NOTHS AFTERNOON TEA & SCONES GIFT SET WITH MUFFINS CONTENTS INGREDIENTS

Cuoco, 70% Dark Chocolate Caramel Thins, x 6

INGREDIENTS

Dark Chocolate (Cocoa Mass, Sugar, Fat-reduced Cocoa Powder, Emulsifier: Sunflower Lecithin, Natural Vanilla Flavouring) (44%), Sugar, Salted Butter (**Milk**), Cream (**Milk**), Nibbed Salted Caramel (Sugar, Glucose Syrup, Full Cream Sweetened Condensed **Milk**, Butter (**Milk**), Salt, Emulsifier: Sunflower Lecithin) (6%), Invert Sugar Syrup (White Sugar, Cane Sugar, Water), Glucose Syrup (**Sulphites**), Salt, **Soya** Lecithin.

NUTRITIONAL

Typical Values	Per 100g	Per 16g serving
Energy Kcal	2172kJ/517kcal	348kJ/83kcal
Fat	32g	5.2g
of which saturates	20g	3.2g
Carbohydrates	49g	7.8g
of which sugars	46g	7.4g
Protein	4.4g	0.7g
Salt	0.34g	0.05g

Lizzie's, Double Chocolate Tulip Muffin

NUTRIENTS	per 100g
ENERGY (Kj/Kcal):	1850/442
PROTEIN (g):	5.3
CARBOHYDRATE (g):	52.3
of which SUGARS (g):	25.9
FAT (g):	23
of which SATURATES (g):	4.1
SALT (g):	0.61

Lizzie's, Raspberry Tulip Muffin

NUTRIENTS	per 100g
ENERGY (Kj/Kcal):	1836/438
PROTEIN (g):	4.9
CARBOHYDRATE (g):	56.5
of which SUGARS (g):	30.2
FAT (g):	21
of which SATURATES (g):	4
SALT (g):	0.59

Lizzie's, Blueberry Tulip Muffin

NUTRIENTS	per 100g
ENERGY (Kj/Kcal):	1689/403
PROTEIN (g):	4.8
CARBOHYDRATE (g):	49.3
of which SUGARS (g):	22
FAT (g):	20.4
of which SATURATES (g):	2.6
SALT (g):	0.63

Mrs Bridges, Raspberry Preserve, 250g

Sugar, Raspberries, Gelling Agent: Fruit Pectin, Acidity Regulator: Citric Acid.

Prepared with 45g of fruit per 100g. Total sugar content 65g per 100g.

Per 100g

Energy 1156kJ /272kcal
Fat 0.2g
of which saturates 0g
Carbohydrate 67g
of which sugars 66.7g
Protein 0.6g
Salt 0g

Sultana Scone

	per 100g
Suitable for Vegetarians	
Energy (kcal)	359
Energy (KJ)	1509
Protein (g)	7.3
Carbohydrates (g)	55
Of which sugars (g)	21
Fat (g)	12
Of which saturates (g)	7
Fibre (g)	2.2
Salt (g)	1.1

Vegetarian Alternatives

Ingredients:

Wheat Flour (with Calcium, Iron, Niacin, Thiamin), **Milk**, Butter (**Milk**) (11%), Sultanas (11%), Sugar, **Egg**, Demerara Sugar (5%), Raising Agent(Disodium Diphosphate, Sodium Bicarbonate), Sunflower Oil.

Contains : Gluten, Egg, Milk and Wheat

May contain : Almonds, Hazelnut, Nuts, Pecan Nut and Walnut

The Cotswold Gourmet, Cherry & Almond Slab Cake with Marzipan Star & Dusting, 225g

INGREDIENTS: Sultanas (46%)(sultanas, sunflower oil), flour (**wheat**, calcium, iron, niacin, thiamin), sugar, butter (**milk**), free range **eggs**, whole pitted glace cherries (4%)(cherries, glucose/fructose syrup, anti-oxidant: citric acid, natural colour: anthocyanin, preservatives: **sulphur dioxide**), **almonds (nuts)** (3%), humectant: glucose syrup ((from **wheat**) contain **sulphur dioxide**), water, black treacle (cane **molasses**, **invert sugar syrup**), golden glace cherries (2%) (cherries, **glucose/fructose syrup**, anti-oxidant: citric acid, preservatives: sulphur **dioxide**), **humectant**: vegetable glycerine, dusting powder (dextrose, **cornflour**, **vegetable oil**), edible star decoration (sugar, **almonds (nuts)**, **glucose syrup**, **invert sugar syrup**, preservative: potassium sorbate, **colouring**; **lutein**) liquid glaze (water, glazing agent: dextrin; granulated **sugar**, **glucose syrup**, acidity regulator: citric acid; **preservative: potassium sorbate**), **whey powder (milk)**, baking powder.

ALLERGEN INFORMATION:
For allergens, including cereals containing gluten, see ingredients in bold. May also contain soya.

CAUTION! Although every effort has been made to remove the cherry stones, **some of them may remain.**

Nutritional Information per 100g: **Energy 1387kJ/328kcal, Fat 8.6g of which saturates 3.7g, Carbohydrate 61.6g of which sugars 50.3g, Fibre 1.0g, Protein 4.3g, Salt 0.5g.**

Suitable for Vegetarians.
Store in a cool, dry place away from sunlight. Once opened store in an airtight container.

Rodda's, Cornish Clotted Cream, 40g

Ingredients and allergens

Ingredients:
Cornish cows **MILK**
Contains : Milk

	per 100g
Suitable for Vegetarians	
Energy (kcal)	586
Energy (KJ)	2413
Protein (g)	1.6
Carbohydrates (g)	2.3
Of which sugars (g)	2.3
Fat (g)	63.5
Of which saturates (g)	39.7
Fibre (g)	0
Salt (g)	0.04
Gluten Free Alternatives	

Copperpot, Real English Butter Fudge, 150g

Butter fudge.

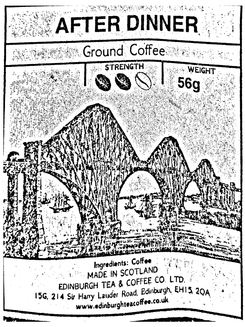
INGREDIENTS: Sugar, Salted Butter 18% (**Milk**, Salt), Sweetened Condensed Milk (**Milk**, Sugar), Glucose Syrup, Golden Syrup, Emulsifier **Soya** Lecithin.
✪ Suitable for vegetarians.

ALLERGY ADVICE: For allergens, see ingredients in **bold**. Gluten-Free. May contain traces of nuts.

STORAGE INSTRUCTIONS: Store in a cool, dry place away from direct sunlight. Once opened, store in an airtight container.

NUTRITION

Typical Values	per 100g
Energy kJ	1924
kcal	458
Fat (g)	17.3
of which saturates (g)	11.1
Carbohydrate (g)	74.9
of which sugars (g)	68.4
Fibre (g)	<0.5
Protein (g)	1.1
Salt (g)	0.40

New English Teas, English Afternoon Tea, 20g

Edinburgh, After Dinner Coffee, 56g