ALL INFORMATION INCLUDED BELOW IS CORRECT AS AT THE TIME THAT OUR BROCHURE WENT TO PRESS BUT PLEASE BE AWARE THAT IN THE EVENT THAT A SUBSTITUTION IS MADE, THIS NUTRITIONAL AND ALLERGEN SUMMARY MAY NOT REFLECT THE TRUE CONTENTS OF THE GIFT.

IF YOU HAVE ANY CONCERNS IN
RELATION TO ALLERGENS OR ANY OTHER DIETARY
REQUIREMENTS, PLEASE CONTACT US PRIOR TO
PURCHASE.

Name of Product	Brown Bag Crisps Oak Smoked Chilli 150g
Manufacturer's Name and Address	Burts Chips Ltd are the manufacture - but Ben and Bills are responsible for the particulars on the bag, The Klamp House, Belliver Way, Roborough, Devon, United Kingdom, PL6 7BP
Supplier Name and Address	Brown Bag Crisps (t/a Ben & Bills Limited), Terminal House, Station Approach, Shepperton, United Kingdom, TW17 8AS
Ingredients	Potatoes, rapeseed oil, seasoning (8%) (oak smoked sugar, sea salt, sugar, garlic powder, rice flour, onion powder, cumin, tomato powder, chilli, Scotch Bonnet chilli, oak smoked salt, yeast extract powder, natural flavourings, acid: citric acid, paprika extract)

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Ambient
Instructions for use	Open and enjoy!
Alcoholic Strength	0

Energy (kj)	2078	Energy (kcal)	497	Salt	1.9
Fat	26.8	of which saturates	2.3		
Carbohydrate	58.9	of which sugars	3.4		
Fibre	2.5	Protein	5.2		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Duerrs Strawberry Jam 454g
Manufacturer's Name and Address	F. Duerr & Sons Limited, Floats Road, Roundthorn Industrial Estate,
	Wythenshawe, Manchester, United Kingdom, M23 9DR
Supplier Name and Address	F Duerr and Sons Limited, Dallimore House, Dallimore Road, Roundthorn Industrial
	Estate, Wythenshawe, Manchester, United Kingdom, M23 9NX
Ingredients	Glucose-Fructose Syrup, Strawberries, Sugar, Gelling Agent: Pectins; Acidity
	Regulators: Sodium Citrates, Citric Acid.
	Prepared with 35g of fruit per 100g. Total sugar content 64g per 100g.

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place. Once opened, keep refrigerated and consume within 6 weeks.
Instructions for use	Ready to eat
Alcoholic Strength	0

Energy (kj)	1105	Energy (kcal)	260	Salt	0.23
Fat	0.1	of which saturates	0.0		
Carbohydrate	64.6	of which sugars	57.7		
Fibre	0.7	Protein	0.2		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Grandma Wild's 4 Luxury Mince Pies
Manufacturer's Name and Address	Grandma Wilds, The Bakery, Millennium Business park The Bakery, Millennium Business park Station road, Steeton, BD20 6RB
Supplier Name and Address	Grandma Wild's, The Bakery, Millennium Business park The Bakery, Millennium Business park Station road, Steeton, BD20 6RB
Ingredients	Ingredients: Brandy Mincemeat (52%) [Sugar, Vine Fruits (32%) (Sunflower Oil), Apple Puree, Brandy (3.5%), Candied Mixed Peel (Orange Peel, Glucose-Fructose Syrup, Sugar, Lemon Peel, Acidity Regulator: Citric Acid), Vegetable Suet (Palm Oil, Rice Flour, Sunflower Oil), Humectant: Vegetable Glycerine, Glucose Syrup, Apricot Puree (Apricot, Sugar), Water, Modified Maize Starch, Acidity Regulator: Acetic Acid, Gelling Agent: Pectin, Ginger Pulp (Ginger, Sugar), Cinnamon Cassia, Allspice, Orange Oil], WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Vegetable Oil (Palm, Rapeseed, Water, Salt, Natural Flavouring), Vegetable Oil: Palm, Rapeseed, Sugar, Maize Starch, Invert Sugar Syrup.

