#### **ADVENT CALENDAR**

# **Chocolate Selection**

### Chocolate Caramel & Star Truffle Cake

Ingredients: Sugar, **EGG**, Caramel (13%) ( Sugar, Glucose Syrup, Sweetened Condensed **MILK** (**MILK**, Sugar, Lactose (**MILK**)), Water, Unsalted Butter (**MILK**), Golden Syrup (Partially Inverted Refiners Syrup), Palm Oil, Salt, Emulsifiers (E322 Lecithin (Sunflower, Rapeseed, **SOYA**), E491 Sorbitan Monostearate), Natural Flavouring), Butter (**MILK**), **WHEAT** Flour (Contains Calcium, Iron, Niacin, Thiamin), White Chocolate Flavoured Drizzle (Sugar, Cocoa Butter, Whole **MILK** Powder, Whey Powder (from **MILK**), Lactose (from **MILK**), Emulsifier (**SOYA** Lecithin), Vanilla Extract), **MILK** Chocolate (7%) (Sugar, Cocoa Butter, Whole **MILK** Powder, Cocoa Mass, Emulsifier (**SOYA** Lecithin), Vanilla Extract), Glucose, Emulsifier: Vegetable Glycerine (E422), Margarine (Vegetable Oil (Palm, Rapeseed), Water, Salt, Flavourings), Sugar Sprinkles (Sugar, Colours: E101, E172. Glazing Agent: Shellac), Cocoa Powder, **ALMONDS** (**NUTS**), Sugar Decoration (Sugar, Glucose Syrup, Vegetable Fat (Palm Kernel, Palm Oil), Invert Sugar Syrup, Thickeners: Xanthan Gum, Gum Arabic; Humectant: Glycerol; Emulsifier: Mono - and diglycerides of Fatty Acids; Glazing Agent: Shellac; Colours: Iron Oxides), Raising Agents: E500, E450 (**WHEAT**)

Nutrition Information		
Typical Values	per 100g	per 100g
Energy	1808kJ/433kcal	1808kJ/433kcal
Fat	22g	22g
of which Satura	tes 12g	12g
Carbohydrate	55g	55g
of which Sugars	39g	39g
Fibre	1.7g	1.7g
Protein	4.9g	4.9g
Salt	0.25g	0.25g

#### Chocolate Orange Truffle Cake

Ingredients: Sugar, **EGG**, Butter (**MILK**), **WHEAT** Flour (Contains Calcium, Iron, Niacin, Thiamin), Dark Chocolate Flavoured Drizzle (Sugar, Vegetable Oil, Cocoa Powder, Emulsifier: **SOYA** Lecithin (E322), Stabiliser (E492), **MILK** Chocolate (8%) (Sugar, Cocoa Butter,

Whole **MILK** Powder, Cocoa Mass, Emulsifier (**SOYA** Lecithin), Vanilla Extract), Glucose, Emulsifier: Vegetable Glycerine (E422), Orange Slice (Orange, Glucose Fructose Syrup, Sucrose), Orange Flavoured Chocolate with **MILK** Chocolate, Dark Chocolate and Sugar Pieces (Sugar, Cocoa Mass, Glucose Syrup, Cocoa Butter, Skimmed **MILK** Powder, Whey Powder Product (**MILK**), Vegetable Fats (Mango Kernel, Palm, Sal, Shea), Emulsifier (Lecithins), Natural Orange Flavouring, Acid (Citric Acid)), Margarine (Vegetable Oil (Palm, Rapeseed), Water, Salt,

Flavourings), Cocoa Powder, **ALMONDS** (**NUTS**), Natural Flavouring, Raising Agents: E500, E450 (**WHEAT**)

<b>Nutrition Information</b>		
Typical Values	per 100g	per 100g
Energy	1826kJ/437kcal	1826kJ/437kcal
Fat	23g	23g
of which Satura	ites 13g	13g
Carbohydrate	55g	55g
of which Sugars	s 38g	38g
Fibre	2.0g	2.0g
Protein	5.5g	5.5g
Salt	0.23g	0.23g

