GOSFORTH HAMPER WITH PROSECCO CONTENTS INGREDIENTS

Zonin 1821, Prosecco Doc Spumante Special Cuvée, 75cl

Typical Values	per 100ml
Energy kJ	275
Energy kcal	66
Fat (g)	0
of which saturates (g)	0
Carbohydrates (g)	1.35
of which sugars (g)	1.35
Fibre (g)	0
Protein (g)	0
Salt (g)	0

Ingredients

Glera (White Wine, Grape Must), Pinot Bianco (White Wine, Grape Must), Chardonnay (White Wine, Grape Must), Potassium metabisulphite, Sucrose, Yeast Powder, Diammonium, Phosphate, Thiamine Hydrochloride, Citric Acid, Bentonite, Polyvinylpolypyrrolidone

Allergen Information

Sulphur Dioxide/Sulphites - Contains

Dietary Information

Contains added sugars

Wainwright's Choice, Caramelised Red Onion Cheddar Waxed Truckle, 150g

Suitable for vegetarians

Ingredients:Cheddar, (Milk) Salt, Rennet.

Allergy advice: For allergens including cereals see ingredients in **bold**

Nutritional Information per (100g):			
Energy kJ	1700	Carbohydrate	0.1
Energy kcal	410	of which are Sugars	0.1
Fat	34.4	Salt estimated from sodium	1.8
of which are Saturates	21.7		
Protein	25.0		

Store Below 6°C

Wainwright's Choice, Vintage Mature Cheddar Waxed Truckle, 150g

Suitable for vegetarians

Ingredients:Cheddar, (Milk) Salt, Rennet.

Allergy advice: For allergens including cereals see ingredients in **bold**

Nutritional Information per (100g):			
Energy kJ	1700	Carbohydrate	0.1
Energy kcal	410	of which are Sugars	0.1
Fat	34.4	Salt estimated from sodium	1.8
of which are Saturates	21.7		
Protein	25.0		

Store Below 6°C

Claire's Handmade, Red Onion Marmalade, 200g

Ingredients (allergens in **bold**): red onions 71%, onions, sugar, red wine vinegar (**sulphites**), balsamic vinegar of Modena (**sulphites**), salt, acidity regulator: citric acid, spices

Nutrition per 100g

Energy	694kJ/163kcal
Fat (of which saturates 0g),	0.2g
Carbohydrate (of which sugars 31.4g),	37.3g
Fibre	2.6g
Protein	1.9g
Salt	0.8g

Arden's, Cheddar Cheese Twists, 125g

Nutritional Info	Per 100g	Per Twist (Approx 8g)
Energy	2126kJ 509kcal	170kJ 41kcal
Fat of which saturates	27.5g 17.5g	2.2g 1.4g
Carbohydrate of which sugars	50.8g 3.3g	4.1g 0.3g
Fibre	3.2g	0.3g
Protein	13.0g	1.0g
Salt	1.63g	0.13g

Wheat Flour, BUTTER (**Milk**) (28%), CHEDDAR CHEESE (**Milk**) (10%); **Milk**, Salt; Skimmed **Milk** Powder, Salt, Yeast, **Barley** Malt Flour, Sugar.

!**Allergy Advice** For allergens, including cereals containing gluten, see ingredients in **bold**.

Yorkshire Crisps, Natural Sea Salt, 100g

Hand fried in 100% sunflower oil and drizzled with completely natural Sea Salt seasoning.

INGREDIENTS

Potatoes, Sunflower Oil, Sea Salt.

See ingredients in **BOLD**. Suitable for Vegetarians and Vegans.

GF V SUITABLE FOR VEGETARIANS VG VEGAN FRIENDLY

Typical values	Per 100g
Energy	2043kJ / 488kcal
Fat	23.8g
of which saturates	5.4g
Carbohydrate	61.9g
of which sugars	0.3g
Protein	6.5g
Salt	1g

Four Anjels, Double Chocolate Biscuits, 150g

Ingredients:
Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Salted Butter (Butter (Milk), Salt),Chocolate Chips (16%) (Cocoa Mass, Sugar, Cocoa Butter, Fat Reduced Cocoa Powder, Emulsifier (Soya Lecithin) (Cocoa Solids 51.3% Minimum)), Caster Sugar, Dark Chocolate (6 %) (Cocoa Mass, Sugar Emulsifier (Soya Lecithin) Natural Vanilla Flavouring (Cocoa Solids 47.8% Minimum)),Cocoa Powder, Baking Powder (Gluten Free Raising Agent (E450i, E500ii, Rice Flour).

