



Tan Rosie Product Ingredient List

Product Name: Jerk Rub

Ingredients: Dried Onions, Black Pepper, Brown Sugar, Allspice, Chilli Flakes, Salt, Ground Ginger, Garlic, Dried Thyme, Dried Oregano, Dried Cloves, Dried Bay Leaf, Ground Nutmeg, Ground Cinnamon

Nutritional Information:

Nutrition	Per 100g	Per 20g	Unit
Energy	1366	273	(kJ)
Energy	325	65	(kcal)
Fat	3.5	0.7	g
Saturates	1	0.2	g
Carbohydrate	55	11	g
Sugars	33	6.6	g
Protein	8.4	1.7	g
Salt	5.8	1.2	g