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Eggs Milk Mustard Tree Nuts Peanuts Sesame Soybeans
Country of Origin	Uk
Storage Instructions	Storage Conditions: Store in a cool dry place avoiding direct sunlight. Once opened, keep in an
	airtight container and consume within 30 days.
Instructions for use	N/A
Alcoholic Strength	0

Energy (kj)	1585	Energy (kcal)	377	Salt	0.14
Fat	14	of which saturates	5.7		
Carbohydrate	58	of which sugars	31		
Fibre	1.3	Protein	2.8		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	No	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Hamlet Excelcium Chocolate Assortment (Gold) 180g
Manufacturer's Name and Address	Hamlet nv, Kerkstraat 77, 77 KERKSTRAAT, BE-9120, VRASENE, Belgium
Supplier Name and Address	Creme d'Or Ltd, WEEL ROAD, TICKTON, BEVERLEY, East Yorkshire, United Kingdom, HU17 9RY
Ingredients	Assorted chocolates - Ingredients: sugar, WHEAT starch, SOY flour, glucose syrup, cocoa butter, vegetables oils (palm, SOY) in varying proportions, glucose-fructose syrup, cocoa mass, whole MILK powder, dextrose, MILK sugar, PEANUTS 1.8%,

cocoa butter, vegetables oils (palm, SOY) in varying proportions, glucose-fructose syrup, cocoa mass, whole MILK powder, dextrose, MILK sugar, PEANUTS 1.8%, HAZELNUTS (NUTS) 0.6%, emulsifier: sunflower lecithin, humectant: invertase, rice flour, caramel sugar syrup, flavourings: orange, vanillin, apricot, amaretto, toffee, vanilla, HAZELNUT (NUTS) and cream (MILK), orange peel 0.2%, acid: citric acid, salt, whey powder (MILK). Cocoa solids: chocolate: min. 35%, MILK chocolate: min. 25%, MILK solids: MILK chocolate: min.14%

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	Yes	Sesame	No
Soybeans	Yes	Sulphites/Sulphur Dioxide	No		

May contain statements	Sesame Egg
Country of Origin	Germany
Storage Instructions	Store in a cool dry place
Instructions for use	N/a
Alcoholic Strength	0

Energy (kj)	1977	Energy (kcal)	473	Salt	0.08
Fat	20	of which saturates	11		
Carbohydrate	64	of which sugars	48		
Fibre	2.1	Protein	5.6		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Baxters Favourites Cream of Tomato Soup 400g
Manufacturer's Name and Address	Baxter's Food Group, Fochabers, Inverness, Scotland UK, IV32 7LD
Supplier Name and Address	Petty Wood, Livingston Road, Andover, Hampshire, United Kingdom, SP10 5NS
Ingredients	Ingredients: Tomatoes (56%), Water, Sugar, Whole MILK, Modified Maize Starch, WHEAT Flour: (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil, Butter (MILK), Double Cream (MILK)(1%), Skimmed MILK Powder, Salt, Potato Starch, Acidity Regulator: Citric Acid, Onion Powder, White Pepper. (Contains SULPHITES)

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	Yes		

May contain statements	
Country of Origin	Scotland UK
Storage Instructions	Once opened, store in Fridge in a sealed container consume within 2 days
Instructions for use	Heat gently for 2-3 minutes, do not boil
Alcoholic Strength	0

Energy (kj)	271	Energy (kcal)	65	Salt	0.67
Fat	2.7	of which saturates	1.1		
Carbohydrate	9	of which sugars	5.8		
Fibre	0.2	Protein	1		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Epicure Italian Chopped Tomatoes 400g		
Manufacturer's Name and Address	Conserve Italia Soc. Coop.agricola, via P.Poggi, 11, S.Lazzaro di Savena (BO),		
	S.Lazzaro di Savena (BO), Italy, 40068		
Supplier Name and Address	Petty Wood, Livingston Road, Andover, Hampshire, SP10 5NS		
Ingredients	Ingredients: Tomatoes (65%), Tomato Juice (35%), Acidity regulator: Citric acid		

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Italy
Storage Instructions	Once opened, transfer to non-metallic container, refrigerate & use within 2 days.
Instructions for use	Use with pasta or in casseroles
Alcoholic Strength	0

