

MAKE YOUR OWN CUMBERLAND SAUSAGE KIT (EXCLUDES MEAT)

INGREDIENTS: Breadcrumb (wheat flour [calcium carbonate, iron niacin, thiamine) salt, yeast) salt, yeast extract, herb (sage), dextrose, spices (nutmeg, coriander), spice extracts.

TYPICAL VALUES	PER 100G
Energy	1403.22kJ / 334.10kCal
Fat	1.36g
of which saturates	0.26g
Carbohydrate	66.12g
of which sugars	5.20g
Protein	12.54g
Salt	15.07g

MAKE YOUR OWN FARMHOUSE SAUSAGE KIT (EXCLUDES MEAT)

INGREDIENTS: Breadcrumb (**WHEAT** flour (calcium carbonate, iron niacin, thiamine) salt, yeast) salt, dextrose, spices (**MUSTARD**, nutmeg, coriander, white pepper), lemon powder, yeast extract, spice extracts, herb extract.

TYPICAL VALUES	PER 100G
Energy	1476.68 kJ / 351.59 kCal
Fat	2.37g
of which saturates	0.50g
Carbohydrate	69.56g
of which sugars	8.77g
Protein	10.97g
Salt	11.56g

MAKE YOUR OWN PEPPERONI SAUSAGE KIT (EXCLUDES MEAT)

INGREDIENTS: Spices (paprika, coriander, black pepper, fennel, cayenne), salt, **EMULSIFIERS E450, E451, E452**, spice extracts, antioxidant E300, thickener E407, smoke flavouring.

TYPICAL VALUES	PER 100G
Energy	1542.53kJ / 367.27kCal
Fat	10.29g
of which saturates	1.40g
Carbohydrate	44.57g
of which sugars	4.42g
Protein	10.46g
Salt	17.46g

MAKE YOUR OWN CHORIZO SAUSAGE KIT (EXCLUDES MEAT)

INGREDIENTS: Spices (paprika, cumin, coriander, cinnamon, black pepper, clove), dextrose, salt, smoke flavouring, ancho chilli powder.

TYPICAL VALUES	PER 100G
Energy	1628.76kJ / 387.8kCal
Fat	8g
of which saturates	1.04g
Carbohydrate	61.81g
of which sugars	30.65g
Protein	7.69g
Salt	7.98g