

12 EXPRESSIONS OF CARAMEL MACARONS (240g_e)

Ingredients: (for allergens see ingredients in **bold**)

Sugar, **ground almonds**, **free range eggs**, Belgian chocolate (sugar, cocoa mass, cocoa butter, whole **milk** powder, emulsifier: **soya** lecithin, natural vanilla flavouring), butter (from cow's **milk**), cream (from cow's **milk**), Maldon sea salt.

Shells contain food colours less than 0.2% by weight, each macaron may contain up to five of the following: (E422, E1520, E551, E122*, E132, E133, E102*, E110*). Gluten free and vegetarian. *May have an adverse effect on activity and attention in children.

Nutrition per 100g

Energy 1067Kj, 384kcal, fat 20.1g, of which saturates 8.6g, carbohydrates 47g, of which sugars 42g, fibre 3g, protein 6g, salt 0.4g. A single serving of 1 macaron (20g) = 78 (kcal)

Storage

Consume within 7 days of receipt. Best kept refrigerated. Best enjoyed at room temperature, allow to come up to temperature for 30 minutes before eating.