

**NAME OF FOOD**

Jumbo Oat Porridge  
Raspberry, chia and pumpkin  
seeds

**INGREDIENTS LIST**

Wholegrain oats 89%, pump-  
kin seeds 6%, chia seeds 2%  
(salvia hispanica), raspberry  
2%, natural flavouring

**ALLERGENS**

Contains wholegrain oats, nat-  
urally occurring sugars Packed  
in a factory that handles  
peanuts, nuts and milk.Suitable  
for vegetarians.

**A NUTRITIONAL  
DECLARATION****Per 100g**

Energy 1588kJ/378kcal,  
Fat 11.1g of which  
saturates 1.7g,  
Carbohydrate 51.8g of  
which sugars 1.7g,  
Fibre 9.9g, Protein 13.0g,  
Salt 0.01g

**USE BY OR****BEST BEFORE DATE**

25th January 2022

**WEIGHT**

35g

**NAME & ADDRESS****OF FOOD OPERATOR**

MOMA Food Ltd, SE8 4NT, UK

**NAME OF FOOD**

Jumbo Oat Porridge Peanut  
Butter and Maple Syrup

**INGREDIENTS LIST**

Wholegrain oats 73%, dates  
10%, (dates, rice flour), ground  
roasted peanuts 9%, roasted  
peanut pieces 7%, natural  
flavouring, sea salt

**ALLERGENS**

Contains wholegrain oats,  
naturally occurring sugars.  
Packed in a factory that  
handles peanuts, nuts and  
milk. Suitable for  
vegetarians.

**A NUTRITIONAL  
DECLARATION****Per 100g**

Energy 1610kJ/384kcal,  
Fat 13.4g of which saturates  
2.3g,  
Carbohydrate 49.8g of  
which sugars 8.3g,  
Fibre 8.3g, Protein 13.2g,  
Salt 0.30g

**USE BY OR****BEST BEFORE DATE**

25th January 2022

**WEIGHT**

35g

**NAME & ADDRESS****OF FOOD OPERATOR**

MOMA Food Ltd,  
SE8 4NT, UK

**NAME OF FOOD**

Yoghurt Raisins

**INGREDIENTS LIST**

Raisins 34%, sugar, vegetable  
fat (Palm MB), Whey Powder  
(from Milk), Rice Flour, Yoghurt  
Powder 3% (from milk), Emulsi-  
fier (sunflower lecithin) E322,  
Glazing agents: Shellac E904,  
Gum Arabic

**ALLERGENS**

Contains milk. Made in a  
facility that handles nuts,  
peanuts, sesame and cereals  
containing gluten.

**A NUTRITIONAL  
DECLARATION****Per 100g**

Energy 1907kJ/445kcal,  
Fat 19.5g of which  
saturates 12.1g,  
Carbohydrate 66.4g of  
which sugars 64.0g,  
Fibre 1.4g, Protein 2.6g,  
Salt 0.5g

**USE BY OR****BEST BEFORE DATE**

BB 30th June 2022

**WEIGHT**

50g

**NAME & ADDRESS****OF FOOD OPERATOR**

Cranberry Snack, UB4 0JZ, UK

**NAME OF FOOD**

Protein Bite Peanut Butter

**INGREDIENTS LIST**

Peanuts 27%, organic dark  
chocolate 15% (cocoa mass,  
organic cane sugar, cocoa  
butter, vanilla powder), dates,  
chicory fibre, pea protein,  
protein crisp (pea protein,  
manioc starch) cacao butter,  
concentrated grape juice,  
rice starch, rice protein,  
emulsifier: sunflower lecithin,  
sea salt

**ALLERGENS**

Contains peanuts. May  
contain traces of milk, soy and  
other nuts.

**A NUTRITIONAL  
DECLARATION****Per 100g**

Energy 1844kJ/441kcal,  
Fat 26g of which saturates  
9.4g,  
Carbohydrate 28g of  
which sugars 22g,  
Fibre 13g, Protein 20g,  
Salt 0.6g

**USE BY OR****BEST BEFORE DATE**

BB 15th April 2022

**WEIGHT**

20g

**NAME & ADDRESS****OF FOOD OPERATOR**

Vive Foods, IG1 4TG, UK

**NAME OF FOOD**

Get Fruity Juicy Apricot,  
Orange and Ginger Bar

**INGREDIENTS LIST**

Fruit and fruit juices from  
concentrate 44%, (apricots  
14%, sultanas (sultanas,  
sunflower oil), orange juice  
concentrate 10%, white grape  
juice concentrate), gluten free  
oats 42%, virgin coconut oil,  
rice starch, colour: carotenes,  
ginger powder 1%, natural  
flavourings: ginger 0.01%.

