

# NOTHS MUFFIN, COOKIE & CHOCOLATES SHARE BASKET CONTENTS INGREDIENTS

Lottie Shaw's, Seriously Good Millionaire Shortbread, 70g



Lottie Shaw's, Seriously Good Oat Flapjack, 100g



Lizzie's, Chocolate Cookie, 50g



Lizzie's, Double Chocolate Tulip Muffin

<b>NUTRIENTS</b>	<b>per 100g</b>
<b>ENERGY (Kj/Kcal):</b>	<b>1850/442</b>
<b>PROTEIN (g):</b>	<b>5.3</b>
<b>CARBOHYDRATE (g):</b>	<b>52.3</b>
<b>of which SUGARS (g):</b>	<b>25.9</b>
<b>FAT (g):</b>	<b>23</b>
<b>of which SATURATES (g):</b>	<b>4.1</b>
<b>SALT (g):</b>	<b>0.61</b>

Lizzie's, Raspberry Tulip Muffin

<b>NUTRIENTS</b>	<b>per 100g</b>
<b>ENERGY (Kj/Kcal):</b>	<b>1836/438</b>
<b>PROTEIN (g):</b>	<b>4.9</b>
<b>CARBOHYDRATE (g):</b>	<b>56.5</b>
<b>of which SUGARS (g):</b>	<b>30.2</b>
<b>FAT (g):</b>	<b>21</b>
<b>of which SATURATES (g):</b>	<b>4</b>
<b>SALT (g):</b>	<b>0.59</b>

Lizzie's, Oat & Raisin Cookie, 50g



The Cotswold Gourmet, Milk Chocolate Drizzle Bar, 100g



Little Things, Crumbly Clotted Cream Fudge Pieces, 135g



Lily O'Brien's, Sticky Toffee Chocolates in Pouch, 110g

<b>NUTRITIONAL INFO</b>	<b>PER 100 G</b>
Energy	2068KJ / 494.2Kcal
Protein	4.3g
Carbohydrate	66g
(of which sugars)	61.8g
Fat	25.6g
(of which saturates)	16.2g
Fibre	2.1g
Sodium	74.6mg

Milk Chocolate 45% [ Sugar, Whole **Milk** Powder, Cocoa Butter, Cocoa Mass, Emulsifier (**Soya** Lecithin, Natural Vanilla Flavouring)], Sticky Toffee Caramel 40% (Sugar, Glucose Syrup, Sweetened Condensed Skimmed Milk (**Milk**, Sugar), Vegetable Fat (Coconut) , Butter Fat (**Milk**), Reduced Fat Cocoa Powder, Salt, Natural Flavouring), Dark Chocolate 15% [Cocoa Mass, Sugar, Cocoa Butter, Emulsifier (**Soya** Lecithin), Natural Vanilla Flavouring].

For allergens, see ingredients listed in **BOLD**. May contains traces of **Nuts**

This product does not contain any artificial colours or flavours. This product is suitable for Vegetarians.