SEASON'S JOY HAMPER WITH ALCOHOL-FREE PRESSÉS CONTENTS INGREDIENTS

Belvoir, Sparkling "Pink Lady" Apple Juice, 75cl

Ingredients

Pink Lady® Apple Juice from Concentrate 94%, Pink Lady® Apple Juice 5%, Elderberry Juice from Concentrate

Belvoir, Organic Elderflower Sparkling Pressé, 75cl

Ingredients

Carbonated Spring Water, Sugar, Elderflowers, Pressed Lemon Juice, Citric Acid

Claire's Handmade, Sweet Piccalilli, 200g

Ingredients & Nutrition

Ingredients: allergens in **bold**. Onions 26%, white wine vinegar, sugar, distilled malt vinegar (from **barley**), vegetables in variable proportions 18%(cucumber, cauliflower), **mustard** powder, turmeric, cornflour, spices, salt.

Nutrition per 100g

Energy	505kJ/119kcal
Fat (of which saturates 0.1g)	0.9g
Carbohydrate (of which sugars 22.0g)	26.2g
Fibre	0.6g
Protein	1.3g
Salt	0.2g

Arden's, Cheddar Cheese Twists, 125g

Nutritional Info	Per 100g	Per Twist (Approx 8g)
Energy	2126kJ 509kcal	170kJ 41kcal
Fat of which saturates	27.5g 17.5g	2.2g 1.4g
Carbohydrate of which sugars	50.8g 3.3g	4.1g 0.3g
Fibre	3.2g	0.3g
Protein	13.0g	1.0g
Salt	1.63g	0.13g

Wheat Flour, BUTTER (**Milk**) (28%), CHEDDAR CHEESE (**Milk**) (10%); **Milk**, Salt; Skimmed **Milk** Powder, Salt, Yeast, **Barley** Malt Flour, Sugar.

!**Allergy Advice** For allergens, including cereals containing gluten, see ingredients in **bold.**

Stag, Stornoway Caramel Butter Shortbread, 125g

Made using palm oil that is sustainably produced.

Ingredients: Wheat Flour, Cake Margarine (Vegetable Oils, Water, Salt, Flavouring), Corn Flour, Sugar, Butter (8%) (Milk), Toffee Pieces (4%) (Sugar, Glucose, Sweetened Condensed Milk, Palm Oil, Butter Oil, Flavouring, Glazing Agent: E903), Caramel Compound (1%) (Flavourings, Brown Sugar Syrup, Sugar, Vegetable Fat, Humectant: E420, Skimmed Milk Powder, Emulsifier: E471)

Allergens: Wheat, Gluten, Milk. Baked in a factory that processes nuts.

Dietary: Vegetarian

Yorkshire Crisps, Natural Sea Salt, 95g

Hand fried in 100% sunflower oil and drizzled with completely natural Sea Salt seasoning.

INGREDIENTS

Potatoes, Sunflower Oil, Sea Salt.

See ingredients in **BOLD**. Suitable for Vegetarians and Vegans.

GF V SUITABLE FOR VEGETARIANS VG VEGAN FRIENDLY

Typical values	Per 100g
Energy	2043kJ / 488kcal
Fat	23.8g
of which saturates	5.4g
Carbohydrate	61.9g
of which sugars	0.3g
Protein	6.5g
Salt	1g

The Original Cake Company, Luxury Jewel Topped Fruit Cake, 225g

INGREDIENTS: Sultanas (46%)(sultanas, sunflower oil), flour (**wheat**, calcium, iron, niacin, thiamin), sugar, butter (**milk**), free range **eggs**, **whole pitted glace cherries (4%)**(cherries, glucose/fructose syrup, anti-oxidant: citric acid, natural colour: anthocyanin, preservatives; **sulphur dioxide**), **almonds (nuts)**(3%), humectant: glucose syrup, ((from **wheat**) contain **sulphur dioxide**), water, black treacle (cane **molasses, invert sugar syrup**), golden glace cherries (2%) (cherries, **glucose/fructose syrup**, anti-oxidant: citric acid, preservatives: sulphur **dioxide**), **humectant**: vegetable glycerine, dusting powder (dextrose, **cornflour, vegetable oil**), edible star decoration (sugar, **almonds (nuts)**, **glucose syrup, invert sugar syrup**, preservative: **potassium sorbate**, **colouring: lutein) liquid glaze** (water, glazing agent: dextrin; **granulated sugar, glucose syrup**, acidity regulator: citric acid; **preservative: potassium sorbate), whey powder (milk)**, baking powder.

ALLERGEN INFORMATION:
For allergens, including cereals containing gluten, see ingredients in bold. May also contain soya.

CAUTION! Although every effort has been made to remove the cherry stones, some of them may remain.

Nutritional Information per 100g: Energy 1387kJ/328kcal, Fat 8.6g of which saturates 3.7g, Carbohydrate 61.6g of which sugars 50.3g, Fibre 1.0g, Protein 4.3g, Salt 0.5g.