Energy (kj)	114	Energy (kcal)	27	Salt	0.01
Fat	0.2	of which saturates	0.1		
Carbohydrate	4.4	of which sugars	3.4		
Fibre	0.8	Protein	1.1		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Epicure Mandarin Orange Segments in Juice 298g		
Manufacturer's Name and Address	Ahi Guven Donmus Gida Konserve Imalat Ambalaj Sanayi Ticaret A.S., Umiteli Koyu,		
	Balikesir, Susurluk, Turkey, 10600		
Supplier Name and Address	Petty Wood, Livingston Road, Andover, Hampshire, SP10 5NS		
Ingredients	Ingredient Percentage Mandarin Segments 58.54% Mandarin Juice 41.41%		
	Citric Acid 0.05%		

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Turkey
Storage Instructions	Once opened , store in Fridge in a sealed container consume within 2 days
Instructions for use	Ready to use
Alcoholic Strength	0

Energy (kj)	154	Energy (kcal)	37	Salt	0.015
Fat	0.5	of which saturates	0.1		
Carbohydrate	9.54	of which sugars	8.87		
Fibre	0.8	Protein	0.6		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Rummo Conchiglie Rigate No 42 500g
Manufacturer's Name and Address	Rummo S.p.A, Via Dei Grandi Maestri Pastai, 1, Italy, 82100
Supplier Name and Address	Petty Wood & Company Limited, Livingstone Road, Walworth Business Park,
	Andover, Hampshire, United Kingdom, SP10 5NS
Ingredients	Durum WHEAT Semolina

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Soybeans
Country of Origin	United Kingdom
Storage Instructions	Ambient
Instructions for use	N/A
Alcoholic Strength	0

Energy (kj)	1510	Energy (kcal)	356	Salt	0.005
Fat	1.6	of which saturates	0.3		
Carbohydrate	69.5	of which sugars	3.1		
Fibre	2.9	Protein	14.5		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	New English Teas English Classics English Breakfast Tea - 25 Teabags 50g
Manufacturer's Name and Address	New English Teas, 6 Spitfire Close, Coventry, United Kingdom, CV56UR
Supplier Name and Address	New English Teas Limited, 6 Spitfire Close, Coventry, United Kingdom, CV56UR
Ingredients	100% Black tea

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	India
Storage Instructions	Ambient - in a cool, dry location
Instructions for use	Boil kettle of water, steep for 2-3 mins, add milk and sugar to taste
Alcoholic Strength	0

Energy (kj)	0	Energy (kcal)	0	Salt	0
Fat	0	of which saturates	0		
Carbohydrate	0	of which sugars	0		
Fibre	0	Protein	0		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers/coeliac	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Arran Fine Foods Tomato & Red Pepper Chutney 185g
Manufacturer's Name and Address	Paterson Arran Ltd, The Old Mill, Lamlash, North Ayrshire, Scotland, KA27 8AR
Supplier Name and Address	Paterson Arran Ltd, The Old Mill, Lamlash, North Ayrshire, Scotland, KA27 8AR
Ingredients	Re-hydrated Onions, Sugar, Tomatoes (15%), Spirit Vinegar, Re-hydrated Red Peppers (13%), Tomato Paste (5%), Gherkins (Gherkins, Salt, Acetic Acid), Chargrilled Tomato Paste, Sea Salt, Thickening Agent (Modified Maize Starch), MUSTARD Seeds, Onion, Garlic, Preservative (Potassium Sorbate), Cayenne Pepper

Celery	No	Cereals containing gluten namely wheat	No	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	No	Molluscs	No	Mustard	Yes
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	
Country of Origin	Scotland
Storage Instructions	Store in a cool dry place.
Instructions for use	Ready to eat product.
Alcoholic Strength	0

Energy (kj)	491	Energy (kcal)	116	Salt	0.2
Fat	0	of which saturates	0		
Carbohydrate	26	of which sugars	22		
Fibre	1.4	Protein	1.4		

Suitable for vegetarians	Yes	Suitable for vegans	Yes
Suitable for gluten allergy sufferers	Yes	Suitable for wheat allergy sufferers	Yes
Suitable for dairy allergy sufferers	Yes	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	Yes	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Paterson's Shortbread Fingers in Cello Pack 150g
Manufacturer's Name and Address	Paterson Arran Ltd. (part of BBCo), The Royal Burgh Bakery, Livingston, West Lothian, Scotland, EH54 5DN
Supplier Name and Address	Paterson Arran Ltd. (part of Burtons Biscuits Company), The Royal Burgh Bakery, Livingston, West Lothian, EH54 5DN
Ingredients	WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Rapeseed Oil, Sugar, Butter (MILK), Salt, Natural Flavouring.

