CBD	Each bottle contains 450mg of pure CBD.
CBG	CBG stands for cannabigerol and like CBD, is one of the naturally-occurring compounds found within the cannabis plant. Preclinical trials suggest that CBG could pose many post exercise benefits for athletes and weekend workout fans alike.
Menthol	One of the active ingredients used in our sports gel is menthol. This compound is derived from the mint plant and gives an instant cooling sensation when applied to the skin.
Camphor	Camphor is well-known for its pain-relieving properties and is absorbed topically through the skin to offer instant relief. Camphor oil is an aromatic botanical which provides various health benefits when applied to the skin – it increases local blood flow and acts as a "counterirritant," which reduces swelling by causing irritation.
Silica	Silica is an important trace mineral that provides strength and flexibility to the connective tissues of your body.
Peppermint Oil	Topical preparations of therapeutic peppermint oil have long been used to relieve irritation and inflammation
Cajeput Oil	Cajeput Oil is produced by steaming the fresh leaves and twigs of the cajeput tree and is similar to tea tree oil in its use for headaches and pain relief
Black Pepper Oil	Many people use black pepper oil for its anti-arthritic and anti-rheumatic properties. It can improve blood circulation and gives relief from stiffness soreness.