



# Ingredients List

## Lots of Love Heart Kit

The Instruction Booklet contains links to allergy suitable recipes including gluten free cookies, egg free cookies and vegan cookies.

The products included in the tin contain the following ingredients:

**Fondant Icing:** Sugar, Glucose, Corn Starch, Tapioca Starch, Partially Hydrogenated Vegetable Oil, E413, E422, Xanthan Gum, Cellulose, Food Flavour: Vanillin Flavour, Preservatives: E202, Regulator of Acidity: E330

**Pink Food Colouring:** Sorbitol, Water, Glycerol, Potassium Sorbate, Carboxymethylcellulose Sodium, E123

**Red Food Colouring:** Sorbitol, Water, Glycerol, Potassium Sorbate, Carboxymethylcellulose Sodium, E124, E110

Warning: E110 (Sunset Yellow) and E124 (Ponceau 4R) may have an adverse effect on activity and attention in children.

Contains Gluten: Yes

Contains Wheat: Yes

Contains Barley: Yes

Contains Milk: Yes

Contains Egg: No

Contains Nuts: This kit does not actively contain nuts but may be made in a factory that handles nuts.

Suitable for Vegetarians: Yes

Suitable for Vegans: Yes

The main cookie recipe provided in the booklet does contain gluten, wheat and eggs but we provide a link to alternative recipe options suitable for different allergies and intolerances.