# ARUNDEL HAMPER WITH RED & WHITE WINE CONTENTS INGREDIENTS

Otra Tierra, Merlot, 37.5cl

| Typical Values | per 100ml: | per 125ml glass: |
|---|---|---|
| Energy | 317kJ/77kcal | 397kJ/96kcal |

**Allergen Information**
Contains Sulphur Dioxide/Sulphites

**ABV (%)**
13.5

**Units**
10.1

Otra Tierra, Sauvignon Blanc, 37.5cl

| | |
|---|---|
| Allergen Information | Contains: Sulphites |
| Country of origin | Chile |
| Alcohol Content | 12 Percent by Volume |

Cottage Delight, Farmhouse Pork Pâte, 90g

INGREDIENTS: Pork liver (39%), Pork fat (30%), Pork rind (14%), Water, Mustard (5%) (Water, Alcohol vinegar, MUSTARD seeds, Salt, Acid: Citric acid, Flavouring, Preservative: Potassium METABISULPHITE, Turmeric), WHEAT flour, EGGS, Salt, Flavouring, Dextrose, Spices, Herbs, Onion, Garlic.

Nutritional Information: Energy (kJ) 1264 Energy (kcal) 305 Fat 26.0 of which saturates 9.1 Carbohydrates 2.7 of which sugars 0.0 Protein 15.0 Salt 1.8

Wainwright's Choice, Vintage Mature Cheddar Waxed Truckle, 150g

*Suitable for vegetarians*

Ingredients:Cheddar, **(Milk)** Salt, Rennet.

Allergy advice: For allergens including cereals see ingredients in **bold**

Nutritional Information per (100g):

| | | | |
|---|---|---|---|
| Energy kJ | 1700 | Carbohydrate | 0.1 |
| Energy kcal | 410 | of which are Sugars | 0.1 |
| Fat | 34.4 | Salt estimated from sodium | 1.8 |
| of which are Saturates | 21.7 | | |
| Protein | 25.0 | | |

Store Below 6°C

Simon Weaver, Organic Cotswold Brie, 100g

**Simon Weaver**
**Cotswold Brie**
A smooth and creamy brie style cheese with a gentle rounded flavour.
SUITABLE FOR VEGETARIANS
ALLERGY ADVICE: Contains **Cows' Milk.**
STORAGE: Keep Refrigerated and consume within 5 days of opening.
Simon Weaver, Kirkham Farm, Gloucestershire, GL54 2JS
GB-ORG-05 Made with Organic Milk.
SOIL ASSOCIATION ORGANIC

Cottage Delight, Caramelised Onion Chutney, 105g

Ingredients Onion (51%), Sugar, Balsamic vinegar (Wine vinegar, Grape must, Colour: SULPHITE ammonia caramel, Preservative: SULPHUR DIOXIDE), Muscovado sugar, Sunflower oil, Spices, Concentrated lemon juice, Garlic powder, Acidity regulator: Citric acid, Salt.
Pop in the fridge after opening.
▶Suitable for vegetarians ▶Suitable for vegans
Gluten Free

| Nutrition Typical values | per 100g |
|---|---|
| Energy | 1122kJ/264kcal |
| Fat | 1.4g |
| of which saturates | 0.2g |
| Carbohydrate | 60.9g |
| of which sugars | 58.4g |
| Protein | 1.2g |
| Salt | 0.3g |

Grate Britain, All-British Cheddar Crackers, 45g

| | |
|---|---|
| Allergen Advice | For allergens see ingredients in **bold**. **Not suitable for nut allergy sufferers.** |
| Cracker Type | Savoury |
| Ingredients | **Wheat flour**, Wookey Hole Cheddar (with colour: Anatto) (34%) (**cheese**, **milk**), Palm / Rapeseed oils, Autolysed yeast, Sea Salt, Raising agent (sodium bicarbonate), **Mustard Powder**, Black Pepper |
| Nutritional Info (per 100g) | Energy 1924kJ, 458kcal \| Fat 16.8g of which saturates 9g \| Carbohydrate 55.7g of which sugars 1.2g \| Protein 19.8g \| Salt 4.3g |