#### Chocolate Truffle Cake with Gold Star Sprinkles

Ingredients: Sugar, **EGG**, Butter (**MILK**), **WHEAT** Flour (Contains Calcium, Iron, Niacin, Thiamin), Dark Chocolate Flavoured Drizzle (Sugar, Vegetable Oil, Cocoa Powder, Emulsifier: **SOYA** Lecithin (E322), Stabiliser (E492), **MILK** Chocolate (8%) (Sugar, Cocoa Butter, Whole **MILK** Powder, Cocoa Mass, Emulsifier (**SOYA** Lecithin), Vanilla Extract), Glucose, Emulsifier: Vegetable Glycerine (E422), Margarine (Vegetable Oil (Palm, Rapeseed), Water, Salt, Flavourings), Gold Star Sprinkles (Sugar, Potato Starch, Sunflower Oil, Rice Flour. Colour: E101, E172. Glazing Agent: Shellac), Cocoa Powder, **ALMONDS** (**NUTS**), Raising Agents: E500, E450 (**WHEAT**)

<b>Nutrition</b>	ı Inform	ation
Typical Values	per 100g	per 100g
Energy	1848kJ/442kcal	1848kJ/442kcal
Fat	24g	24g
of which Saturat	es 13g	13g
Carbohydrate	54g	54g
of which Sugars	38g	38g
Fibre	2.0g	2.0g
Protein	5.6g	5.6g
Salt	0.24g	0.24g

# Chocolate Truffle Cake with Holly

Ingredients: Sugar, **EGG**, Butter (**MILK**), **WHEAT** Flour (Contains Calcium, Iron, Niacin, Thiamin), White Chocolate Flavoured Drizzle (Sugar, Cocoa Butter, Whole **MILK** Powder, Whey Powder (from **MILK**), Lactose (from **MILK**), Emulsifier (**SOYA** Lecithin), Vanilla Extract), **MILK** Chocolate (9%) (Sugar, Cocoa Butter, Whole **MILK** Powder, Cocoa Mass, Emulsifier (**SOYA** Lecithin), Vanilla Extract), Glucose, Emulsifier: Vegetable Glycerine (E422), Margarine (Vegetable Oil (Palm, Rapeseed), Water, Salt, Flavourings), Cocoa Powder, **ALMONDS** (**NUTS**), Sugar Decoration (Sugar, Glucose Syrup, Non-Hydrogenated Palm Oil, Water, Emulsifier: Acacia Gum, Humectant: Vegetable Glycerine, Emulsifier E471, Stabiliser: Xanthan Gum, Colours: Curcumin, Spirulina

Extract, Vegetable Carbon, Anthocyanins, Mixed Carotenes), Raising Agents: E500, E450 (WHEAT)

Nutrition Information		
Typical Values	per 100g	per 100g
Energy	1849kJ/443kcal	1849kJ/443kcal
Fat	24g	24g
of which Satura	ates 13g	13g
Carbohydrate	54g	54g
of which Sugar	s 37g	37g
Fibre	2.0g	2.0g
Protein	5.6g	5.6g
Salt	0.29g	0.29g

#### Chocolate Caramel & Pecan Truffle Cake

Ingredients: Sugar, **EGG**, Caramel (13%) ( Sugar, Glucose Syrup, Sweetened Condensed **MILK** (**MILK**, Sugar, Lactose (**MILK**)), Water, Unsalted Butter (**MILK**), Golden Syrup (Partially Inverted Refiners Syrup), Palm Oil, Salt, Emulsifiers (E322 Lecithin (Sunflower, Rapeseed, **SOYA**), E491 Sorbitan Monostearate), Natural Flavouring), Butter (**MILK**), **WHEAT** Flour (Contains Calcium, Iron, Niacin, Thiamin), Dark Chocolate Flavoured Drizzle (Sugar, Vegetable Oil, Cocoa Powder, Emulsifier: **SOYA** Lecithin (E322), Stabiliser (E492), **MILK** Chocolate (7%) (Sugar, Cocoa Butter, Whole **MILK** Powder, Cocoa Mass, Emulsifier (**SOYA** Lecithin), Vanilla Extract), Glucose, Emulsifier: Vegetable Glycerine (E422), Margarine (Vegetable Oil (Palm, Rapeseed), Water, Salt, Flavourings), **PECAN NUTS**, Cocoa Powder, **ALMONDS** (**NUTS**), Colour: E555, E170i, E172, Raising Agents: E500, E450 (**WHEAT**)