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	No	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	No	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Tree Nuts
Country of Origin	United Kingdom
Storage Instructions	Store in a cool, dry place and, once opened, in and airtight container.
Instructions for use	ready to eat
Alcoholic Strength	0

Energy (kj)	2094	Energy (kcal)	500	Salt	0.78
Fat	24.5	of which saturates	2.9		
Carbohydrate	62.5	of which sugars	18.1		
Fibre	0	Protein	6.4		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	Yes
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	Yes
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		

Name of Product	Maxwell & Franks Iced Bar with Gold Star 350g
Manufacturer's Name and Address	Maxwell & Franks Ltd, Crusader Park, 4 Centurion Way, Warminster, Wiltshire,
	United Kingdom, BA12 8BT
Supplier Name and Address	Maxwell & Franks Ltd, Crusader Park, 4 Centurion Way, Warminster, Wiltshire,
	United Kingdom, BA12 8BT
Ingredients	Sultanas (37%) (Sultanas, Sunflower Oil), Icing (11%) [Icing Sugar, Marshmallow

(Glucose Syrup, Sugar, Water, Maize Starch, Dried EGG White, Modified Starch, Stabiliser: Diphosphates, Acetic Acid, Flavouring), Margarine (Vegetable Oils (Palm, Rapeseed), Salt, Citric Acid), Glucose Syrup, Vegetable Glycerine], Marzipan (11%) (Sugar, ALMONDS (NUTS), Glucose Syrup, Water, Invert Sugar Syrup, Humectant: Sorbitol, Preservative: Potassium Sorbate), Flour (WHEAT Flour, Calcium Carbonate, Niacin, Iron, Thiamin), Whole EGG, Margarine (Vegetable Oils (Palm, Rapeseed), Salt, Citric Acid), Dark Brown Sugar (Sugar, Cane Molasses), Vegetable Glycerine, Glacé Cherries (Cherries, Glucose-Fructose Syrup, Sugar, Acidity Regulator: Citric Acid, Preservative: Potassium Sorbate, Colour: Erythrosine), Black Treacle (Cane Molasses, Invert Sugar Syrup), Glucose Syrup, Mixed Peel (Orange Peel, Glucose-Fructose Syrup, Lemon Peel, Sugar, Preservative: Potassium Sorbate, Acidity Regulator: Citric Acid), White Fondant Icing (Sugar, Glucose Syrup, Water), Apricot Jam [Glucose Syrup, Sugar, Concentrated Apricot Puree, Water, Gelling Agent: Pectin, Acidity Regulators (Citric Acid, Trisodium Citrate), Natural Flavouring, Colour: Algal Carotenes, Preservative: Potassium Sorbate], Whey Powder (MILK), Sugar Decoration [Sugar, Glucose Syrup, Palm Oil, Added Water, Emulsifier: Acacia Gum, Humectant: Glycerine, Emulsifiers: Mono-and Diglycerides of Fatty Acids, Stabiliser: Xanthan Gum, Colours (Titanium Dioxide, Iron Oxide), Glaze: Shellac], Raising Agent (Diphosphates, Sodium Carbonates, Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin)), Flavouring, Stabiliser: Xanthan Gum.

Containing Allergens

Celery	No	Cereals containing gluten namely wheat	Yes	Crustaceans	No
Eggs	Yes	Fish	No	Lupin	No
Milk	Yes	Molluscs	No	Mustard	No
Tree Nuts	Yes	Peanuts	No	Sesame	No
Soybeans	No	Sulphites/Sulphur Dioxide	No		

May contain statements	Soybeans Sulphites/Sulphur Dioxide
Country of Origin	United Kingdom
Storage Instructions	Store in a cool dry place
Instructions for use	open and enjoy
Alcoholic Strength	0

Energy (kj)	1573	Energy (kcal)	373	Salt	0.1
Fat	8.2	of which saturates	2.6		
Carbohydrate	70	of which sugars	47		
Fibre	1.4	Protein	4		

Suitable for vegetarians	Yes	Suitable for vegans	No
Suitable for gluten allergy sufferers/coeliac	No	Suitable for wheat allergy sufferers	No
Suitable for dairy allergy sufferers	No	Suitable for soya allergy sufferers	No
Suitable for nut allergy sufferers	No	Suitable for egg allergy sufferers	No
Free from alcohol	Yes	Free from artificial colours	Yes
Free from artificial flavours	Yes		