Four Anjels, Cotswold Luxury Shortbread, 100g

**Ingredients:** Wheat Flour (Wheat Flour, Calcium Carbonate, Iron, Niacin, Thiamine), Salted Butter (Milk)(31%), Caster Sugar, Rice Flour, Corn flour (Maize Starch).
**Allergy Advice:** Allergens see ingredients in bold. Produced in a factory that handles Nuts, Egg, Sesame and Soya.
**Storage**
Store in a cool dry place out of direct sunlight. Consume immediately after opening.

| NUTRITIONAL | Typical value per 100g |
|---|---|
| Energy kJ/kcal | 1990/476 |
| Fat (g) | 25.6 |
| Of which saturates (g) | 16.8 |
| Carbohydrate (g) | 57.7 |
| Of which Sugars (g) | 17.9 |
| Protein (g) | 5.1 |
| Salt (g) | 0.5 |

Cottage Delight, Strawberry Extra Jam, 113g

INGREDIENTS: Strawberries, Sugar, Gelling agent: Fruit pectin, Acidity regulator: Citric acid, Concentrated lemon juice.
Prepared with 56g of fruit per 100g. Total sugar content 65g per 100g.

Nutrition Typical values Per 100g Energy 1040kJ /245kcal Fat 0.1g of which saturates 0.0g Carbohydrates 60.5g of which sugars 60.5g Protein 0.5g Salt 0.0g

The Cotswold Gourmet, Cherry & Almond Slab Cake with Marzipan Star & Dusting, 400g

**INGREDIENTS:** Sultanas (46%)(sultanas, sunflower oil), flour (**wheat**, calcium, iron, niacin, thiamin), sugar, butter (**milk**), free range **eggs**, whole pitted glace cherries (4%)(cherries, glucose/fructose syrup, anti-oxidant: citric acid, natural colour: anthocyanin, preservatives: **sulphur dioxide**), **almonds (nuts)**(3%), humectant: glucose syrup ((from **wheat**) contain **sulphur dioxide**), water, black treacle (cane molasses, invert sugar syrup), golden glace cherries (2%) (cherries, glucose/fructose syrup, anti-oxidant: citric acid, preservatives: sulphur dioxide), humectant: vegetable glycerine, dusting powder (dextrose, cornflour, vegetable oil), edible star decoration (sugar, **almonds (nuts)**, glucose syrup, invert sugar syrup, preservative: potassium sorbate, colouring; lutein) liquid glaze (water, glazing agent: dextrin; granulated sugar, glucose syrup, acidity regulator: citric acid; preservative: potassium sorbate), whey powder (**milk**), baking powder.

**ALLERGEN INFORMATION:**
For allergens, including cereals containing gluten, see ingredients in bold. May also contain soya.

**CAUTION!** Although every effort has been made to remove the cherry stones, some of them may remain.

Nutritional Information per 100g: Energy 1387kJ/328kcal, Fat 8.6g of which saturates 3.7g, Carbohydrate 61.6g of which sugars 50.3g, Fibre 1.0g, Protein 4.3g, Salt 0.5g.

Suitable for Vegetarians.
Store in a cool, dry place away from sunlight. Once opened store in an airtight container.

Lindt, Lindor Chocolate Truffles, 37g

Nutritional Information Per 100g:

| | |
|---|---|
| Energy (kJ) | 2587 |
| Energy (Kcal) | 623 |
| Fat(g) | 47 |
| - of which saturates(g) | 35 |
| Carbohydrate(g) | 44 |
| - of which sugars(g) | 43 |
| Protein(g) | 4.9 |
| Salt(g) | 0.23 |

Ingredients: Sugar, Vegetable Fat (Coconut, Palm Kernel), Cocoa Butter, Cocoa Mass, Whole MILK Powder, Skimmed MILK Powder, LACTOSE, Anhydrous MILK Fat, Emulsifier (SOYA Lecithin), BARLEY Malt Extract, Flavourings.

Allergens: May contain HAZELNUTS and other NUTS

Cocoa Solids %: Milk chocolate contains: Cocoa solids: 31% min., Milk solids: 20% min.