Nutrition Information		
Typical Values	per 100g	per 100g
Energy	1891kJ/453kcal	1891kJ/453kcal
Fat	25g	25g
of which Satura	ites 13g	13g
Carbohydrate	54g	54g
of which Sugar	s 38g	38g
Fibre	2.0g	2.0g
Protein	5.4g	5.4g
Salt	0.22g	0.22g

### Chocolate & Cherry Truffle Cake

Ingredients: Sugar, **EGG**, Cherries (14%) ( Cherries, Glucose Fructose Syrup, Citric Acid (E330), Colour E163, Sulphur Dioxide (E220) (**SULPHITES**), Butter (**MILK**), **WHEAT** Flour (Contains

Calcium, Iron, Niacin, Thiamin), Dark Chocolate Flavoured Drizzle (Sugar, Vegetable Oil, Cocoa Powder, Emulsifier: SOYA Lecithin (E322), Stabiliser (E492), MILK Chocolate (7%) (Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Mass, Emulsifier (SOYA Lecithin), Vanilla Extract), Glucose, Emulsifier: Vegetable Glycerine (E422), Crisped Rice coated with MILK Chocolate (MILK Chocolate (Sugar, Cocoa Butter, Whole MILK Powder, Cocoa Mass, Emulsifier SOYA Lecithin, Flavouring), Crisped Rice: (Rice Flour, Sugar, WHEAT Malt, Salt), Polishing Agent: E904, E414), Margarine (Vegetable Oil (Palm, Rapeseed), Water, Salt, Flavourings), Sugar Sprinkles (Sugar, Vegetable Oils (Coconut & Shea), Rice Flour, Thickener: Sodium Carboxymethyl-Cellulose, Flavouring), Cocoa Powder, ALMONDS (NUTS), Colour: E555, E170i, E172, Raising Agents: E500, E450 (WHEAT)

Nutrition Information		
Typical Values	per 100g	per 100g
Energy	1772kJ/424kcal	1772kJ/424kcal
Fat	20g	20g
of which Satura	ates 11g	11g
Carbohydrate	58g	58g
of which Sugar	s 44g	44g
Fibre	2.2g	2.2g
Protein	4.7g	4.7g
Salt	0.21g	0.21g

# **Fruit Selection**

#### Iced Fruit Cake with Gold Star

Ingredients: Sultanas (39%), Icing (27%) (Sugar, Glucose Syrup, Palm Oil, Water, Humectant: Glycerine (E422), Emulsifier (E471), Stabiliser (E466), Preservative (E202), Flavouring), Sugar, WHEAT Flour (Contains Calcium, Iron, Niacin, Thiamin), EGG, Candied Mixed Citrus Peel (Orange Peel, Lemon Peel, Glucose Fructose Syrup, Salt, Acidity Regulator, Citric Acid), Butter (MILK), Margarine (Vegetable Oil (Palm, Rapeseed), Water, Salt, Flavourings), Brandy, Caramel Colour E150c, Glazing Agent (Water, Glazing Agent: Dextrin, Sugar, Glucose Syrup, Citric Acid (E330), Potassium Sorbate (E202)), Sugar Decoration (Sugar, Glucose Syrup, Vegetable Fat (Palm Kernel, Palm Oil), Invert Sugar Syrup, Thickeners: Xanthan Gum, Gum Arabic; Humectant: Glycerol; Emulsifier: Mono -and Diglycerides of Fatty Acids; Glazing Agent: Shellac; Colours: Iron Oxides), Black Treacle, Raising Agents: E500, E450 (WHEAT), Mixed Spice, Flavouring (ALMONDS, NUTS)