Suitable for Vegetarians.
Store in a cool, dry place away from sunlight. Once opened store in an airtight container.

Cotswold Gourmet, Christmas Pudding, 400g

Christmas Pudding

INGREDIENTS: Sultanas (35%)(sultanas, sunflower oil), sugar, breadcrumbs (WHEAT flour (contains calcium carbonate,iron, thiamine, niacin), salt, yeast), liquid whole EGG, black treacle (cane molasses, invert sugar syrup), glucose syrup (contains preservative (SULPHUR DIOXIDE)), mixed peel (orange peel, lemon peel, glucose fructose syrup, salt, citric acid, contains preservative (SULPHUR DIOXIDE)), vegetable suet (vegetable fat blend (palm oil, rapeseed oil, sunflower oil), WHEAT flour), vegetable oil, flour (WHEAT, ascorbic acid, calcium sulphate, nicotinamid, iron, vitamin B1, silica, calcium carbonate), humectant (vegetable glycerine), mixed spice (coriander, cassia cinnamon, ginger, cardamom, cloves, fennel, nutmeg), colour (caramel E150c), salt, acidity regulator (citric acid), contains preservative (potassium sorbate), lemon flavouring.

ALLERGEN INFORMATION: For allergens, including cereals containing gluten, see ingredients in CAPITAL. May also contain SOYA, NUTS and MILK
NUTRITIONAL INFORMATION PER 100g ENERGY 1786kJ / 424kcal
FAT 15.6g SATURATES 5.1g CARBOHYDRATE 65.9g SUGARS 49.0g PROTEIN 3.6g SALT 0.26g

PREPARATION GUIDELINES: Remove foil and label. Loosen lid.
TO MICROWAVE: Cook on full power for 2 minutes (time based on a 800W output. If different refer to manufacturers handbook). TO STEAM OR BOIL: Place in a steamer or boil in a saucepan filled to half depth of the pudding with water. Cook for 45 minutes. Do not boil dry. SERVING: Once cooked invert basin onto a plate and allow to stand for 30 seconds.
CAUTION: Pudding may be hot. Store in a cool, dry place.

Lindt, Swiss Luxury Chocolate Selection, 145g

Nutrition Facts:

Nutritional Information Per 100g:

Energy (kJ)	2394
Energy (Kcal)	575
Fat(g)	37
- of which saturates(g)	21
Carbohydrate(g)	52
- of which sugars(g)	48
Protein(g)	6.5
Salt(g)	0.15

Ingredients: Sugar, cocoa mass, cocoa butter, whole MILK powder, ALMONDS, vegetable fat (palm, coconut, palm kernel, shea), anhydrous MILK fat, skim MILK powder, LACTOSE, sweetened condensed MILK, HAZELNUTS, glucose syrup, BUTTER, CREAM, humectant (sorbitol syrup), emulsifier (soya lecithin), WHEAT flour, cocoa kernels, rice flour, orange peel, coffee, BARLEY malt extract, flavourings, orange juice concentrate, fat reduced cocoa powder, EGG white, WHEAT gluten, dextrose, puffed rice, colours (curcumin, annatto, paprika extract, titanium dioxide), WHEAT malt, salt, stabilizer (sodium triphosphate), MILK proteins, acid (citric acid), WHEAT starch, raising agent (sodium bicarbonate), BARLEY malt, glazing agent (shellac), gelling agent (gum arabic).

Allergens: May contain other NUTS

Cocoa Solids %: Milk chocolate contains: Cocoa solids: 31% min. Milk solids: 18% min. Dark chocolate contains: Cocoa solids: 41% min.

Cotswold Gourmet, Milk Chocolate Pudding Bar, 100g

MILK & WHITE CHOCOLATE WITH FRUITS

Ingredients: Sugar, Cocoa Butter, Whole **MILK** Powder, Cocoa Mass, Golden Sultanas (Raisins, Non Hydrogenated Sunflower Oil, SULPHUR DIOXIDE), Raisins (Cottonseed Oil), Cranberries (Cane Sugar, Sunflower Oil), Emulsifier: **SOYA** Lecithin (E322), Natural Vanilla Flavouring.

Milk Chocolate Contains:
Minimum 33.5% Cocoa Solids, 22% Milk Solids.

White Chocolate Contains: Minimum 28% Cocoa Solids, 26% Milk Solids.

Allergen Information: For allergens including cereals containing gluten see ingredients in **BOLD CAPITALS**.

Made on equipment that also processes; Tree Nuts, Peanuts, Egg, Sesame, Wheat & Gluten.

Suitable for vegetarians

Palm Free.

BEST BEFORE: SEE BAG

Store in a cool, dry place away from direct sunlight.

Nutritional Information/100g	
Energy	2288KJ, 546Kcal
Fat	33.5g
of which Saturates	20.5g
Carbohydrates	53.0g
of which Sugars	51.2g
Protein	6.5g
Salt	0.19g