

## Allergen Disclaimer for Vegan Hamper HAMV02

Name of Product	Stem Ginger Savoury Biscuits
Ingredients	<p><b>Oatmeal (Oats)</b>, Water, <b>Wheat Flour (Wheat)</b> fortified with calcium carbonate, iron, niacin, and thiamine), Stem Ginger in sugar syrup (stem ginger, sugar, water), vegetable oil (<b>Soya</b> Bean Oil and sunflower oil in various proportions (<b>Soya</b>), Yorkshire Rapeseed Oil, ground ginger 1.04%, Sodium Bicarbonate, Salt</p> <p>Allergen ingredients in <b>BOLD</b></p>

### Nutrition Labelling- Typical value Per 100g/100ml

Energy (kj)	1535kj	Energy (kcal)	366kcal	Salt	0.5g
Fat	16g	of which saturates	1.5g		
Carbohydrate	49g	of which sugars	7.0g		
Fibre		Protein	6.3g		

Name of Product	Traditional Oat Flap jack
Ingredients	<p><b>Rolled Oats (43.4%)</b> Partially Inverted Syrup, Margarine (Vegetable Oil (palm and rapeseed in various proportions (RSPO SOURCED), Water, Salt, Emulsifier (Polyglycerol esters of fatty acids), Colours (Curcumin, Annatto), Flavouring, Demerara sugar, Butter flavour, (Preservative, <b>Sulphur dioxide</b>, <b>Sulphites</b>).</p> <p>Allergens shown in <b>BOLD</b></p>

### Nutrition Labelling- Typical value Per 100g/100ml

Energy (kj)	1842kj	Energy (kcal)	439kcal	Salt	0.4g
Fat	20.2g	of which saturates	6.5g		
Carbohydrate	61.1g	of which sugars	34.2g		
Fibre		Protein	5.2g		

Name of Product	Ginger Parkin Flapjack
Ingredients	<p><b>Oatmeal</b> (6.23%), <b>Rolled Oats</b> 37.4%), Partially Inverted Syrup, Black treacle (1.87%), Ginger (0.75%), Brown Sugar, Margarine (vegetable oil, (Palm and rapeseed oil in various proportions RSPO SOURCED), Water, Salt Emulsifier (Polyglycerol esters of fatty acids), Colours (Curcumin), (Annatto), Flavourings), Demerara sugar.</p> <p>Allergens shown in <b>BOLD</b></p>

**Nutrition Labelling- Typical value Per 100g/100ml**

Energy (kj)	1853kj	Energy (kcal)	441kcal	Salt	0.6g
Fat	20.2g	of which saturates	6.4g		
Carbohydrate	62.0g	of which sugars	33.7g		
Fibre		Protein	5.4g		

Name of Product	Cherry & Almond Flapjack
Ingredients	<p><b>Rolled Oats (41%)</b>, Partially Inverted Syrup, Margarine (Vegetable Oil (palm and rapeseed in various proportions, RSPO SOURCED), water, salt, Emulsifiers Polyglycerol esters of fatty acids, colours, (Curcumin, Annatto), Flavourings), Demerara sugar, Glazed Cherries (7.5%) (Glucose syrup, Sugar, Acidity regulator, (Citric Acid), Preservative (Potassium Sorbate, <b>Sulphur Dioxide</b>), Colour (Erythrosine), <b>Almond</b> Flavouring, (Sunflower oil, firming agent, (Xanthan Gum), Acidity regulator; (Citric Acid), Preservative (Potassium Sorbate).  May contain <b>Wheat and traces of Nuts</b></p> <p>Allergens shown in <b>BOLD</b></p>

**Nutrition Labelling- Typical value Per 100g/100ml**

Energy (kj)	1815kj	Energy (kcal)	433kcal	Salt	0.6g
Fat	19.6g	of which saturates	6.4g		
Carbohydrate	61.6g	of which sugars	39.4g		
Fibre		Protein	4.4g		