<b>Nutrition Information</b>		
Typical Values	per 100g	per 100g
Energy	1549kJ/367kcal	1549kJ/367kcal
Fat	7.7g	7.7g
of which Satura	ites 3.7g	3.7g
Carbohydrate	70g	70g
of which Sugars	s 63g	63g
Fibre	1.6g	1.6g
Protein	2.8g	2.8g
Salt	0.14g	0.14g

## **Iced Fruit Cake with Holly**

Ingredients: Sultanas (39%), Icing (27%) (Sugar, Glucose Syrup, Palm Oil, Water, Humectant: Glycerine (E422), Emulsifier (E471), Stabiliser (E466), Preservative (E202), Flavouring), Sugar, WHEAT Flour (Contains Calcium, Iron, Niacin, Thiamin), EGG, Candied Mixed Citrus Peel (Orange Peel, Lemon Peel, Glucose Fructose Syrup, Salt, Acidity Regulator, Citric Acid), Butter (MILK), Margarine (Vegetable Oil (Palm, Rapeseed), Water, Salt, Flavourings), Brandy, Caramel Colour E150c, Glazing Agent (Water, Glazing Agent: Dextrin, Sugar, Glucose Syrup, Citric Acid (E330), Potassium Sorbate (E202)), Sugar Decoration (Sugar, Glucose Syrup, Non-Hydrogenated Palm Oil, Water, Emulsifier: Acacia Gum, Humectant: Vegetable Glycerine, Emulsifier E471, Stabiliser: Xanthan Gum, Colours: Curcumin, Spirulina Extract, Vegetable Carbon, Anthocyanins, Mixed Carotenes), Black Treacle, Raising Agents: E500, E450 (WHEAT), Mixed Spice, Flavouring (ALMONDS, NUTS)

Nutrition Information		
Typical Values	per 100g	per 100g
Energy	1549kJ/367kcal	1549kJ/367kcal
Fat	7.7g	7.7g
of which Satura	tes 3.7g	3.7g
Carbohydrate	70g	70g
of which Sugars	63g	63g
Fibre	1.6g	1.6g
Protein	2.8g	2.8g
Salt	0.14g	0.14g

# Fruit Cake with Orange Slice

Ingredients: Sultanas (48%), Sugar, **WHEAT** Flour (Contains Calcium, Iron, Niacin, Thiamin), **EGG**, Dark Chocolate Flavoured Drizzle (Sugar, Vegetable Oil, Cocoa Powder, Emulsifier: **SOYA** Lecithin (E322), Stabiliser (E492), Candied Mixed Citrus Peel (Orange Peel,

Lemon Peel, Glucose Fructose Syrup, Salt, Acidity Regulator, Citric Acid), Orange Slices (Orange, Glucose Fructose Syrup, Sucrose), Butter (MILK), Margarine (Vegetable Oil (Palm, Rapeseed), Water, Salt, Flavourings), Brandy, Caramel Colour E150c, Black Treacle, Gold Sugar Sprinkles (Sugar, Colour: E555, E172), Raising Agents: E500, E450 (WHEAT), Mixed Spice, Flavouring (ALMONDS, NUTS)

Nutrition Information		
Typical Values	per 100g	per 100g
Energy	1510kJ/358kcal	1510kJ/358kcal
Fat	9.6g	9.6g
of which Satura	ites 5.3g	5.3g
Carbohydrate	62g	62g
of which Sugars	s 54g	54g
Fibre	2.0g	2.0g
Protein	3.7g	3.7g
Salt	0.18g	0.18g

