



Tan Rosie Product Ingredient List

Product Name: Caribbean Lime Rub

Ingredients: Dried Onions, Brown Sugar, Ground Ginger, Dried Oregano, Black Pepper, Chilli Flakes, Dried Thyme, Salt, Garlic

Nutritional Information:

Nutrition	Per 100g	Per 20g	Unit
Energy	1296	(kJ) 259	(kJ)
Energy	308	62	(kcal)
Fat	3.4	0.7	g
Saturates	0.9	0.2	g
Carbohydrate	51	10	g
Sugars	30	5.9	g
Protein	8.4	1.7	g
Salt	8.2	1.6	g