**ALLERGENS**

Contains gluten free oats.

**A NUTRITIONAL  
DECLARATION****Per 100g**

Energy 1468kJ/349kcal,  
Fat 8.5g of which saturates  
4.9g,  
Carbohydrate 59g of  
which sugars 31g,  
Fibre 6.3g, Protein 6.5g,  
Salt 0.05g

**USE BY OR****BEST BEFORE DATE**

BB 30th July 2021

**WEIGHT**

35g

**NAME & ADDRESS****OF FOOD OPERATOR**

Get Fruity, PL26 8LX, UK

**NAME OF FOOD**

Get Fruity Juicy Oat Bar Juicy Berry Mix

**INGREDIENTS LIST**

Wholegrain Gluten Free Oats (46%), Fruit Juice Concentrates (22%) (Grape Juice, Rice Starch, Red Grape Juice, Blackberry Juice, Apple Juice), Raisins (22%) (Raisins, Sunflower Oil), Dried Berries (6%) (Cranberries (Cranberries, Pineapple Syrup, Pineapple Juice Concentrate, Natural Strawberry Flavouring), Blackcurrants)), Coconut Oil, Beetroot Juice Concentrate, Natural Blackberry Flavouring.

**ALLERGENS**

Contains gluten free oats. May contain traces of nuts, sesame or peanuts. Contains fruit which may contain pips, stalks and may cause staining.

**A NUTRITIONAL DECLARATION**

**Per 100g**  
Energy 1566kJ/ 372kcal,  
Fat 8.5g of which saturates 5g,  
Carbohydrate 64g of which sugars 35g, Fibre 6.5g,  
Protein 6.7g, Salt 0.06g

**USE BY OR BEST BEFORE DATE**  
**BB 11th August 2022**

**WEIGHT**  
35g

**NAME & ADDRESS OF FOOD OPERATOR**  
Get Fruity, PL26 8LX, UK

**NAME OF FOOD**

Stoats Blueberry and Honey Porridge Oat Bar

**INGREDIENTS LIST**

Wholegrain Scottish oats (47.2%), unsalted butter (milk), golden syrup, soft brown sugar, sultanas, sunflower seeds, pumpkin seeds, dried blueberries (1.1%) and honey (0.8%).

**ALLERGENS**

Contains oats and milk. Made in a bakery that also handles nuts and soya.

**A NUTRITIONAL DECLARATION**

**Per 100g**  
Energy 1856kJ /444kcal,  
Fat 22.6g of which saturates 10.5g, Carbohydrate 52g of which sugars 22.4g, Fibre 5.2g, Protein 8.1g, Salt 0.02g

**USE BY OR BEST BEFORE DATE**  
**BB 19th April 2022**

**WEIGHT**  
50g

**NAME & ADDRESS OF FOOD OPERATOR**  
Stoats, 36 Dryden Rd,  
Loanhead, Edinburgh,  
EH20 9LZ

**NAME OF FOOD**

Stoats Banana and Multiseed Porridge Oat Bar

**INGREDIENTS LIST**

Wholegrain Scottish oats (51%), unsalted butter (milk), golden syrup, brown sugar, sultanas, dried banana (2%), mixed seeds (4%) (chia seeds, pumpkin seeds, sunflower seeds and linseeds in varying proportions) and natural flavouring.

**ALLERGENS**

Contains oats and milk. Made in a bakery that also handles nuts and soya.

