Strong cheeses Letter Box Hamper – ingredients and allergens.

Caws Cryf Cheese 100g. Ingredients: Pasteurised cows milk, vegetarian rennet, bacterial cultures, salt.

Godminster organic cheddar 100g. Organic pasteurised cows milk, vegetarian rennet, bacterial cultures, salt.

Boddingtons Red Onion Chutney 42g. Ingredients: Onions, sugar, white wine vinegar, balsamic vinegar, salt.

Grate Britain British Blue Stilton Crackers 45g. Ingredients: Wheat flour, Blue Stilton, Cheese (Milk) Yeast, Vegetable Oil, salt, raising agent.

Peter's Yard Sourdough Crispbread crackers 8g. Ingredients: Milk, rye flour, wheat flour, honey, salt, yeast.

Cambrook Hickory Smoked Almonds 45g. Ingredients: Almonds, hickory smoke seasoning (salt, maltodextrin, yeats extract, dextrose, smoke flavouring, rapeseed oil. Acidity regulator, citric acid, stabiliser, gum Arabic.

Allergens: Contains dairy, gluten, nuts. Not suitable for nut allergy sufferers.