Name of Product	Oatmeal and Raisin Biscuits
Ingredients	Caster sugar, <b>Wheat Flour (Wheat flour</b> fortified with Calcium Carbonate, Iron, Niacin and Thiamine), Shortening (Vegetable Oils, Palm Oil and Rapeseed Oil in various proportions RSPO Sourced), <b>Oatmeal</b> (Oats 11.9%), Water, Raisins, (Sunflower Oil, 4.03%), Salt, Sodium Bicarbonate, Ground Cinnamon. Allergens shown in <b>BOLD</b>

**Nutrition Labelling- Typical value Per 100g/100ml**

Energy (kj)	1662kj	Energy (kcal)	364kcal	Salt	1.4g
Fat	13g	of which saturates	4.4g		
Carbohydrate	66g	of which sugars	35g		
Fibre		Protein	4.2g		

Name of Product	Coconut Oat Flap Jack
Ingredients	<b>Rolled Oats (36.3%)</b> , Desiccated Coconut (9.69%), Partially Inverted Syrup, Margarine [vegetable oil, (rapeseed and palm oil in various proportions RSPO SOURCED) Water, Salt, Emulsifier (Polyglycerol esters of fatty acids), Colours (Curcumin), (Annatto), Flavourings), Demerara sugar. Butter flavour, (Preservative, <b>Sulphur dioxide, Sulphites</b> ). Allergens shown in <b>BOLD</b>

**Nutrition Labelling- Typical value Per 100g/100ml**

Energy (kj)	1943kj	Energy (kcal)	464kcal	Salt	0.6g
Fat	25.4g	of which saturates	11.7g		
Carbohydrate	56.1g	of which sugars	33.5g		
Fibre		Protein	5.0g		

Name of Product	Seeded Savoury Oatmeal Biscuits
Ingredients	<b>Oatmeal (Oats)</b> , Water, <b>Wheat Flour, (Wheat)</b> , Fortified with Calcium Carbonate, Iron, Niacin and Thiamine), Yorkshire Rapeseed Oil, Vegetable Oil ( <b>SOYA BEAN OIL</b> ) and Sunflower Oil various proportions ( <b>SOYA</b> ) Brown Linseeds 5.84%, Sunflower seeds 3.5%, Pumpkin Seeds 2.34% Raising Agent; Sodium Bicarbonate, Salt.  Allergen ingredients in <b>BOLD</b>

**Nutrition Labelling - Typical value Per 100g/100ml**

Energy (kj)	1650kj	Energy (kcal)	394kcal	Salt	0.57g
Fat	22g	of which saturates	2.1g		
Carbohydrate	40g	of which sugars	0.4g		
Fibre		Protein	8.2g		

Name of Product	Vegan Gingerbread Men
Ingredients	<b>WHEAT FLOUR (WHEAT</b> fortified with calcium carbonate, iron, niacin, thiamine), Sugar, Margarine (vegetable oil (rapeseed & palm oil (RSPO sourced) in various proportions, water, salt, Emulsifier (polyglycerol esters of fatty acids), colours (curcumin, annatto, flavouring), Ground Ginger (1%) Partially inverted syrup, Bicarbonate Soda, Water.  Belgian Dark Chocolate Cocoa mass, Cocoa Butter, Sugar, <b>Soya lecithin</b> (E322), natural vanilla flavouring, minimum cocoa 55%  Dark chocolate in a candy shell: Sugar, cocoa mass, cocoa butter, tapioca starch, emulsifier ( <b>soya lecithin</b> ), plant & vegetable extracts (beetroot, spirulina, safflower), natural colours (curcumin, carotenes), glazing agent (carnauba wax), Cocoa solids 70% minimum  Allergen ingredients in <b>BOLD</b>

**Nutrition Labelling - Typical value Per 100g/100ml**

Energy (kj)	1636kj	Energy (kcal)	387kcal	Salt	0.8g
Fat	8.0g	of which saturates	2.8g		
Carbohydrate	77.6g	of which sugars	38g		
Fibre		Protein	5.3g		