegetable oil: Palm, rapeseed; water; salt; emulsifier: distilled monoglyceride (E471), Mono- and diglycerides of fatty acids, colours: annatto, curcumin. Polyglycerol esters of fatty acids; flavouring; colour: annatto bixi n, curcumin. Dry white - preservative E223, 65% SULPHUR DIOXIDE (E220). Stuffing - WHEAT flour (with added calcium, iron, niacin, thiamin), dried onion (15%), vegetable oils (palm, sunflower), salt, dried sage (1.5%), dried parsley, raising agents (ammonium carbonate, sodium hydrogen carbonate), BARLEY malt extract. May contain celery and milk. Stalk - 75% vegetable fat spread. Vegetable oils in varying proportions (75%) (rapeseed, palm, sunflower), water, salt, (1.4%), emulsifier (mono and diglycerides of fatty acids), acid (citric acid), vitamin A and D, colour (carotenes), flavourings. Cranberry sauce - Cranberries(40%), glucose-fructose syrup, water, sugar, gelling agent (pectin), acid (citric acid), acidity regulator (trisodium citrate), preservative (potassium sorbate). Glaze - maltodextrin, modified starch, dextrose, colour E150c, E160b), emulsifier (E466). Potato, suede, onion, salt and pepper

### **Flaky steak pasty**

-Water, salt WHEAT flour, calcium, iron, vitamin B3, vitamin B1. May contain soya. Fats: vegetable oil: Palm, rapeseed; water; salt; emulsifier: distilled monoglyceride (E471), Mono- and diglycerides of fatty acids, colours: annatto, curcumin. Polyglycerol esters of fatty acids; flavouring; colour: annatto bixi n, curcumin. Dry white - preservative E223, 65% SULPHUR DIOXIDE (E220). Steak, suede, potato, onion, salt, pepper and EGG.

### **Gluten free steak**

- Flour (deglutinated WHEAT starch, BUTTER powder (MILK), corn starch, rapeseed oil, skimmed MILK powder, sugar, vegetable fibres, glucose syrup, emulsifier: SOYA lecithin, salt, thickener: guar gum, E464, anticaking agent: calcium carbonate, flavour), steak (16%), water, potato, swede, onion, MILK, black pepper, BUTTER (MILK), salt, EGG.

### **Gluten free cheese**

-Flour (deglutinated WHEAT starch, butter powder (MILK), corn starch, rapeseed oil, skimmed MILK powder, sugar, vegetable fibres, glucose syrup,

emulsifiers: SOYA lecithin, salt, thickener: guar gum, E464, anticaking agent: calcium carbonate, flavour), cheddar cheese (MILK) (16%), water, potato, swede, onion, MILK, black pepper, BUTTER (MILK), salt, EGG.

### **Gluten free vegan**

-Flour potato, flour (deglutinated WHEAT starch, corn starch, dextrose, vegetable fibres, sourdough (corn), red teff flour, lentil flour, thickener: guar gum, malt (corn), thickener: E464), water. Potato, swede, onion, black pepper, salt, caster sugar.

### **Saffron loaf**

Currents, Sultanas - Sunflower oil Bako release emulsion - water, rapeseed oil, emulsifier: (polyglycerol polyricinoleate) Egg yellow colour powder - E110 AND E102 Synthetic food colour. (May have effects on activity and attention in children) Mixed fruit peel - orange peel (46%), glucose- fructose syrup, lemon peel (11%). Sugar, preservative: E202, E220 (sulphur dioxide) acidity regulator: E330. Saffronex - hydrogenated dextrose, gum tragacanth, water, saffron, citric acid, sodium benzoate, ponceau carmoisine. Lard - pure unbleached, non-deodorised pork fat. Butter - cream (MILK). Salt. Extra patents flour - wheat flour (wheat flour, calcium, iron, vitamin B3, vitamin B1) Salt, Sugar, Water, Yeast, Egg and milk glaze.

### **Heavy cake/ rock buns**

- DCA or Craig miller scone mix - WHEAT flour (WHEAT flour, calcium carbonate, iron, niacin, thiamin), sugar, vegetable oils (palm, rapeseed), raising agents E450(i) E500), Dextrose, butterMILK, powder, cornflour, SOYA, flour, emulsifiers E471, E481), modified starch, salt. - Extra (yellow) flour (wheat flour, calcium, iron, vitamin B3, vitamin B1) - Caster sugar - Cinnamon - Shortening - vegetable oil (palm oil, palm stearin, rapeseed oil). - Marvella cake margarine - all vegetable cake margarine made with non- hydrogenated oils. - Currents - Sultanas - Skimmed Milk powder - skimmed MILK solids (53%), coconut oil (20%) whey powder (MILK), PALM OIL (3.5%), sugar, (1.0%), MILK proteins, acidity regulator (dipotassium phosphate), emulsifier (mono and di-glycerides of fatty acids), vitamin C, vitamin A, vitamin D. - Water - Eggs for egg wash.

### **Brownie**

1200g dark chocolate - Cocoa mass- sugar- cocoa butter emulsifier: SOY lecithin (E322)- flavouring: natural vanilla. 1200g unsalted butter ( 5 blocks) - Cream (MILK), salt. 18 eggs - EGG. 1650g caster sugar - sugar. 540g plain flour - WHEAT flour (WHEAT flour, calcium, iron, vitamin B3, vitamin B1) May contain SOYA. 210 g cocoa powder - cocoa powder. 600g white choc chunks - callebaut- Ingredients: sugar, whole MILK powder, emulsifier: SOYA lecithin, natural vanilla. 600g milk choc chunks - sugar, whole MILK powder, cocoa butter, cocoa mass, whey powder (MILK), skimmed MILK powder, emulsifier: soya lecithin, natural vanilla flavouring. 600g dark choc chunks - sugar, cocoa mass, cocoa butter, emulsifier: SOYA lecithin, natural vanilla flavouring: May contain: MILK. Unsweetened chocolate.