## **Cherry Fruit Cake**

Ingredients: Sultanas (42%), Cherries (23%) (Cherries, Glucose Fructose Syrup, Citric Acid (E330), Colour E163, E127, Sulphur Dioxide (E220) (**SULPHITES**), Sugar, **WHEAT** Flour (Contains Calcium, Iron, Niacin, Thiamin), **EGG**, Candied Mixed Citrus Peel (Orange Peel, Lemon Peel, Glucose Fructose Syrup, Salt, Acidity Regulator, Citric Acid), Butter (**MILK**), Margarine (Vegetable Oil (Palm, Rapeseed), Water, Salt, Flavourings), Brandy, Caramel Colour E150c, Black Treacle, Sugar Dusting (Dextrose, Cornflour, Vegetable Oil (Palm)), Raising Agents: E500, E450 (**WHEAT**), Mixed Spice, Flavouring (**ALMONDS**, **NUTS**)

<b>Nutrition Information</b>		
Typical Values	per 100g	per 100g
Energy	1443kJ/342kcal	1443kJ/342kcal
Fat	6.5g	6.5g
of which Satura	ates 3.0g	3.0g
Carbohydrate	65g	65g
of which Sugar	s 59g	59g
Fibre	2.2g	2.2g
Protein	3.1g	3.1g
Salt	0.17g	0.17g

## Fruit Cake with Chocolate Drizzle & Holly

Ingredients: Sultanas (43%), **EGG**, **WHEAT** Flour (Contains Calcium, Iron, Niacin, Thiamin), Sugar, Cherries (7%) (Cherries, Glucose Fructose Syrup, Citric Acid (E330), Colour E163, Sulphur Dioxide (E220) (**SULPHITES**), White Chocolate Flavoured Drizzle (Sugar, Cocoa Butter, Whole **MILK** Powder, Whey Powder (From **MILK**), Lactose (From **MILK**), Emulsifier (**SOYA** Lecithin), Vanilla Extract), Butter (**MILK**), Margarine (Vegetable Oil (Palm, Rapeseed),

Water, Salt, Flavourings), Sugar Sprinkles (Sugar, Colours: E101, E172. Glazing Agent: Shellac), Sugar Decoration (Sugar, Glucose Syrup, Non-Hydrogenated Palm Oil, Water, Emulsifier: Acacia Gum, Humectant: Vegetable Glycerine, Emulsifier E471, Stabiliser: Xanthan Gum, Colours: Curcumin, Spirulina Extract, Vegetable Carbon, Anthocyanins, Mixed Carotenes), Black Treacle, Emulsifier: Vegetable Glycerine (E422), Mixed Spice, Raising Agents: E500, E450 (WHEAT)

<b>Nutrition Information</b>		
Typical Values	per 100g	per 100g
Energy	1498kJ/357kcal	1498kJ/357kcal
Fat	12g	12g
of which Saturat	es 6.1g	6.1g
Carbohydrate	59g	59g
of which Sugars	50g	50g
Fibre	1.9g	1.9g
Protein	3.6g	3.6g
Salt	0.24g	0.24g

#### Fruit Cake with Chocolate Drizzle & Pecan

Sultanas (44%), **EGG**, **WHEAT** Flour (Contains Calcium, Iron, Niacin, Thiamin), Sugar, Cherries (7%) ( Cherries, Glucose Fructose Syrup, Citric Acid (E330), Colour E163, Sulphur Dioxide (E220) (**SULPHITES**), White Chocolate Flavoured Drizzle (Sugar, Cocoa Butter, Whole **MILK** Powder, Whey Powder (From **MILK**), Lactose (From **MILK**), Emulsifier (**SOYA** Lecithin), Vanilla Extract), Butter (**MILK**), Margarine (Vegetable Oil (Palm, Rapeseed), Water, Salt, Flavourings), **PECAN NUTS**, Black Treacle, Emulsifier: Vegetable Glycerine (E422), Colour: E555, E170i, E172, Mixed Spice, Raising Agents: E500, E450 (**WHEAT**)

Nutrition Information		
Typical Values	per 100g	per 100g
Energy	1570kJ/374kcal	1570kJ/374kcal
Fat	14g	14g
of which Satura	tes 6.3g	6.3g
Carbohydrate	58g	58g
of which Sugars	50g	50g
Fibre	2.2g	2.2g
Protein	4.0g	4.0g
Salt	0.25g	0.25g