WELLINGTON HAMPER WITH RED WINE CONTENTS INGREDIENTS

Otra Tierra, Merlot, 37.5cl

Typical Values	per 100ml:	per 125ml glass:
Energy	317kJ/77kcal	397kJ/96kcal

Allergen Information
Contains Sulphur Dioxide/Sulphites

ABV (%)
13.5

Units
10.1

Cottage Delight, Farmhouse Pork Pâte, 90g

INGREDIENTS: Pork liver (39%), Pork fat (30%), Pork rind (14%), Water, Mustard (5%) (Water, Alcohol vinegar, MUSTARD seeds, Salt, Acid: Citric acid, Flavouring, Preservative: Potassium METABISULPHITE, Turmeric), WHEAT flour, EGGS, Salt, Flavouring, Dextrose, Spices, Herbs, Onion, Garlic.

Nutritional Information: Energy (kJ) 1264 Energy (kcal) 305 Fat 26.0 of which saturates 9.1 Carbohydrates 2.7 of which sugars 0.0 Protein 15.0 Salt 1.8

Wainwright's Choice, Black Waxed Farmhouse Cheddar In Muslin Cloth, 200g

Suitable for vegetarians

Ingredients:Cheddar,(Milk) Salt,Rennet.

Allergy advice: For allergens including cereals see Ingredients in **bold**

Nutritional Information per (100g):

Energy kJ	1700	Carbohydrate	0.1
Energy kcal	410	of which are Sugars	0.1
Fat	34.4	Salt estimated from sodium	1.8
of which are Saturates	21.7		
Protein	25.0		

Store Below 6°C

Simon Weaver, Organic Cotswold Brie, 100g

Simon Weaver
Cotswold Brie

A smooth and creamy brie style cheese with a gentle rounded flavour.
SUITABLE FOR VEGETARIANS
ALLERGY ADVICE: Contains **Cows' Milk.**
STORAGE: Keep Refrigerated and consume within 5 days of opening.
Simon Weaver, Kirkham Farm, Gloucestershire, GL54 2JS
GB-ORG-05 Made with Organic Milk

SOIL ASSOCIATION ORGANIC

Hawkshead Relish Company, Red Onion Marmalade, 120g

INGREDIENTS

- Garlic
- Salt
- Sugar
- Onion
- Spices
- Vinegar

NUTRITIONAL INFORMATION PER 100G

Red Onion (62%), Redcurrant Jelly(Sugar, Redcurrants (3%), Water, Gelling Agent- Pectin), Brown Sugar, Balsamic Vinegar(Acetic Acid, cooked grape must), Raisins, Olive Oil, Garlic, Salt, Gelling Agent-Pectin, Black Pepper, Thyme.

Alcohol Content	0
Shelf Life	30 Months from production
Shelf Life Once Opened	1 month (Refrigerate after opening and use within one month)
Storage Temp - Unopened	Ambient (7°C-30°C)
Storage Temp - Opened	1 - 5°C
Energy	139kcal 584kj
Protein	1
Carbohydrate	29
Sugars	27
Fat	2.1
Saturates	0.2
Salt	0.71

Stockan's, Orkney Oatcakes, 100g

INGREDIENTS
Wholegrain Oats (76%), Vegetable Oil (Sustainable Palm,Rapeseed), Fortified Wheat Flour (Wheat, Calcium Carbonate, Iron, Niacin, Thiamin), Salt, Raising agents (Potassium Bicarbonate, Disodium Diphosphate). For allergens including cereals containing gluten see ingredients in bold. May contain milk nuts and sesame. Suitable for vegetarians.
Nutritional Information Typical values per 100g
Energy 2105kJ/501Kcal, Fat 22.0g of which saturates 8.4g, Carbohydrates 62.4g of which sugars 1.5g, Fibre 8.0g, Protein 10.4g, Salt 1.5g

Filbert's, Chilli & Lime Peanuts, 60g

Ingredients
Roasted **Peanuts** 92%, sugar, lemon zest 1.5%, salt, ginger, chilli 0.7%, cumin, rapeseed oil, acidity regulator: citric acid, lime oil 0.2%.