### **Biscoff cookie bar**

Ex pat flour - WHEAT flour (WHEAT flour, calcium, iron, vitamin B3, vitamin B1) May also contain SOYA. Bicarbonate of soda - sodium bicarbonate E500ii Salt - salt Cornflour - Maize starch. Stork - Vegetable oils in varying proportions (75%) (rapeseed, palm, sunflower), water, salt (1.4%), emulsifier (mono and diglycerides of fatty acids), acid (citric acid), vitamin A and D, flavourings. Stork is committed to certified sustainable palm oil. Sugar - Sugar, molasses. Demerara sugar -sugar EGGS - EGG Vanilla essence - Water, monopropylene glycol, colour (caramel E150a), flavourings. White choc - Belcolade - Sugar, cocoa butter, whole milk powder, emulsifier: SOY lecithin (E322), Flavouring: natural vanilla. Biscoff biscuits - WHEAT flour, sugar, vegetable oils (palm, rapeseed), candy sugar syrup, raising agent (sodium hydrogen carbonate), SOYA flour, salt, cinnamon. Palm oil from sustainable and certified plantations. White choc - callebaut - Sugar, whole MILK powder, cocoa butter, skimmed MILK powder, emulsifier: SOYA lecithin, natural vanilla flavouring. Biscoff spread - Original caramelised biscuits 58% (WHEAT flour, sugar, vegetable oils (palm, rapeseed), candy sugar syrup, raising agent (sodium hydrogen carbonate), SOYA flour, salt, cinnamon), rapeseed oil, sugar emulsifier (SOYA lecithin), acid (citric acid). Palm oil from sustainable and certified plantations.

**Scones** Scone mix DCA - WHEAT flour (WHEAT flour, calcium carbonate, iron, niacin, thiamin), sugar, vegetable oils (palm, rapeseed), raising agents (E450 (i), E500), dextrose, butterMILK powder, cornflour, SOYA flour, emulsifiers (E471, E481), Modified starch, salt. Scone mix Craig miller - WHEAT flour (WHEAT flour; calcium carbonate, niacin, iron, thiamine), sugar, raising agent, diphosphates, sodium carbonates, calcium phosphates, palm fat,

rapeseed oil, pregelatinized starch, dextrose, butterMILK, emulsifier: sodium steamroll-2-lactylate, monoand diglycerides of fatty acids, salt, soy flour, stabiliser: guar gum. Clotted cream Cream: MILK Strawberry jam JAM: sugar, strawberries, gelling agent, pectin and citric acid.

ALLERGEN MATRIX POSTALS														
	CELERY	GLUTEN	CRUSTACEANS	EGG	FISH	LUPIN	MILK	MOLLUSCS	MUSTARD	NUTS	PEANUTS	SESAME	SOYA	SULPHUR DIOXIDE
Steak pasty	MC	YES		YES		MC	MC		MC	MC	MC	MC	MC	YES
Steak and cheese pasty	MC	YES		YES		MC	YES		MC	MC	MC	MC	MC	YES
Mince beef pasty	MC	YES		YES		MC	MC		MC	MC	MC	MC	MC	YES
Chicken pasty	MC	YES		YES		MC	YES		MC	MC	MC	MC	MC	YES
Cheese pasty	MC	YES		YES		MC	YES		MC	MC	MC	MC	MC	YES
Veg/ vegan pasty	MC	YES		MC	MC	MC	MC		MC	MC	MC	MC	MC	YES
Christmas Turkey Pasty	MC	YES/ WHEAT/ BARLEY		YES		MC	YES		MC	MC	MC	MC	MC	YES
Vegan Christmas pasty	MC	YES		MC	MC	MC	MC		MC	MC	MC	MC	MC	YES
Pork pie	MC	YES		MC	MC	MC	YES		MC	MC	MC	MC	YES	MC
Gluten free pasty steak	MC	YES WHEAT STARCH DEGLUTENATED		YES		MC	YES		MC	MC	MC	MC	YES	MC
Gluten free pasty cheese	MC	YES WHEAT STARCH DEGLUTENATED		YES		MC	YES		MC	MC	MC	MC	YES	MC
Gluten free pasty vegan	MC	YES WHEAT STARCH DEGLUTENATED		MC		MC	MC		MC	MC	MC	MC	MC	MC
Choc brownie	MC	YES / WHEAT		YES		MC	YES		MC	MC	MC	MC	YES	MC
Biscoff cookie bar	MC	YES WHEAT AND		YES		MC	YES		MC	MC	MC	MC	YES	MC
Cream tea	MC	YES		MC		MC	YES		MC	MC	MC	MC	YES	MC
Heavy cake	MC	YES		YES		MC	YES		MC	MC	MC	MC	YES	MC
Hot cross buns	MC	YES WHEAT		MC		MC	MC		MC	MC	MC	MC	MC	YES
Rock bun	MC	YES		YES		MC	YES		MC	MC	MC	MC	YES	MC
Scones plain	MC	YES		MC		MC	YES		MC	MC	MC	MC	MC	MC
Saffron bun	MC	YES		MC	MC	MC	YES		MC	MC	MC	MC	MC	MC
Saffron cake	MC	YES		YES		MC	YES		MC	MC	MC	MC	MC	YES