Legal Disclaimer
Made in a factory that uses nuts

The Cotswold Gourmet, Cherry & Almond Slab Cake with Marzipan Star & Dusting, 225g

INGREDIENTS: Sultanas (46%)(sultanas, sunflower oil), flour (**wheat**, calcium, iron, niacin, thiamin), sugar, butter (**milk**), free range **eggs**, whole pitted glace cherries (4%)(cherries, glucose/fructose syrup, anti-oxidant: citric acid, natural colour: anthocyanin, preservatives: **sulphur dioxide**), **almonds (nuts)**(3%), humectant: glucose syrup ((from **wheat**) contain **sulphur dioxide**), water, black treacle (cane molasses, invert sugar syrup), golden glace cherries (2%) (cherries, glucose/fructose syrup, anti-oxidant: citric acid, preservatives: sulphur dioxide), humectant: vegetable glycerine, dusting powder (dextrose, cornflour, vegetable oil), edible star decoration (sugar, **almonds (nuts)**, glucose syrup, invert sugar syrup, preservative: potassium sorbate, colouring; lutein) liquid glaze (water, glazing agent: dextrin; granulated sugar, glucose syrup, acidity regulator: citric acid; preservative: potassium sorbate), whey powder (**milk**), baking powder.

ALLERGEN INFORMATION:
For allergens, including cereals containing gluten, see ingredients in bold. May also contain soya.

CAUTION! Although every effort has been made to remove the cherry stones, some of them may remain.

Nutritional Information per 100g: Energy 1387kJ/328kcal, Fat 8.6g of which saturates 3.7g, Carbohydrate 61.6g of which sugars 50.3g, Fibre 1.0g, Protein 4.3g, Salt 0.5g.

Suitable for Vegetarians.
Store in a cool, dry place away from sunlight. Once opened store in an airtight container.

The Cotswold Gourmet, Steamed Lemon Pudding, 350g

280g

Steamed Lemon Pudding

INGREDIENTS: Fortified wheat flour (**WHEAT**, calcium carbonate, iron, niacin, thiamine), sugar, liquid whole **EGG**, rapeseed oil, water, lemon curd (9%) (sugar, water, glucose syrup, concentrated lemon juice, margarine (fat blend (palm, palm stearine, coconut oil, rapeseed oil), water, lemon juice), **EGG** powder, **WHEAT** starch, modified **WHEAT** starch, gelling agent (pectin), sicilian lemon oil, acidity regulators (citric acid, trisodium citrate), colours (lutein, curcumin)), humectant (vegetable glycerine), maize starch, **WHEY** powder (**MILK**), lemon flavouring (<1%), preservative (potassium sorbate), raising agents (diphosphates, sodium bicarbonates), **WHEAT** gluten, salt, emulsifiers (propylene glycol esters of fatty acids, mono- and diglycerides of fatty acids, polyglycerol esters of fatty acids).

ALLERGEN INFORMATION: For allergens, including cereals containing gluten, see ingredients in CAPITAL. May also contain SOYA and NUTS

NUTRITIONAL INFORMATION PER 100g ENERGY 1723kJ / 412kcal FAT 7.9g SATURATES 1.6g CARBOHYDRATE 54.4g SUGARS 42.8g PROTEIN 4.1g SALT 0.42g

PREPARATION GUIDELINES: Remove foil and label. Loosen lid.

TO MICROWAVE: Cook on full power for 90 seconds (time based on a 800W output. If different refer to manufacturers handbook).

TO STEAM: Place in a steamer or boil in a saucepan filled to half depth of the pudding with water. Cook for 20 minutes. Do not boil dry.

SERVING: Once cooked invert basin onto a plate and allow to stand for 30 seconds.

CAUTION: Pudding may be hot. Store in a cool, dry place.

BATCH: 31520

Lindt, Lindor Assorted Swiss Chocolate Truffles, 200g

Nutritional Information Per 100g:

Energy (kJ)	2614
Energy (Kcal)	630
Fat(g)	49
- of which saturates(g)	36
Carbohydrate(g)	41
- of which sugars(g)	40
Protein(g)	4.7
Salt(g)	0.17

Ingredients: Sugar, Vegetable Fat (Coconut, Palm Kernel), Cocoa Butter, Cocoa Mass, Whole MILK Powder, LACTOSE, Skimmed MILK Powder, Anhydrous MILK Fat, HAZELNUTS, Emulsifier (SOYA Lecithin), BARLEY Malt Extract, Flavourings, Vanilla Beans.

Allergens: May contain other NUTS

Cocoa Solids %: Milk chocolate contains: Cocoa solids: 31% min., Milk solids: 20% min. Extra Dark chocolate contains: Cocoa solids: 60% min.

Copperpot, Real English Butter Fudge, 150g

Butter fudge.

INGREDIENTS: Sugar, Salted Butter 18% (**Milk**, Salt), Sweetened Condensed Milk (**Milk**, Sugar), Glucose Syrup, Golden Syrup, Emulsifier **Soya** Lecithin.
✪ Suitable for vegetarians.

ALLERGY ADVICE: For allergens, see ingredients in **bold**. Gluten-Free. May contain traces of nuts.

STORAGE INSTRUCTIONS: Store in a cool, dry place away from direct sunlight. Once opened, store in an airtight container.

NUTRITION

Typical Values	per 100g
Energy kJ	1924
kcal	458
Fat (g)	17.3
of which saturates (g)	11.1
Carbohydrate (g)	74.9
of which sugars (g)	68.4
Fibre (g)	<0.5
Protein (g)	1.1
Salt (g)	0.40