TRAFALGAR HAMPER WITH ALCOHOL-FREE PRESSÉ CONTENTS INGREDIENTS

Bottlegreen, Pomegranate & Elderflower Sparkling Pressé, 275ml

Carbonated Cotswold spring water, pomegranate juice from concentrate (3%), sugar, elderflowers, citric acid, natural flavourings, natural colours (plain caramel, anthocyanins). Free from artificial flavours, colours & preservatives. Suitable for vegetarians & vegans.

	per 100ml
Energy	131kJ/31kcal
Fat	0
of which saturates	0
Carbohydrate	7.5g
of which sugars	7.5g
Protein	0
Salt	0.04g

Bottlegreen, Elderflower Sparkling Pressé, 275ml

INGREDIENTS

Carbonated Cotswold spring water, sugar, elderflowers, citric acid, natural flavouring. Free from artificial flavours, colours & preservatives. Suitable for vegetarians & vegans.

NUTRITION

	per 100ml
Energy	131kJ/31kcal
Fat	0
of which saturates	0
Carbohydrate	7.4g
of which sugars	7.4g
Protein	0
Salt	0.04g

Wainwright's Choice, Vintage Mature Cheddar Waxed Truckle, 150g

Suitable for vegetarians

Ingredients: Cheddar, **(Milk)** Salt, Rennet.

Allergy advice: For allergens including cereals see ingredients in **bold**

Nutritional Information per (100g):

Energy kJ	1700
Energy kcal	410
Fat	34.4
of which are Saturates	21.7
Protein	25.0
Carbohydrate	0.1
of which are Sugars	0.1
Salt estimated from sodium	1.8

Store Below 6°C

Simon Weaver, Organic Cotswold Brie, 100g

Simon Weaver
Cotswold Brie

A smooth and creamy brie style cheese with a gentle rounded flavour.
SUITABLE FOR VEGETARIANS
ALLERGY ADVICE: Contains **Cows' Milk**.
STORAGE: Keep Refrigerated and consume within 5 days of opening.
Simon Weaver, Kirkham Farm, Gloucestershire, GL54 2JS
GB-ORG-05 Made with Organic Milk

SOIL ASSOCIATION ORGANIC

Cottage Delight, Caramelised Onion Chutney, 105g

Ingredients Onion (51%), Sugar, Balsamic vinegar (Wine vinegar, Grape must, Colour: SULPHITE ammonia caramel, Preservative: SULPHUR DIOXIDE), Muscovado sugar, Sunflower oil, Spices, Concentrated lemon juice, Garlic powder, Acidity regulator: Citric acid, Salt.
Pop in the fridge after opening.
▶Suitable for vegetarians ▶Suitable for vegans
Gluten Free

Nutrition Typical values	per 100g
Energy	1122kJ/264kcal
Fat	1.4g
of which saturates	0.2g
Carbohydrate	60.9g
of which sugars	58.4g
Protein	1.2g
Salt	0.3g

Stockan's, Orkney Oatcakes, 100g

INGREDIENTS
Wholegrain Oats (76%), Vegetable Oil (Sustainable Palm, Rapeseed), Fortified Wheat Flour (Wheat, Calcium Carbonate, Iron, Niacin, Thiamin), Salt, Raising agents (Potassium Bicarbonate, Disodium Diphosphate). For allergens including cereals containing gluten see ingredients in bold. May contain milk nuts and sesame. Suitable for vegetarians.
Nutritional Information Typical values per 100g
Energy 2105kJ/501Kcal, Fat 22.0g of which saturates 8.4g, Carbohydrates 62.4g of which sugars 1.5g, Fibre 8.0g, Protein 10.4g, Salt 1.5g

Filbert's, Chilli & Lime Peanuts, 40g

Ingredients
Roasted **Peanuts** 92%, sugar, lemon zest 1.5%, salt, ginger, chilli 0.7%, cumin, rapeseed oil, acidity regulator: citric acid, lime oil 0.2%.

Allergy Advice
Produced in a factory that also handles other tree **nuts**, **soya**, **celery** and **gluten**.
For allergens please see ingredients in **bold**.

Border Biscuits, Light & Chocolatey Viennese Whirls, 150g

Typical Values	Per 100g	Per biscuit
Energy kcal	501	85
kJ	2094	355
Fat	29.0g	4.9g
of which saturates	10.1g	1.7g
Carbohydrate	54.9g	9.3g
of which sugars	28.8g	4.9g
Protein	4.5g	0.8g
Salt	0.5g	0.1g

Ingredients
Wheat Flour (Calcium, Iron, Niacin, Thiamin), Milk Chocolate (22%) (Sugar, Cocoa Mass, Cocoa Butter, Whole **Milk** Powder, Whey (**Milk**) Powder, Lactose, Emulsifier: **Soya** Lecithin), Sugar, Vegetable Oil (Palm, Rapeseed), **Butter**, Cornflour, Skimmed **Milk** Powder, Free Range Whole **Egg** Powder, Natural Flavouring, Raising Agents (Disodium Diphosphate, Sodium Carbonate), Salt

Dietary Information
Contains Eggs, Contains Milk, May Contain Nuts, May Contain Sesame, Contains Soya, Contains Wheat

Cottage Delight, Strawberry Extra Jam, 113g

INGREDIENTS: Strawberries, Sugar, Gelling agent: Fruit pectin, Acidity regulator: Citric acid, Concentrated lemon juice.
Prepared with 56g of fruit per 100g. Total sugar content 65g per 100g.

Nutrition Typical values Per 100g Energy 1040kJ /245kcal Fat 0.1g of which saturates 0.0g Carbohydrates 60.5g of which sugars 60.5g Protein 0.5g Salt 0.0g

Cottage Delight, Classic Orange Marmalade, 113g

Sugar, Oranges, Acidity regulator: Citric acid, Concentrated lemon juice. Prepared with 46g of fruit per 100g. Total sugar content 67g per 100g.

As a guide we recommend that this product provides	Per 100g
Energy	1232kJ/290kcal
Fat	0.1g
of which saturates	0.0g
Carbohydrates	71.7
of which sugars	71.7
Protein	0.6g
Salt	0.0g

Lily O'Brien's, Mint Cremes Collection, 200g

Fondant 63% (Sugar, Glucose Syrup, Water), Dark Chocolate 36% (Cocoa Mass, Sugar, Cocoa Butter, Emulsifier: **Soya** Lecithin), Peppermint Oil, Stabilisers: Invertase, Dark Chocolate contains Coca Solids 55% minimum

Allergen Information

For allergens, see ingredients in **bold**.
Also may contain Milk and Nuts

Nutritional Information

Typical	per 100g
Energy	425kcal/ 1793kJ
Fat	11.1g
of which saturates	6.8g
Carbohydrate	77.8g
of which sugars	65.8g
Protein	2.7g
Salt	0.01g