HEDLEY LETTERBOX HAMPER CONTENTS INGREDIENTS

Cotswold Gourmet, Red Onion Relish 42g

Nairn's, Vegan Friendly Oatcakes, 18g

	Per 100g	Per Oatcake
Energy	1993kJ 462kcal	155kJ 36kcal
Fat	19.9g	1.6g
of which saturates	8.6g	0.7g
Carbohydrate	55.0g	4.3g
of which sugars	0.9g	0.1g
Fibre	9.6g	0.7g
Protein	10.9g	0.9g
Salt	1.67g	0.13g

Reference Intake (RI) of an average adult (8400kJ/2000kcal)

Ingredients

Wholegrain **Oats** (88%), Sustainable Palm Fruit Oil, Sea Salt, Raising Agent: Sodium Bicarbonate

The Dormen, Traditional Dry Roast Peanuts, 27g

Peanuts (94%), Dry Roast Seasoning (6%) [Fortified Wheat Flour (Wheat, Calcium Carbonate, Iron, Niacin, Thiamine), Salt, Maltodextrin, Onion Powder, Yeast Extract (Yeast Extract, Salt, Maltodextrin), Anticaking Agents (Tricalcium Phosphate, Silicium Dioxide), Spices (Cinnamon, Turmeric, Celery), Yeast Powder (Yeast Powder, Herbs (Thyme, Oregano), Sunflower Oil, Colour (Paprika Extract), Vegetable Extract], Water, Stabiliser (Sorbitol), Thickener (Gum Acacia)].

Popcorn Shed, Cherry Bakewell Gourmet Popcorn, 24g

Popped Corn, Sugar, Glucose Syrup, Butter (contains **Milk**), Rapeseed Oil, Sour Cherries (3%), Salt, Natural Flavouring. Emulsifier: **Soya** Lecithin. Raising agent: bicarbonate of soda

Walkers, Pure Butter Shortbread Fingers, 40g

Typical Values	Per 100g
Energy kJ	2226 kJ
Energy kcal	533 kcal
Fat	30.3 g
of which saturates	18.9 g
Carbohydrate	58.4 g
of which sugars	16.2 g
Fibre	2.1 g
Protein	5.6 g
Salt	0.70 g

Ingredients

Wheat Flour (**Wheat** Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Butter (**Milk**) (32%), Sugar, Salt

Allergen Information

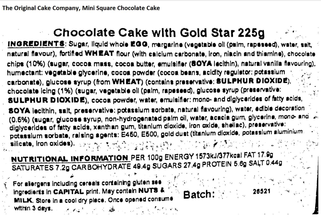
Contains Milk, May Contain Nuts, Contains Wheat

Allergy Information

May also contain Nuts

Cotswold Gourmet, Orange Marmalade, 42g

The Original Cake Company, Mini Square Chocolate Cake



Lindt, Lindor Chocolate Truffles, 37g

Nutritional Information Per 100g:

Energy (kJ)	2587
Energy (Kcal)	623
Fat(g)	47
- of which saturates(g)	35
Carbohydrate(g)	44
- of which sugars(g)	43
Protein(g)	4.9
Salt(g)	0.23

Ingredients: Sugar, Vegetable Fat (Coconut, Palm Kernel), Cocoa Butter, Cocoa Mass, Whole MILK Powder, Skimmed MILK Powder, LACTOSE, Anhydrous MILK Fat, Emulsifier (SOYA Lecithin), BARLEY Malt Extract, Flavourings.

Allergens: May contain HAZELNUTS and other NUTS

Cocoa Solids %: Milk chocolate contains: Cocoa solids: 31% min., Milk solids: 20% min.

Lindt, Lindor Milk Chocolate Bar, 100g

Ingredients

Sugar, Vegetable Fat (Coconut, Palm Kernel), Cocoa Butter, Cocoa Mass, Whole **Milk** Powder, **Lactose**, Skim **Milk** Powder, Anhydrous **Milk** Fat, Emulsifier (**Soya** Lecithin), **Barley** Malt Extract, Flavourings, Milk Chocolate contains: Cocoa Solids: 31% min., Milk Solids: 20% min.

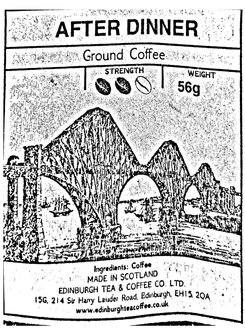
Allergy Information

May contain **Hazelnuts**, **Almonds** and other **Nuts**

English Tea Shop, English Breakfast Organic Tea Bag

Organic Black Tea. Ingredients: Organic black tea (100%).

Edinburgh, Medium Roast Coffee, 56g



Regency Hampers, Branded Corkscrew & Bottle Opener (Free Gift)