**A NUTRITIONAL DECLARATION**

**Per 100g**  
Energy 1828kJ/ 437kcal,  
Fat 19.8g of which saturates 9.8g, Carbohydrate 55.1g of which sugars 21.7g,  
Fibre 4.9g, Protein 7.3g,  
Salt 0.08g

**USE BY OR BEST BEFORE DATE**  
**BB 19th April 2022**

**WEIGHT**  
50g

**NAME & ADDRESS OF FOOD OPERATOR**  
Stoats, 36 Dryden Rd,  
Loanhead, Edinburgh,  
EH20 9LZ

**NAME OF FOOD**

Doisy & Dam Dark Chocolate, Goji and Orange

**INGREDIENTS LIST**

Cocoa mass, sugar, cocoa butter, goji berries (8%), orange extract.  
Cocoa solids 70% minimum

**ALLERGENS**

May contain traces of milk, soya, gluten and nuts

**A NUTRITIONAL DECLARATION**

**Per 100g**  
Energy 2363kJ/ 565kcal,  
Fat 40g of which saturates 24g,  
Carbohydrate 45g of which sugars 31g,  
Fibre 10g, Protein 7.5g,  
Salt 0.06g

**USE BY OR BEST BEFORE DATE**  
**BB 25th September 2022**

**WEIGHT**  
25g

**NAME & ADDRESS OF FOOD OPERATOR**  
Doisy and Dam, Unit 2.11,  
The Food Exchange, New Covent Garden Market,  
London, SW8 5EL

**NAME OF DRINK**

Beanies Flavour Coffee

**INGREDIENTS LIST**

Freeze Dried Coffee, Flavourings

**ALLERGENS**

Sugar Free, Nut Free Suitable For Vegetarians And Vegans, Gluten, Wheat & Dairy Free

**A NUTRITIONAL DECLARATION**

**Per 100g**  
Energy 350kJ/ 82kcal,  
Fat 0.5g of which saturates 0.5g,  
Carbohydrate 4.5g of which sugars 0g,  
Fibre 0g, Protein 15g, Salt 0.02g

**USE BY OR BEST BEFORE DATE**  
**BB 30th July 2022**

**WEIGHT**  
2g

**NAME & ADDRESS OF FOOD OPERATOR**  
Beanies The Flavour Co. LTD,  
Favedale North,  
Darlington, DL3 0PH

**NAME OF DRINK**

Teapigs Happy with Lemon Balm

**INGREDIENTS LIST**

Organic apple, organic lemon balm, organic cinnamon, organic ginger, organic cardamom seed, organic sweet blackberry leaves, organic turmeric, organic orange peel, natural lemon flavouring with other natural flavourings, organic lemon peel, organic clove buds, organic marigold flowers, organic allspice.

**ALLERGENS**

Dairy free, gluten free, suitable for vegetarians and vegans. Made in a factory that handles nuts.

**A NUTRITIONAL  
DECLARATION****Per 100ml**

1 kcal, 0 sugar, 0 fat  
trace carbohydrate

**USE BY OR****BEST BEFORE DATE**

BB 8th September 2025

**WEIGHT**

2.5g

**NAME & ADDRESS****OF FOOD OPERATOR**

Teapigs. 1, The Old Pumping Station,  
Pump Alley, Brentford, TW8 0AP

**NAME OF DRINK**

Teapigs Calm with Valerian

**INGREDIENTS LIST**

Organic chamomile, organic lemongrass, organic lemon balm, organic valerian root, natural lemon-lime flavourings.

**ALLERGENS**

Dairy free, gluten free, suitable for vegetarians and vegans. Made in a factory that handles nuts.

**A NUTRITIONAL  
DECLARATION****Per 100ml**

1 kcal, 0 sugar, 0 fat  
trace carbohydrate

**USE BY OR****BEST BEFORE DATE**

BB 30th July 2024

**WEIGHT**

2.5g

**NAME & ADDRESS****OF FOOD OPERATOR**

Teapigs. 1, The Old Pumping Station,  
Pump Alley, Brentford,  
TW8 0AP

**NAME OF DRINK**

Teapigs Up Beet with Hibiscus

**INGREDIENTS LIST**

Hibiscus, beetroot, ginger, green tea, carrot.

**ALLERGENS**

Contains oats and milk. Made in a bakery that also handles nuts and soya.

**A NUTRITIONAL  
DECLARATION****Per 100ml**

2 kcal, trace sugar, 0 fat  
trace carbohydrate

**USE BY OR****BEST BEFORE DATE**

BB 19th April 2022

**WEIGHT**

2.5g

**NAME & ADDRESS****OF FOOD OPERATOR**

Teapigs. 1, The Old Pumping Station,  
Pump Alley, Brentford,  
TW8 0AP