



Tan Rosie Product Ingredient List

Caribbean Plantain Crisps – Four Pack Snack Bundle

Product Name: Salt & Black Pepper Plantain Crisps

Ingredients: Plantains (90.6%), Sunflower Oil, Black Pepper (0.75%), Salt (0.75%)

Nutritional Information:

Nutrition	Per 100g	Per 80g	Unit
Energy	1030	824	(kJ)
Energy	247	198	(kcal)
Fat	15	12	g
Saturates	1.9	1.5	g
Carbohydrate	25	20	g
Sugars	5	4	g
Protein	1.1	9	g
Salt	0.72	0.58	g

Product Name: Cayenne Pepper Sea Salt Plantain Crisps

Ingredients: Plantains (90.6%), Sunflower Oil, Cayenne Pepper (0.75%), Salt (0.75%)

Nutritional Information:

Nutrition	Per 100g	Per 80g	Unit
Energy	1030	824	(kJ)
Energy	247	198	(kcal)
Fat	15	12	g
Saturates	1.9	1.5	g
Carbohydrate	25	20	g
Sugars	5	4	g
Protein	1.1	9	g
Salt	0.72	0.58	g

Product Name: Garlic & Sea Salt Plantain Crisps

Ingredients: Plantains (90.6%), Sunflower Oil, Garlic (0.75%), Salt (0.75%)

Nutritional Information:

Nutrition	Per 100g	Per 80g	Unit
Energy	1030	824	(kJ)
Energy	247	198	(kcal)
Fat	15	12	g
Saturates	1.9	1.5	g
Carbohydrate	25	20	g
Sugars	5	4	g
Protein	1.1	9	g
Salt	0.72	0.58	g

Product Name: Smoked Paprika Plantain Crisps

Ingredients: Plantains (90.6%), Sunflower Oil, Smoked Paprika (0.75%), Salt (0.75%)

Nutritional Information:

Nutrition	Per 100g	Per 80g	Unit
Energy	1030	824	(kJ)
Energy	247	198	(kcal)
Fat	15	12	g
Saturates	1.9	1.5	g
Carbohydrate	25	20	g
Sugars	5	4	g
Protein	1.1	9	g
Salt	0.72	0.58	g