

## Ingredients:

Gluten Free **Oat**flakes (39%), Gluten Free **Oat** Flour, Golden Syrup, Rapeseed Oil, Dairy Free Alternative To White Chocolate (7%) (Sugar, Cocoa Butter [36%], Rice Flour, Natural Flavouring, Emulsifier (Sunflower Lecithin).), Sweetened Banana Chips (4%) (Banana, Coconut Oil, Sugar, Natural Flavour), Sugar, Gluten Free Puffed Rice (Rice, Sugar, Salt, Sugarsyrup (Sugar, Invert Sugar Syrup, Molasses), Natural Flavouring, Salt

For allergens, including oats see in **bold**.

One box is 460g

## Nutrition

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	<b>per 100g</b>	<b>per 40g</b>
Energy	2079kJ/496kcal	832kJ/198kcal
Fat	20g	8.1g
of which Saturates	4.3g	1.7g
Carbohydrate	67g	27g
of which Sugars	25g	9.8g
Fibre	6.3g	2.5g
Protein	8.5g	3.4g
Salt	0.25g	0.10g