Allergy Advice
Produced in a factory that also handles other tree **nuts**, **soya**, **celery** and **gluten**.
For allergens please see ingredients in **bold.**

Four Anjels, Double Chocolate Biscuits, 100g

Ingredients:
Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Salted Butter (Butter (Milk), Salt),Chocolate Chips (16%) (Cocoa Mass, Sugar, Cocoa Butter, Fat Reduced Cocoa Powder, Emulsifier (Soya Lecithin) (Cocoa Solids 51.3% Minimum)), Caster Sugar, Dark Chocolate (6 %) (Cocoa Mass, Sugar Emulsifier (Soya Lecithin) Natural Vanilla Flavouring (Cocoa Solids 47.8% Minimum)),Cocoa Powder, Baking Powder (Gluten Free Raising Agent (E450i, E500ii, Rice Flour).

Legal Disclaimer
Made in a factory that uses nuts

Mrs Bridges, Luxury Scottish Strawberry Preserve, 113g

Scottish Strawberry Extra Jam
For allergens, see ingredients in **BOLD**
Once opened store in a cool area and use within 6 weeks.

Ingredients:
Sugar, Strawberries, Gelling Agent: Pectin, Acidity Regulator: Citric Acid. Prepared with 45g of fruit per 100g. Total sugar content 65g per 100g.

Nutrition Information:

Typical Values per 100g	
Energy	1143kJ / 269kcal
Fat	0g
of which saturates	0g
Carbohydrate	66.9g
of which sugars	66.9g
Protein	0.4g
Salt	0g

113g e 4oz

6 37793 01258 5

Mrs Bridges, Arbroath, DD11 3LR, Scotland
www.mrsbridges.co.uk

The Cotswold Gourmet, Luxury Chocolate Cake, 225g

Chocolate Cake with Gold Star 225g

INGREDIENTS: Sugar, liquid whole **EGG**, margarine (vegetable oil (palm, rapeseed), water, salt, natural flavour), fortified **WHEAT** flour (with calcium carbonate, iron, niacin and thiamine), chocolate chips (10%) (sugar, cocoa mass, cocoa butter, emulsifier (**SOYA** lecithin), natural vanilla flavouring), humectant: vegetable glycerine, cocoa powder (cocoa beans, acidity regulator: potassium carbonate), glucose syrup (from **WHEAT**) (contains preservative: **SULPHUR DIOXIDE**), chocolate icing (1%) (sugar, vegetable oil (palm, rapeseed), glucose syrup (preservative: **SULPHUR DIOXIDE**), cocoa powder; water, emulsifier: mono- and diglycerides of fatty acids, **SOYA** lecithin, salt, preservative: potassium sorbate, natural flavouring), water, edible decoration (0.6%) (sugar, glucose syrup, non-hydrogenated palm oil, water, acacia gum, glycerine, mono- and diglycerides of fatty acids, xanthan gum, titanium dioxide, iron oxide, shellac), preservative: potassium sorbate, raising agents: E450, E500, gold dust (titanium dioxide, potassium aluminium silicate, iron oxides).

NUTRITIONAL INFORMATION PER 100g ENERGY 1573kJ/377kcal FAT 17.5g SATURATES 7.2g CARBOHYDRATE 49.4g SUGARS 27.4g PROTEIN 5.6g SALT 0.44g

For allergens including cereals containing gluten see ingredients in **CAPITAL** print. May contain **NUTS** & **MILK**. Store in a cool dry place. Once opened consume within 3 days. Batch: 26521

Hamlet, Chocolate Assortment in Gold Box (Gold Bow), 125g

Ingredienser/ingredients/Aineet/Ingrediënten/Ingredienser/Ingredients/Ingrediente/Ingrediens/Ingredienser/Ingredients/Ingredienser/Ingredients/Ingredienser/Ingredients